



CIYC is located at Lat 34° 09' 48.9" N; 119° 13' 35.6" W

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MARCH 2013 VOLUME 53 ~ ISSUE 3

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# Channel Islands

## Yacht Club

# *currents*

### CIYC Cruise to Anacapa Island Sunday, March 10th



Round up a crew, pack a lunch, fire up the engines, hoist the sails. It's time to head to Anacapa Island for a day of fun on the water!

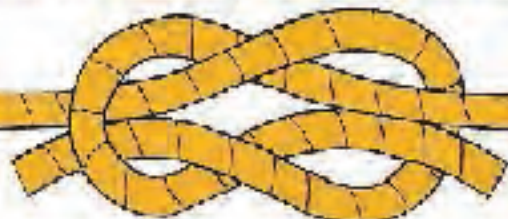
On the way over, we will be on the lookout for dolphin, whales or the anglers might even drag a line for the "catch of the day"

The plan is to rendezvous at the Island around 10AM

Captain Dann Daggett will be the contact on the lead boat, "Cabana Girl". Based on the weather, he will make the decision as to where we will anchor.

RSVP for this cruise, and sign up to the new CIYC Cruisers Blog for up-to-date information on the cruise. Both can be done by sending an email to [dann@ChannelIslandsCruising.com](mailto:dann@ChannelIslandsCruising.com)

Visit [www.CICruising.com](http://www.CICruising.com) for more details!





## Message From The Commodore Thomas Warden



On January 13, 2013, the Club held a memorial service for our long time members, Bob and Doris Mooney. Their sons and family members celebrated the wonderful life of our Lifetime members. We received a card from Paul Mooney's son, Paul, which contained the following message:

**"To Channel Islands Yacht Club,  
Thanks so much for all you did to make Dad and Doris' Memorial  
such a special event. I know it took a major group effort to accommodate  
an unknown number of guests and do it so well.  
Dad and Doris loved your club and now I know why."**

This message states our purpose and the depth of our club and its members. Thank you to all who attended and participated in that special event for Bob and Doris Mooney.

The general meeting on January 25, 2013, resulted in a majority vote of the membership for the Board to consider creating a food and beverage part-time manager position. The goal is to reduce the amount of waste, increase the profits on the bar and food operations, and bring an extra level of service to our great club.

The Board has formed a special committee to determine the criteria of such a position and the various legal issues which need to be addressed in order to accomplish this goal. Vice Commodore Keith Moore is the head of the committee with the assistance of past Commodore Jerry Wood, past Commodore Cary Verstynen and Judge Advocate Mary Howard.

Any persons interested in applying for the position for a part-time, low-paying food and beverage manager should present their application, with qualifications and ideas, to the Commodore for consideration by the Board. Such inquiries will be held in confidence.

PLEASE NOTE: The full criteria and scope of the position has NOT as yet been determined. However, we are in the process of creating a position which the membership believes would be of benefit to our fine club.

Anyone interested in attending a CPR class and becoming CERTIFIED as such, should sign up at the bar. If we have enough interest, Tim Smith will put a CPR program together.

On March 2, the Tall Ship Institute is holding a fundraiser for the haul out expenses for the home-based tall ship "Bill of Rights". Tickets are available to be purchased from Frank Sullivan, Cary Verstynen, Don Dickey, or myself at \$30 each. The admission includes hors d'oeuvres, entertainment, and participation in the silent and live auctions; PLUS a tour of the Bill of Rights, which will be at the end-tie on B dock during that afternoon and evening. The bar will be open to all CIYC members with no admission charge.

Please support the Bill of Rights and the American Tall Ship Institute, as they bring a great service to our club and our harbor community.







Message From  
Keith Moore  
The Vice-Commodore



**SHIP SHAPE SATURDAYS:** Calling all Members.....

Opening day is coming...April 7, and we need to get the Club ready for all our visiting guests.

If you participate and help out in three (3), count 'em ..... three Ship Shape Saturdays, you will receive an "I'm Ship Shape" T-Shirt at the next General meeting!!



