



SEPTEMBER 2013

VOLUME 53 ~ ISSUE 9

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Asst: Pat Korecky

Channel Islands Yacht Club

CIYC is located at Lat 34° 09' 48.9" N; 119° 13' 35.6" W

4100 Harbor Blvd., Oxnard, CA 93035.

Phone (805) 985-2492

currents

**Cruise to Scorpion Anch.
August 17th & 18th**



View from Cabana Girl (Cindy Crocket & Dann Daggett)
and Maverick, Sundancer and Alcyone also anchored there



Message From
The Commodore
Thomas Warden



The election of the **Board of Directors for 2014** is at the **general meeting on September 27, 2013**.

This is your club and every member holding a vote should attend and participate in this process. The Board works for the good of the membership and now it is time for a new Board.

Paul Hatcher, Kitty Fralic, Laurie Preston, Mary Howard, and Dave Wardlow have done an outstanding job as the nominating committee this year. Now it is your turn to finish the job!

Your vote counts!! You must be present to vote. There are **no proxies**.

We are having a great year with lots of activities and fun, but we need to prepare for the future.

Next month, **October**, is the **election for the Bridge**. The Bridge is elected from the directors you elect this month. There are five Director positions to be filled this year, so you can see the importance of your vote.

Tom





Message From
Keith Moore
The Vice-Commodore



The Board of Directors has formed a **MEMBERSHIP DEVELOPMENT COMMITTEE** to promote CIYC and gain new members. Jerry Wood is Chairman; Kitty Frallic represents the Board, along with a Club member and a Racing Associate Member. Our objective is to grow the club by at least ten new memberships. The Committee will identify the keys to attract new members, retain our existing members and better organize our membership drive.

One step which you can help with finding new members is to pass out the **“Invitation for a Beverage at CIYC”** cards that we printed. Please pick up a few cards and give them to your friends and people that you meet and enjoy visiting. Add a note on the back: **Invited by “your name”**. We have noticed these invitations are well received and when they visit CIYC’s bar for a beverage, we ask them to write their name and phone number on the back of the card so we can follow up to see if they may wish to join the club.

We have been handing out these cards at the Marina Fest and the recent car show events, and we now have several new members.

So, if you see a stranger in the bar, say hello and introduce yourself....it could be **our next new member!**

Many thanks to the **Bridge Club** and **Carter Gage**, as well as the **Epicureans** and **BeefEaters** for this month’s Saturday dinners.

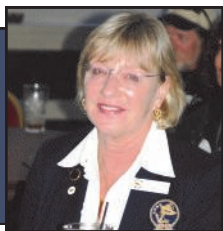
Call any time with your suggestions.

See you On Deck

Keith Moore

Vice Commodore

805-551-0983



Message From The Rear Commodore Jane Thomas



On Sunday, July 28, **Betty Larson and Deborah (Larson) Tyhurst** hosted the **John Larson Memorial Race**, with assistance from Dave Gable, Ruth Hatcher, and others in the preparation of burgers, dogs, salads, cookies, and more. JULIET (Charlie & LeeAnne Clark & crew) followed Deborah's pre-race instructions and honored John with a shot of rum each as they approached the start line and then crossed the finish line! Great fun in honor of a great sailor!

Unfortunately, low participation resulted the cancellation of the Neil Underwood Regatta this year -- despite the concerted efforts of a number of CIYC members. At the ready were Don Dickey (Race Committee boat), Rick Wilson (Mark Boat owner), Frank Sullivan (Mark Boat skipper), Bob Ridenour (Dolphin-award winning Mark Boat crew), and RC volunteers Elyse Gonnello, Tom Warden with grandson Jag, Mary Foster, Charlie Clark, and Jim Lovins.