**DINNERS & COOKING REPORT:**

It's been great getting to know the cooking crews for our Wednesday Fun Nights, and our thanks go out to Wild Bill Brayton, Cary Verstynen, Jim Carlson, Bob Ridenour, Jim Lovins, Skip Preston, Gary Johnson and their helpers. All serve a great mid-week dinner.

Be sure to check in early on Wednesday nights..... before 6:30! First come, first served.



Every one raved about the Mardi Gras Social & Dinner Dance. Frank Laza and his crew imported food from New Orleans. The 'Barrelhouse Wailers Vintage Acoustic Jazz & Blues Band' kept everyone up dancing late into the night. We look forward to seeing them again.

CIYC hosted the Midwinter SCYA Races and fed a large crowd Friday, Saturday and Sunday. Our thanks to Walter Russakoff, Mary Ann Moore, and Mike Smith for preparing the food and snacks.

SEE YOU ON DECK!  
Keith 805-551-0983



## Message From The Rear Commodore Jane Thomas

One of our biggest racing events is the Midwinter Regatta, which occurs annually over a 2-day period in February. This event is sponsored by SCYA and hosted by

one or more yacht clubs in each region -- from our area all the way to San Diego. We are the host for the entire ASBCYC region as well as regional J-24s. This year's event was well-attended -- both on the water and in the bar! Our PRO, Bill Brayton, did a great job managing 6 races for the J-24 fleet (including a couple of restarts) and 5 races each for the Spinnaker A/B and Non-Spinnaker classes! Twenty boats entered and raced both days, including boats from Santa Barbara and Mission Viejo. The winds were light and the temperature was near 80° on Saturday; Sunday was a little more lively and cooler.

Bill's Race Committee team included Commodore Tom Warden, Cindy Arosteguy, and me, as well as Don Dickey, Jim Lovins, Kitty Frallic, and Tina Brayton. I sincerely want to acknowledge and thank CIYC boat owners Frank Sullivan, Don Dickey, and Skip Miser, for piloting their boats and letting us use them for the Race Committee and mark setting platforms. Mark Boat crew included Tim Haapanen, Mike Smith, Bob Deyling, and Cary Verstynen. Additionally, Tom and Cary welcomed the early racers prior to the Skippers Meeting, and helped them with registration at CIYC, while Mary Foster, Mary Howard, and I joined Bill at VYC for a special Skippers Meeting for the J-24s only. Mary Howard managed the shirt and cap sales at both Skippers Meetings as well as at the awards. (Mary F and Mary H also raced both days!)

SCYA Judges Richard and Susan Countess (PBYC), who were present both days, were great resources for scoring and rules questions. SCYA Representative Martha Jean Gieszler joined us for the Skippers Meeting, as well as post race both days; she joined Bill in presenting the awards to the winners. The number of attendees for the race awards outgrew the bar and moved to the dining room. The boats in the Spinnaker A fleet placed the same over 5 separate windward-leeward races; VYC's RIVAL (with our Chris Williams as crew) won every race; TROUBLEMAKER (Rod Abbott, Roxanne Vettese) was second, and GRACE (Bob & Sherry Heatherly with Harry Krum, Curt Ingram, Mary Howard, Dave Lochridge, Larry Golkin and George Fitch as crew) took third. The only CIYC boat in the Spinnaker B fleet, ZOARCES (Shelly Johnson with Mary Foster and Charlie Clark among the crew) got third place; CIYC's Non-Spinnaker entry, VELERO (Brent Swanson), finished in second place.

On the hospitality side, Chris Williams organized a get-together Friday night before the race, with potluck items from CIYC races. Additionally, Vice Commodore Keith Moore, First Mate Mary Ann Moore and crews served chili for the pre-race get-together, breakfast for the Skippers Meeting Saturday morning and hamburgers and hot dogs for the racers and awards Sunday afternoon.

However, the biggest event of the weekend was not on the water at all. **Our Mardi Gras social** – the first social in 2013 - was a huge success! **Frank Laza's authentic Cajun cooking**, including spicy and not-so-spicy options, was the perfect fit with **Curt Ingram's vintage jazz and blues band**, the 'Barrelhouse Wailers'.

Our cruising co-chairs, Cindy Crocket and Cindy Arosteguy, hosted a weekend cruise-in cruisers meeting on the docks and at the club. Sam Bradbury and Michelle Smith did the cooking for the group – Saturday afternoon BBQ and Sunday morning breakfast.

Cindy and Cindy have planned more than 10 cruises. The first is a day cruise to Anacapa Island on Sunday, March 10, in celebration of Daylight Savings Time. Check out the "Cruising Schedule" tab on the CIYC website, set up by Dann Daggett, who has also set up an online network (Google group) for CIYC cruisers.

Stay tuned to your email and to the Currents for details about upcoming social and on-the-water events in **March; e.g., a Daylight Savings Time Day Cruise on March 10, the St. Patrick's Day Social on March 16, and the Whale Watch Cruise on March 24!**





## Rockfish Season begins March 1<sup>st</sup> 2013

Here are some changes in the DFW (Department of Fish and Wildlife) Rules for 2013 that are of concern to our area:

### Kelp Bass, Barred Sand Bass, Spotted Sand Bass (effective March 1, 2013)

- 1) New size limit: at least 14 inches total length or 10 inches alternate length
- 2) New daily bag limit: up to 5 fish in any combination of species

### Filleting of Fish on Vessels (effective March 1, 2013)

- 1) Kelp bass, barred sand bass, spotted sand bass: Fillets must be at least 7½ inches long and retain a 1 inch square patch of skin.
- 2) Ocean whitefish: Fillets must be at least 6½ inches long and retain the entire skin, intact.

### The Southern Groundfish Management Area depth limit will remain 50 fm in 2013.

- 1) Shelf rockfish (as defined in CCR Title 14, Section 1.91(a)(3) may now be retained in CCAs, except no cowcod or bronze-spotted, yellow-eye, or canary rockfish may be taken or possessed.
- 2) The daily limit for kelp greenling and rock greenling has increased from three fish to 10 fish in combination, statewide, within the Rockfish-Cabazon-Greenling (RCG) Complex sub-bag limit of 10 fish total.
- 3) The daily limit for Boccaccio has increased from two fish to three fish, statewide, within the RCG Complex sub-bag limit of 10 fish total, and the Boccaccio size limit is eliminated.

**No big fish were reported for February**; remember turn in your fish to win the **\$50 big fish of the month award**.

WSB: I'm still waiting for contact from Hubs research to let us know about the next shipment of fry for the grow-out pens.

### Upcoming events:

- |                       |                                  |
|-----------------------|----------------------------------|
| March 9 <sup>th</sup> | Annual Anglers Lobster Dinner    |
| May 19 <sup>th</sup>  | Ladies Fishing Tourney           |
| June 9 <sup>th</sup>  | Men's Fishing Tourney            |
| July 14 <sup>th</sup> | Annual In-Harbor Fishing Tourney |

#### "Big Fish of the Month"

##### \$50 prize

is awarded at the end of every month...however, you can only win once per year. Legal fin fish only and no sharks.

#### "Big Fish of the Year"

At the end of the year there will be a Big Fish of the Year award for \$100.00. it does not have to be one of the monthly winners, it can be a tourney fish or not, so if you win one month don't quit, the next fish you catch may be worth \$\$\$\$





## Message From Channel Islanders First Mate Mary Ann Moore

### *Hello Channel Islanders*

It's **Chinese New Year** .....and we celebrated with a great lunch prepared by Chef Joyce Sheridan and her assistant Linda McCulley. They outdid themselves. If you were not there, you missed her famous **mango pudding**. All I can say is that you heard "HMMMM" from all of the guests as they tasted their first spoonful.

The following past First Mates came and shared a good time with us all: '12 Mary Ann Moore, '07 Ellie Bishop, '04 Sharon Deyling, '02 Joyce Sheridan and '00 Mary Carlson. It sure was great to see everyone.

This month is going to be a busy month. We are starting to get ready for **CIYC OPENING DAY.....APRIL 7<sup>th</sup>**. We have a great party planned. **Second Mate, Vera Cline** is in charge of the food. Members that wish to help should contact Vera about the type and quantity of food needed.

Just like last year, I will share a list of items the Islanders would like to borrow for decorating the Club. That plan worked out great last year, and many of you had your thumb print in the decorations. So keep an eye out in your email for the list of items we seek!!!!