CIYC Cruisers joined CIWSA and AYC members at Scorpion anchorage, August 16-18. SUNDANCER (Graham & Kiki Paine, CIYC), CABANA GIRL (Cindy Crocket, Dann Daggett, CIYC, CIWSA, with Cindy's daughter Christi & boyfriend), MAVERICK (Bill Brayton, CIYC, AYC, with Cindy Arosteguy, CIYC, CIWSA, & Janie Brockman, CIWSA), and ALCYONE (Gary Goodman, AYC, with Bobbi Balderman & Sarah Freifeld, CIWSA) sailed over and anchored in Little Scorpion. SUNGLADE (Ken & Jane Thomas, CIYC, CIWSA) is still under renovation and unable to join the fleet. Not to miss the event, I (Jane) booked a round trip with Island Packers, loaded my kayak and camping gear onboard, and used the camping reservation that Cindy C had the foresight to reserve months ago. It was one of the closest campsites to the landing pier, but it was still a long trek to the pier and beach with camping gear, food, and drink. (Island Packers shuttled my kayak to the beach and assured me it would be safe there until they shuttled it back to the boat for the trip home.) The campsite became the center of the Saturday Happy Hour and potluck, where all but CABANA GIRL paid a visit. As we sat around the picnic table, we watched a couple of island fox sneak around the campgrounds, looking for food. The tide came in that evening and took Gary's dinghy -- despite making a trip back to the beach to drag it up higher. Bill & Cindy helped Gary & crew retrieve his dinghy, and all was saved. It was Janie B's first trip to the islands; after a quick debrief from Bill, she decided to hike up Potato Harbor Road and returned to camp just as Bobbi came to get help with Gary's lost dinghy. Janie B camped with me, and after coffee Sunday morning, we packed up all the gear and dragged it to the beach -- just as Bill & Cindy A had arrived by and came looking for us. Although the guided hike fell through, we explored a bit of the island at sea level. Many of us went exploring the coast by dinghy and kayak north of the harbor before making our respective trips back to the harbor. Check out the pictures elsewhere in this month's currents.

Reminder to All CIYC Racers: Get your crew together & help build a second CIYC Race Team for the Ventura Cup, Saturday and Sunday, September 14-15. So far, we have a CIYC Team in the PHRF 150+ class: *ZOARCES*, *VELERO*, and *LIQUID ASSET*. If can form a second team, the club will pay the entry fees for all 3 boats in each team! *FUSEE* is considering it. With multiples of 3 boats per class (e.g., 1 more non-spin and 2 more spin boats), CIYC will pay the entry fees! Check in and submit your entry form to Stan Whisenhunt (VYC, swhisenhun@aol.com) before September 6 and save \$25.

Don't forget about the Lady at the Helm Race, co-hosted by CIYC and CIWSA, Saturday, September 21. The goals of this race are to have fun and get more women on the water. If you want to add a lady or two to your crew for this race, contact me (415-518-4046 or sunglade@prodigy.net) to connect with a CIWSA lady looking to get on a boat.

Reminder to All CIYC Cruisers: Get your boats ready for the Labor Day holiday weekend at Prisoner's Harbor, Santa Cruz Island. **A trip to Santa Barbara in October is also in the works!**

Watch your emails for more details on upcoming activities. See you on the water!



Anglers' Corner September 2013

By Frank Sullivan



Big Fish of the month of August:

None turned in yet.

WSB Pen Report:

The fish Hubbs was holding for us got too old and had to be released. They are preparing another batch for us and they should be here this month.

Thanks to all that came out to the Fund raiser. We didn't have the turn out we had hoped for, but those who attended were very generous. The Raffles did pretty good and will help pay for some of the repairs on the pens. Next time we will check the calendar to make sure we don't have so many conflicts, like the Fair.

Thank you to our many sponsors: Eric's Tackle, Hyun's Tackle, Ventura Harbor Boat Yard, Channel Islands Sportfishing, Hook's Sportfishing, Ventura Sportfishing, Channel Islands Kayak Center, Sea Fresh Market, Valentino's Pizza and many more.

Launch Ramp Issues:

The existing launch ramp at Channel Islands Harbor closed Monday 8-12-13. The Harbor District opened the old launch ramp by the White Sea Bass Grow-out Pens as a temporary measure. The Launch ramp is undergoing a complete refurbishment. It should be finished sometime next summer.