Last year, we had a large number of **cash donations**, ....and I'm hoping we have the same response this year. If you wish support the **Islanders Opening Day project**, please give the money to either **myself** or **Sharon Sullivan**. To date, we have received donations from the following generous donors and wish to THANK: Mary & Jerry Barker and Tony Ferraro.

Last but not least our **MUSICAL REVIEW** is coming up at the end of April....Barbara Brauns is our director and show producer and is very excited. Barbara is starting to schedule rehearsals....there is still time to sign up and show off your STUFF!!!! Remember this is an **ISLANDERS'** fund raiser.

HAPPY ST PATRICK'S DAY TO ALL .....  
MARY ANN ALL DAY OR NIGHT MOORE  
FIRST MATE





## Channel Islands Yacht Club 2013 Cruise Schedule

January 5:	Commodore Cruise [details]	<a href="#">Photos</a>
January 26-27:	Cruise-in. Cruise to CIYC docks. [details]	<a href="#">Photos</a>
March 10:	Daylight Savings Day Cruise to <b>Anacapa Island</b> [details] <a href="#">flyer</a>	<a href="#">Photos</a>
March 24:	Whale Watch Cruise	<a href="#">Photos</a>
April 7:	Opening Day	<a href="#">Photos</a>
April 27, 28:	Overnight Cruise. <b>Smugglers</b>	<a href="#">Photos</a>
May 24, 25, 26:	Memorial Day Cruise to <b>Prisoner's</b> with ASBCYC	<a href="#">Photos</a>
June 29, 30:	Overnight Cruise. <b>Scorpion</b>	<a href="#">Photos</a>
July 4, 5, 6, 7:	4th of July Cruise to <b>Coches Prietos</b>	<a href="#">Photos</a>
July 13-20:	<b>Catalina Island Cruise</b>	<a href="#">Photos</a>
August 17, 18:	Cruise to <b>Scorpion</b> with CIWSA	<a href="#">Photos</a>
August 30 - Sep. 2:	Labor Day Cruise to <b>Coches Prietos/Alberts</b>	<a href="#">Photos</a>
September 7-11:	CI Bill Fish Tourney	<a href="#">Photos</a>
October 5, 6:	Cruise to <b>Prisoner's</b>	<a href="#">Photos</a>
October 19, 20:	Overnight Cruise. <b>Scorpion</b>	<a href="#">Photos</a>
November 9-11:	Veteran's Day Cruise to <b>Ventura Harbor</b>	<a href="#">Photos</a>

Options: Cruise to Santa Barbara/Goleta or Ventura Harbor.

**One boat will be assigned as "Lead Boat" for each cruise.  
All cruisers will check in with the Lead Boat prior  
to departure and direct communications to them regarding  
changes in destination due to weather conditions.**





## *Doc Lines*

### **To E- OR NOT TO E-**

Australia recently proposed legislation to license smokers. Just like cars. Send money to the DMV and, presto, you can buy and smoke cigarettes. Oregon is considering legislation to classify nicotine as a Class III drug (the same class as anabolic steroids), so that the only way to buy a cig would be by obtaining a prescription from your doc. Good luck with that! Starting Jan. 1<sup>st</sup>, 2014, Obamacare will allow health insurers to charge smokers up to 50% higher premiums. Older long-term smokers who purchase individual health insurance will be assessed the highest penalty. Just sayin'.

There is a new trend toward e-cigarettes. They contain nicotine (which is the addictive component of any cigarette), dissolved in a liquid, which upon inhaling becomes an aerosol; the same liquid is utilized in asthma inhalers.

Do e-cigs help you quit? Possibly. Do they help decrease the number of lung cancers? Definitely. Help decrease the incidents of chronic obstructive pulmonary disease (COPD), including emphysema? Almost certainly. Since there is no smoke, e-cigarettes contain only about one-thousandth of the carcinogenic substances found in ordinary cigarettes. Long-term smoking can, on average, shorten a lifespan by ten years. Do e-cigarettes improve the odds? Probably. Most importantly for women, do they help prevent the formation of those deep facial wrinkles associated with smoking? Have no idea. There are no deep wrinkles in our club. How about second-hand smoke? There isn't any. No need to be out on the balcony in freezing cold weather.