Please be aware if you launch there, the white sea bass Grow-out pens have just been fitted with all new predator and containment nets, as well as new bird netting and electrical upgrades. We've spent over \$6000 on the project so far. Our concern is with the opening of the old launch ramp and the restricted area on the water side of the launch area. Because of the position of the Pens, boats launched with out-boards or out-drives may back into the brand new underwater predator net causing significant damage, as well as collisions with the structure.

Of additional concern is the environmental impact on the brood stock by vehicles with trailers carrying road debris and vehicle fluids backing into the water very close to the nets. There will also be a considerable amount of additional noise and vibration introduced into the environment.

We are very close to taking delivery of a new batch of fish. The Harbor District is attempting to find an alternate site to move the pens. In the meantime, please be extra careful when backing off your trailers there and do not approach or tie up to the pen structure.

Upcoming events:

Sept. 6 th	CI Billfish Kickoff Dinner
Sept. 7-11 th	CI Billfish Tournament
Sept. 13 th	CI Billfish Awards Dinner
Nov. 16 th	Anglers Awards & Scampi Dinner

"Big Fish of the Month"

\$50 prize

is awarded at the end of every month...however, you can only win once per year. Legal fin fish only and no sharks.

"Big Fish of the Year"

At the end of the year there will be a Big Fish of the Year award for \$100.00. It does not have to be one of the monthly winners, it can be a tournament fish or not, so if you win one month don't quit, the next fish you catch may be worth \$\$\$\$



White Sea Bass Project

The Channel Islands Harbor Growout pen was originally built in 1992 by Jim Donlon and other members of the Channel Islands Yacht Club. It is now part of the overall Ocean Resources Enhancement and Hatchery Program (OREHP) representing a unique partnership between California state resources agencies, public utility companies, volunteer user groups and the scientific community. The purpose of the OREHP is to investigate the potential for proactively counteracting the depletion of California's coastal marine fisheries through stock enhancement.

The OREHP began in 1982 with legislation (Assembly Bill 1414) authored by California Assemblyman Larry Stirling which funded the program's initial nine-year research effort. With the decision to expand the program came the need to reauthorize the program for an additional ten years through Assembly Bill-960, authored by Assemblywoman Dede Alpert.

The research is funded through the sale of \$2.50 recreational and \$25 commercial marine enhancement stamps on fishing licenses of all saltwater anglers south of Point Arguello, California. The operation of the program is managed by CDF&G with the assistance of an advisory panel consisting of academic and management agency scientists, representatives of both commercial and recreational fishing groups, and the aquaculture industry.

The purpose of this program is to replenish the ocean stock. Once released it takes 4 to 5 years for the fish to reach the legal take limit of 28 inches. Each fish has a hidden coded wire tag imbedded in its right gill plate. The tag is detected by a magnetic sensing device. To date, one of our fish released in 1994 was caught off Santa Barbara. One fish released in 1994 was caught in 1998 off Malibu. Fish released from Marina Del Rey have been caught off Santa Barbara. One fish released in December 2001 at Port Hueneme was caught in a special scientific net at Catalina in August 2002. It was 16 inches long.

Although the hatchery supplies the 13 grow-out pens from Channel Islands Harbor to San Diego with fish, food, nets, and technical assistance, the labor is provided by volunteers. Labor consists of unloading fish when delivered. Filling the feeders (about every 2 days), scooping out the dead fish and checking for disease, recording mortality, checking the bird net and predator net, and releasing the fish under the direction of the hatchery coordinator.

August 2013 the overall program celebrated the release of the 2 millionth WSB.





Message From
Channel Islanders First Mate
Mary Ann Moore

Hello Islanders,

August has been a quiet month. I hope you all are enjoying your summer.

This month we will be getting back to “FULL STEAM AHEAD”. We will need your help with our annual fundraiser...**THE BILL FISH TOURNAMENT DINNERS**. We will need cooks, servers, etc. So when you receive that telephone call, I hope you will say “YES” to helping out.

Just a reminder ----it is time to CLEAN OUT your bookcases at home. You know the books you received for gifts that you have read and they are now cluttering up your homebring them over to the clubhouse to update our library. This effort cleans up your shelves and let's other members share in a good reading experience.

**Be safe on land, air and sea,
Mary Ann (All Day-All Night) Moore
FIRST MATE**

Doc Lines

WTF! (What the Fructose!)

Just a touch of basic organic chemistry: **G** stands for glucose. **F** stands for fructose. When one molecule of **G** combines with one molecule of **F** we get **S** - sucrose: the ordinary sugar we buy. So simple: $G+F=S$. When ingested, **S** is broken down into individual molecules of **G** and **F**, whereupon they are absorbed from the intestines into the bloodstream.

Now, we previously talked about **G** and how quickly it is shed from a large complex molecule (**amylopectin A**) found in modern hybridized wheat. The sudden rise of **G** in the blood (high glycemic index) causes a high, but when it drops, we feel we need more. The same thing happens when we eat **S**. We are on a high / low roller coaster. This is why we plop on the couch in front of the TV during the sugar low.

But **F** is different. Unlike **G**, it does not get into the main bloodstream, because it's intercepted and processed by the liver. Many moons ago the apes processed **F** just like **G**. Then an ice age came along, and fruit - the main meager source of **F** - became scarce. Luckily for all of us, there was one ape who had a significant genetic mutation. He was able to process **F** efficiently, first by converting it into glycogen (a reserve of **G** in the liver). After that, the liver broke **F** down into fats called **triglycerides**.

Having fat from meager rations of fruit was a great advantage, so that the apes without the mutation eventually died off. Thanks to this first brother ape, all new and improved apes - eventually including men - survived. Now we all have that gene whereby **F** is efficiently converted into fat.

That would be dandy, except that 10,000 years ago the people of New Guinea started chewing on sugar cane stems. They loved it. It took a while before $G+F=S$ came to Europe via the Ottoman Empire. It was very expensive, but soon enough the whole Caribbean was colonized, the slave trade was established, and **S** became cheaper. Also, another cheap source of **S**, the sugar beet, was discovered.

Then in 1977 a senatorial committee on hunger in America, chaired by George McGovern, set the first governmental dietary guidelines. The first draft said, "Eat less fat, less cholesterol, **less refined and processed sugar**, and more complex carbohydrates and fiber." Under very heavy pressure from lobbyists, the guidelines were revised to say, "Fatty meats, cholesterol, eggs and salt are discouraged." Sugar was not mentioned.

Did anyone bother to ask the Eskimos why their arteries looked so good and so young after a life-long diet of blubber and meat derived from seals and whales, and hardly any wheat, veggies or fruit? Hmmm?

At any rate, "Healthy low-fat diets" became the norm. To compensate for the loss of fat, the food processing industry had to put some calories, taste and texture back into their products: lots of **S**, of course.

Then a Japanese scientist developed High Fructose Corn Syrup (**HFCS**). This was much sweeter and much cheaper than **S**. Soon it was put into soft drinks, processed foods, frozen dinners, etc. It seems to be everywhere. It's in almost every so-called "healthy" low-fat dinner, ice cream, coleslaw, pizza toppings, bologna (who knew?), baked goods, and salad dressings: You name it, it's almost always in there.

And now, several decades after the government declared fat and cholesterol bad for us, 33% of our fellow Americans are obese and 7% have diabetes. One third of the population has high blood pressure. This was not