In some countries e-cigarettes are illegal. One can find more extensive information about the e-cig on Wikipedia and elsewhere online.

I don't promote addiction, but for those who can't shake the habit, e-cigs appear to be less dangerous. Next, I'll be watching for e-stogies to come along. And after that? The e-condom? I'll keep you posted.

*Your Fleet Surgeon, Zoran*





## Sea Water Bread

About 35 years ago Virginia found a wonderful recipe for sea water bread in Robin Grahams book "Dove", and we enjoyed the bread so many times while cruising the Islands, and Ports of California and Mexico that we thought we would share the recipe with our friends at Channel Islands Yacht Club.

One tablespoon of dried yeast, one tablespoon of sugar, four cups of flour, one and a half cups of sea water.

Dissolve the yeast and sugar in the sea water, then mix in the flour. Put in a well-greased heavy pan. Let it stand for two hours to rise. Cook, covered, on top of stove for a half hour on a low flame, turn bread over, and cook for an additional half hour-Enjoy!

**Carter and Virginia Gage**

### CIYC TREASURY DEPARTMENT:

**Sends Greetings and good wishes to all.**

**Mary Foster Treasurer**

**Pat Madden Bookkeeper**

The CIYC Treasury and Business Office hours: **Monday Closed:**

**Tuesday - Thursday 9:00 a.m. until 3:00 p.m.**

**Friday 9:a.m. until 1:30 p.m.**

**Saturday- Sunday Closed:**

**805 985-2492**

The telephone answer machine is on and your message will be answered the next business day:

Dinner reservations and or cancellations will be honored at the office until NOON FRIDAY by phone and or E-Mail

At: [reservations@ciyc.com](mailto:reservations@ciyc.com).

A SPECIAL THANK YOU TO THE FOLLOWING FAMILIES THAT HAVE GIVEN DONATIONS FOR 2013:

These funds are designated for use by the Commodore and the Treasurer where they may best benefits the Club. They are not used for the General Operating fund:

Bud Gerding and Phyllis

Bill Crocket and Sandy

Bill Sandham and Judy

FIRST QUARTER DUES: JANUARY 1, 2013

SECOND QUARTER DUES: APRIL 1, 2013

THIRD QUARTER DUES: JULY 1, 2013

FOURTH QUARTER DUES: OCTOBER 1, 2013

Thank you for remitting on time: Enjoy your club. Attend the functions.

Stop by and say hello to Pat your bookkeeper. She always has a smile and is willing to help you.



Beefeaters Dinner  
WINE SAMPLING  
Feb 9



Classic Closers



90th Birthday party for Lynda's Dad, **Bill Reitz**,  
A World War Two Submarine Veteran (right side).





Mardi Gras Dinner & Dance  
February 16th







Curt Ingram's vintage jazz and blues band,  
the 'Barrelhouse Wailers'



Mardi Gras Dinner & Dance  
February 16th







Curt Ingram's vintage jazz and blues band, the 'Barrelhouse Wailers'



Mardi Gras Dinner & Dance  
February 16th

Last month Fleet Surgeon Zoran Barbaric put out a call for donations to repair and update our Defibrillator. We needed at least \$130. Thanks to the following folks we raised \$190 so we will be able to get an Ambu Bag for resuscitation ventilation. Thank you for stepping up. We will have some training available in the near future.

Zoran and Erica Barbaric  
Bill and Vera Cline  
Tony Ferraro  
Richard Sherlock  
Barbara Brauns  
Norm Vogel  
Judi Balcerzak and Dan Jordan  
Mike Farrell  
Tim Smith  
Shelly and Nancy Berger  
Skip and Lee Miser  
Sheri and Eric Ireland  
Frank and Sharon Sullivan



# Channel Islands Yacht Club

## March 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4	5 6pm Bar opens 7pm British Brass	6 Wed .Night Fun night Dinner 6:30 Bingo 7:00	7 Movie night-6pm	8 Bar Appetizers	9 9am Suddenly in Command class by USCG-Aux 7pm Anglers' Lobster Dinner (Beefeaters)
10 Daylight Savings	11	12	13 2pm Bridge group Wed .Night Fun night Dinner 6:30 Bingo 7:00	14 Movie night-6pm	15 Currents deadline Bar Appetizers	16 9am Shipshape 7pm St Pat Social Vera
17 St. Patty Day 1-4pm Open House 3pm Rubens and beer	18	19 6:30pm CIYC Board Meeting	20 Wed .Night Fun night Dinner 6:30 Bingo 7:00	21 Movie night-6pm	22 Bar Appetizers 7pm General Meeting	23 9am Shipshape 7pm Epicureans dinner Wine Sampling
24 Wale Watch Cruise	25	26 Passover begins	27 2pm Bridge group Wed .Night Fun night Dinner 6:30	28 Movie night-6pm	29 Bar Appetizers Dining Room rented	30 No Dinner
31 EASTER 2pm Buffet					Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wednesday-Thursday 5pm to close, Fri & Sat 4pm to close	







# Channel Islands Yacht Club

# April 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 <i>Passover ends</i>	3 Wed .Night Fun night Dinner 6:30 <i>Bingo 7:00</i>	4 Movie night-6pm	5 6pm Birthday Bash	6 <i>9am Touchup Shipshape for Opening Day</i>
7 <b>Opening Day CIYC, &amp;HYC,</b>	8	9 5:30 Beefeaters Bonding	10 <b>2pm Bridge group</b> Wed .Night Fun night Dinner 6:30 <i>Bingo 7:00</i>	11 Movie night-6pm	12 Bar Appetizers	13 <b>Port Royal Regatta Cruiser Nav #1 VYC 7pm Beefeater Dinner</b>
14	15 <i>Currents deadline</i>	16 <b>6:30pm CIYC Board Meeting</b>	17 <b>4:30pm Islanders Board-</b> Wed .Night Fun night Dinner 6:30 <i>Bingo 7:00</i>	18 Movie night-6pm	19 Bar Appetizers	20 <b>6 pm Islanders Music Review &amp; Appetizers</b>
21 <b>1-4pm Open House</b>	22	23	24 <b>2pm Bridge group</b> Wed .Night Fun night Dinner 6:30 <i>Bingo 7:00</i>	25 Movie night-6pm	26 <b>Newport 2 Ensenada race</b> Bar Appetizers	27 <b>Newport 2 Ensenada race</b> 7pm Dinner
28 <b>Newport 2 Ensenada race</b>	29	30	Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wednesday-Thursday 5pm to close, Fri & Sat 4pm to close			





## IT'S OFFICIAL ! !

### CIYC now has reciprocal member benefits with the famous Tower Club of Oxnard!

The Tower Club is an exclusive private town club which has been in existence for over 25 years. Every member of CIYC has the rights to use the Tower Club facilities and likewise, Tower Club members have rights to visit and participate with the use of the CIYC dinners, bar, and club events.

Your 2013 CIYC membership card is all you need to enjoy the fabulous dining room, bar and other facilities at the Tower Club. Call first to be sure they know you will be using their club facilities.

This is the same arrangement we have with other yacht clubs.

Likewise, we will extend to the Tower Club members the same courtesies as our own members. This is for a three-month trial period to see if this program works for both clubs. What a great opportunity for reciprocity!

Please check the Tower Club website link from the CIYC home page to see the activity calendar of events. The link will be up soon. The first Friday of each month is "Ladies who lunch"; on Fridays, they have casual jazz in the lounge; on Tuesdays, they have "Taco Tuesdays" and they have a daily \$10 lunch special. We are also planning a "Meet & Greet" function at each venue.

The Tower Club is located at 300 East Esplanade Drive  
The Penthouse 22nd Floor, Oxnard, California  
Our contact is Ms. Denise Schriedel, Marketing Director,  
telephone (805) 983-7777, ext. 889

Please direct any questions to our Commodore.



# THE AMERICAN TALL SHIP INSTITUTE

presents the first annual

## PIRATE GALA

HAUL-OUT FUNDRAISER  
Saturday March 2nd, 2013



At the Ventura County Maritime  
Museum 6:00-9:00 pm

tickets \$30 each

live & silent auctions, food, dancing,  
ship tours, live music & costume contest

visit [www.americantallship.org](http://www.americantallship.org) or call 805-436-7805





*The United States Coast Guard Auxiliary*

---

*presents its*

**SUDDENLY IN COMMAND  
CLASS**

**The captain becomes incapacitated or falls overboard. You are**

# *Suddenly In Command!*

Newspapers contain many horror stories about a passenger who does not know how to operate the boat, or the radio, watching in horror as a strong wind blows the boat away faster than a captain who has fallen overboard can swim, or does not know what to do when the captain is totally incapacitated.