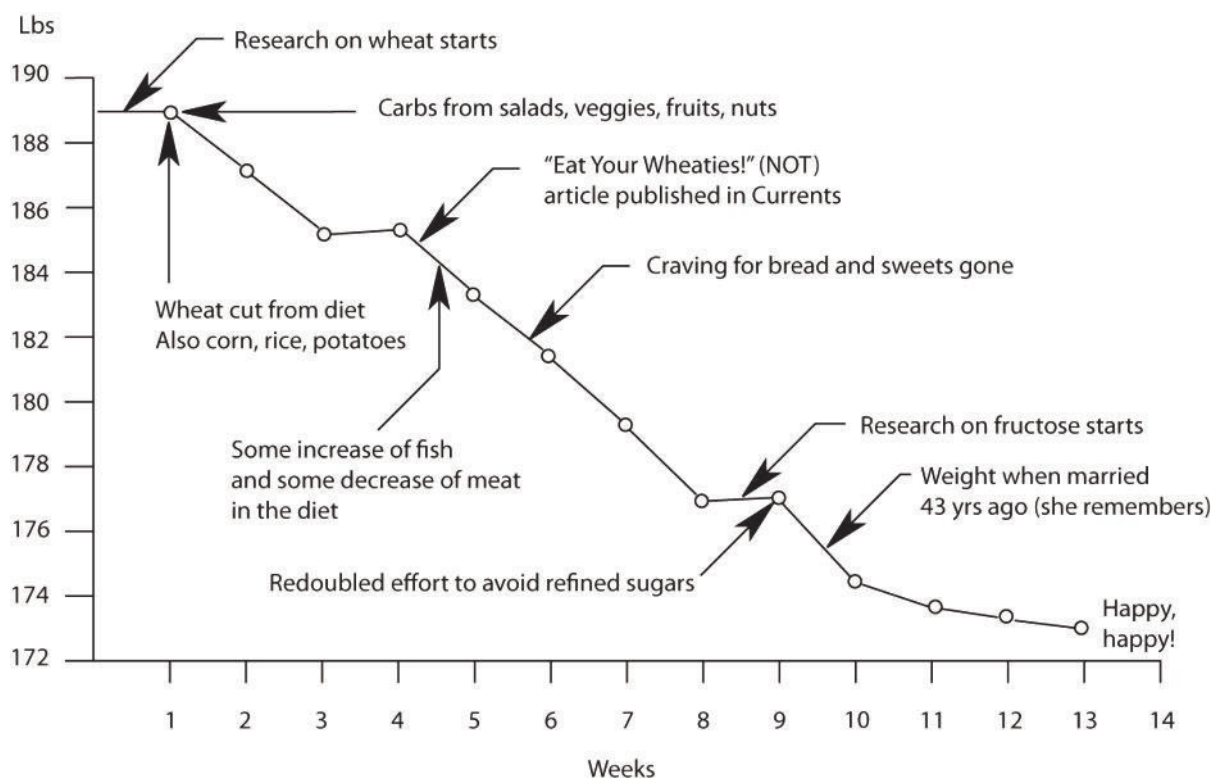
the case in the fifties and sixties. Now we are consuming 90 lbs of **S** per year. That is 45 lbs of **F** per year (12-14 teaspoons/day). We are screwed. The brother ape who saved us from extinction by converting meager quantities of fruit **F** into fat, also cursed us. **F** is now very abundant in our food, and we are efficiently churning it into triglycerides.

Once formed in the liver, triglycerides enter the blood. And triglycerides, together with **G**, cause blood pressure to go up, the pancreas to pump more insulin, and the metabolic syndrome to ensue (visceral fat, beer belly, wheat belly, spare tire). All this leads to atherosclerosis, coronary artery disease, strokes, obesity, diabetes, and on and on. Elevated insulin **promotes** deposition of fat and cholesterol into the arteries.

Consumed together with our new hybridized wheat: We are **Glucosed!!!** We are **Fructosed!!!** We are doomed!!! Doomed unless we change our eating habits: Avoid wheat. Avoid sugar. Avoid **HFCS**. In such large doses they are poisons. Read labels on the foods you buy! Get your carbs from salads, veggies, nuts, and fresh fruit. Live long and prosper!

COMMENT: If dietary fat is the cause of cardiovascular disease, it's a good thing to take it out of food. But if it is excess **G + F = S**, it is disastrous. Even worse, if **G**, **F** and **S** are consumed together with **fats**, we are set up for cardiovascular disease and a whole array of other disease processes. Always consult your doctor.

Here is what I did – see graph below.



Your Fleet Surgeon, Zoran

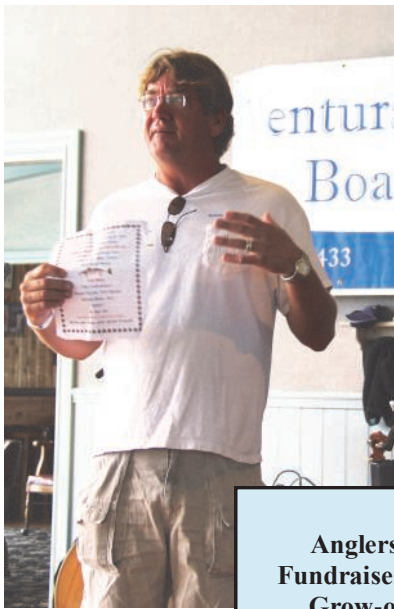
I thank Erika for her research and editorial assistance.