This two-hour boating safety class is designed for boat owners/captains and those not generally at the helm to help them be prepared with the basics in case of an emergency.

Misfortune occurs in seconds, and you have the rest of your life to be grateful that you knew what to do because you were prepared.

Attend this class with your relatives and friends and they will learn how to handle emergencies including:

Fire; Swamping and capsizing; Surviving in cold water; Calling and getting help; Rescue 21 System; Plus much more ... Class cost: \$20

Contact: Bob McCord at 805-340-1409 or [rmccord2@gmail.com](mailto:rmccord2@gmail.com)

Jeff Berry at 805-633-6044 or [jkberry50@att.net](mailto:jkberry50@att.net)

Date: **Saturday March 9, 2013 9:00 to 12:00am**

Location: Channel Islands Yacht Club, 4100 Harbor Blvd, Oxnard, CA 93035

RSVP: Vintage Marina 805-984-3366



**Saturday. March 9, 2013**  
**7:00 P.M.**



**CIYC's**  
**Annual**



## **Lobster Dinner**

### **Menu**

Sharon's Salad, Lobster tail, Twice Baked Potatoes,  
Vegetable and Dessert by "Ruthie"

Prepared by

**CIYC Anglers and BeefEaters — Dave Gable**

**\$25.00**

**Seating Limited to 70**

Please make your reservations early

in the Dinner book or by e-mail to [reservations@ciyc.com](mailto:reservations@ciyc.com).

Reservations will be confirmed only after check or a receipt for Cash,  
Credit Card, or Club Card is placed in the reservations envelope in  
the Dinner book. See receptionist at the front desk to pay.





*EPICUREAN DINNER FOR MARCH*

*Joyce Sheridan and her Crew presents*

*Avocado Salad with*

*Lime/Orange Vinaigrette Dressing*

*Chicken Breasts with Artichoke Hearts  
and Mushrooms*

*Herb Rice*

*Vegetable of the Day*

*Glazed Bananas with Lime Cream*

*7:00 PM, March 23, 2013*

*\$15.00*





# ONEHOPE

*for Resorts & Restaurants*



**HALF**  
of profits donated to  
**CHARITY**  
[ONEHOPEWine.com](http://ONEHOPEWine.com)

The **ONEHOPE Wine**  
program will be at the,

**EPICUREANS DINNER  
MARCH 23**

Dave Vincent from ONE HOPE, along with Renee Chinn of YOUNGS MARKET Wine and Spirits will present a wine tasting. Half of the profits received by ONE HOPE will be donated to Charity. Check their web site for more details. Come join in for a worthy cause.





# ONEHOPE Varietal Tasting Notes & Paired Causes

ONEHOPE Wines are produced and bottled in the heart of Napa Valley in partnership with *Rob Mondavi Jr.*

## SPARKLING

ONEHOPE's California Brut has a light golden color with aromas of green apple, nectarine with biscuit and an effervescence which has pronounced ribbons of bubbles. On the palate, this Sparkling Wine has a noticeably refreshing fruity flavor with a yeasty nuance followed by a lingering, delightful finish.

Half of the profits of ONEHOPE's Sparkling Wine benefit the fight against childhood hunger. Every case sold provides 100 meals to children in need through the non-profit, Share Our Strength.

## CHARDONNAY

ONEHOPE Chardonnay displays a pale gold color with aromas of fresh apple blossom and honeysuckle. Flavors of crisp pear and apple are vibrant on the palate, while its balanced oak and bright acidity make this wine a great match with broiled or grilled seafood, poultry dishes and a wide assortment of cheeses.

ONEHOPE is committed to not only finding a cure for Breast Cancer, but also for early detection and prevention. Every 8 cases sold of ONEHOPE Chardonnay funds a mammogram for a women in need through the National Breast Cancer Foundation.