Beautiful Friends

We were honored to be invited to **John Conser's** 75th birthday party recently. John's sail loft was located on South Victoria quite a few years ago; he also founded Conser Catamaran. In addition to designing and building the successful Conser 40 and other cats, John has sailed and raced the Atlantic and Pacific on some of the famous big cats such as Aikane and Double Bullet I and II. His extensive sailing history includes sailing to Guatemala and cruising the South Seas. Sailor, pilot, boat designer and boat builder are just some of his many accomplishments, but he's not the only multi-talented Conser. John's wife, Geri, is also a pilot and a sailor. In addition, she has had a very successful career as an aerial yacht photographer. Her work has been exhibited at L A Maritime Museum, and she has photographed TransPac races, national yacht races, privately owned yachts, regattas, yacht club events, and more. She even did some of her aerial photography while flying her plane! Amazing. The photo is of **Wayward Wind**, a boat John refurbished, giving her a beautiful mirror-like red hull and a gorgeous transom! Below the boat name, there's an artistic depiction of islands and the words, "LAS ISLAS BONITAS DEL PACIFICO". He hoped to sail Wayward Wind in the Sea of Cortez. Sometimes, however, plans change, and John gave the boat to Geri, saying she could do anything she wished with it. Geri wanted to keep the boat close. She has a rose garden, a flower garden, and now also a boat garden! You'll never meet more interesting, creative, fun-loving or warm-hearted people than our friends, **John and Geri Conser**.

- Erika





**Anglers' Party
Fundraiser for WSB
Grow-out Pens
August 11th**





Anglers' Party
Fundraiser for WSB
Grow-out Pens
August 11th





Sunday, October 27th 2013

Wine Tasting at CMC

*The past three years we have had very successful wine tasting events, thanks to you and your friends. With this notice coming out in September it will give you plenty of time to plan ahead. So mark your calendar, tell your friends we're doing it again. Young's Market will be this year's host distributor. Once again we will have a selection of domestic wineries, plus international choices available for your pleasure. A variety of delectable delights will also be available. The charge will be **\$20.00 per person**.*

Tasting Begins at 3:00pm. Registration Opens at 2:30.

Tell your friends, bring your friends.

Limited to the first 100 people who sign up.

*Sign up at the Club or call me
or my associate Connie Calo to reserve your spot.*

Jack Borkowski 805 890 2623 - Connie Calo 805 815 0296



September 2013



Channel Islands Yacht Club

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Cruise to Prisoners Harbor	2 Labor Day 3pm Holiday Supper Club	3 1-2pm Dancercise 6pm Bar opens 7pm British Brass	4 Wed. Night Fun night Dinner 6:30 Bingo 7:00	5 Bocce Ball Awards Dinner	6 Bar Appetizers CI Bill fish kickoff dinner-6:30pm by Islanders	7 7pm Dinner CI Bill Fish Tourney
8	9	10 1-2pm Dancercise	11 2pm Bridge group Wed. Night Fun night Dinner 6:30 Bingo 7:00	12 Movie night-6pm	13 Bar Appetizers CI Bill fish Awards dinner-6:30	14Yom Kippur Vent. Cup Team Race 9am Shipshape 7pm Epicureans Dinner
CI Bill Fish Tourney						
15 Currents deadline Vent. Cup Team Race	16	17 1-2pm Dancercise 6:30pm CIYC Board Meeting	18 4:30pm Islanders Board Wed. Night Fun night Dinner 6:30 Bingo 7:00	19 Movie night-6pm	20 Birthday Bash & TGIF	21 11am Room Rental Wedding Lady @ the Helm Race
22 Room rental - Memorial Dingy Party	23	24 1-2pm Dancercise 5pm Beekeeper Bonding Mtg.	25 2pm Bridge group Wed. Night Fun night Dinner 6:30 Bingo 7:00	26 11:30am Islanders Luncheon Movie night-6pm	27 Bar Appetizers 7pm Gen Meeting Election of BOD	28 7pm Anniversary dinner/dance
29 1-4pm Open House	30	<div> Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wednesday-Thursday 5pm to close, Fri & Sat 4pm to close </div>				