## SAUVIGNON BLANC

ONEHOPE Sauvignon Blanc's stainless steel fermentation contributes to its pale golden color, flavors of pink grapefruit and bright grassy undertones. ONEHOPE Sauvignon Blanc is refreshing and light making it a perfect pairing with salmon, halibut, light pasta dishes, fresh fruits and a variety of cheeses.

Half of the profits of ONEHOPE Sauvignon Blanc benefit the American Forest Foundation where one tree is planted for every bottle sold.

## CABERNET SAUVIGNON

A dark ruby red, ONEHOPE Cabernet is a pleasure for the senses with the aromas of lush black cherry, cassis and a hint of tobacco. Aged in American and French oak, its complex layers of spice are balanced by soft tannins making it the perfect wine to pair with roasted and grilled meats such as lamb, prime rib or porterhouse steak.

Half of the profits from the sale of ONEHOPE Cabernet benefit ACT Today! to help children with Autism achieve their highest potential. The partnership between ONEHOPE and ACT Today! helps provide funding and support for families who cannot afford specialized care for their children with Autism. Every 4 cases sold funds 1 hour of ABA therapy for an Autistic child in need.

## ZINFANDEL

ONEHOPE Zinfandel is a rich red color with loads of juicy dark fruit flavors including plum and black cherry with hints of pepper and a spicy finish. This delicious wine is versatile and pairs well with dishes such as pizza, barbeque ribs and lamb.

Half of the profits from the sale of ONEHOPE Zinfandel go toward Snowball Express, an organization that supports families and children of fallen soldiers. Every 6 cases sold allows a military child to experience Snowball Express for one day.

## MERLOT

ONEHOPE Merlot's bright cherry color and subtle notes of toasty spice are a result of aging in a combination of American and French oak barrels. Rich tannins make ONEHOPE Merlot a perfect match with a range of main courses including meats, pastas and vegetarian dishes.

Half of the profits of ONEHOPE Merlot benefit the non-profit, Keep a Child Alive and provide the treatment and medications necessary to keep children suffering with HIV/AIDS alive. Every 2 cases sold provides the necessary care and treatment to keep a child living with AIDS alive for one month.



## Birthday Bash - "Friday, March 1<sup>st</sup>,"

*Come and join us for our monthly celebration  
for members whose birthdays or anniversaries are in **March**.  
Bring "munchies" to share, and there is always a great birthday cake!*



**March Birthday Celebrations are:** *Michiyo Vanderhouwen, Marnie Bech,  
Ken Thomas, Carol Lazzarevich, David Erickson, Debi Howarth, Keith Moore,  
Art Philo, Mary Sensabaugh, Diane Van Arsdall, Ellie Babbe,  
Pat Heatherly, Tim Haapanen, Dale Morris, Andrea Kucera, Les Hardwick,  
Sue Speas, Virginia Gage, Keith Kucera, Jim McCulley and Nancy Berger.*



**March Anniversaries are:** *Annette and Edward Staples,  
Dan and Shelly Ward, Tony and Ellen Ferraro, Vidar and Marnie Bech,*

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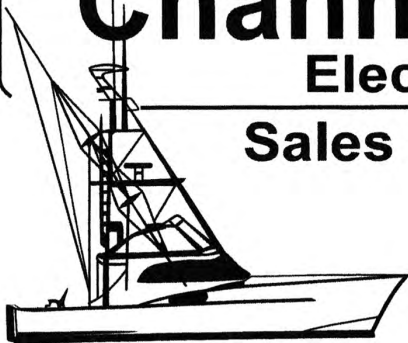
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An advertisement for SPA by Diane Loring, Inc. It features a close-up of a woman's face with her eyes closed, looking upwards. The word "SPA" is written in large, white, serif letters. Below it, in smaller text, is "by Diane Loring, Inc." and "10% OFF All Massage & Facial Services to Channel Islands Yacht Club Members". At the bottom, it lists the phone number "(805) 641-0022", the website "www.spaventura.com", and the location "4 Points Sheraton & Holiday Express at Ventura Harbor".

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### DEADLINE NOTICE:

Articles must be received by the 15th of the month  
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**Next deadline: March 15, 2013**

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