October 2013



Channel Islands Yacht Club

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 1-2pm Dancercise	2 Wed .Night Fun night Dinner 6:30 Bingo 7:00	3 Movie night-6pm	4 6pm Birthday Bash	5 6:30pm Fashion Show
6 Rental Cabi Party 3-6pm	7	8 1-2pm Dancercise	9 2pm Bridge group Wed .Night Fun night Dinner 6:30 Bingo 7:00	10 Movie night-6pm	11 Bar Appetizers	12 7pm Epicureans Oktoberfest Dinner
Cruise to Santa Barbara HRB	14 Columbus Day	15 Currents deadline 1-2pm Dancercise 6:30pm CIYC Board Meeting	16 4:30pm Islanders Board Wed .Night Fun night Dinner 6:30 Bingo 7:00	17 Movie night-6pm	18 Bar Appetizers	19 7am Yard Sale 9am Shipshape 7pm Beefeaters Dinner
13 Care Givers Sail-A-Thon Team						Cruise to Scorpion Anch.
20 1-4pm Open House	21	22 1-2pm Dancercise Rental 5:30-7:30 pm Rotary Dist. 5240 Meeting (bartender)	23 2pm Bridge group Wed .Night Fun night Dinner 6:30 Bingo 7:00	24 6:30pm Islanders Dinner	25 Bar Appetizers 7pm Annual Meeting Election of Bridge	26 7pm Halloween Social
Cruise to Scorpion Anch.						
27 3pm Wine Tasting	28	29 1-2pm Dancercise	30 Wed .Night Fun night Dinner 6:30 Bingo 7:00	31 Halloween Movie night-6pm	<div> Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wednesday-Thursday 5pm to close, Fri & Sat 4pm to close </div>	





Jane Thomas (CIYC Rear Commodore/CIWSA Commodore), Bill Brayton (PRO), Cindy Arosteguy (Cruise Director), Sarah Freifeld (CIWSA Vice Commodore) & Kicki and Graham Paine enjoying the potluck at the campsite

Cruise to Scorpion Anch. August 17th & 18th

Jane Brockman (CIWSA member), Bill Brayton and Cindy Arosteguy exploring the caves while Cindy C. & Dann were taking pictures



A foxy lady trying to participate in the potluck at the campsite



Christie Crocket (daughter of Cindy Crocket) and Keoni Martel exploring the caves around Scorpion



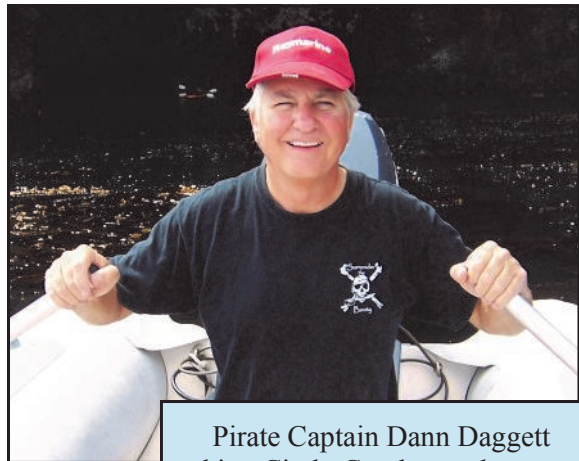


Bill, Cindy A., Sarah, Bobbi Balderman (CIWSA Secretary) and Gary Goodman (AYC Past Commodore) rescuing Gary's dinghy that went from Scorpion to Little Scorpion trying to get back to it's big boat Alcyon without Gary

**Cruise to Scorpion Anch.
August 17th & 18th**



Jane Thomas trying to sail back to the Channel Islands harbor



Pirate Captain Dann Daggett taking Cindy Crockett to the caves



CIWSA ladies posing at the campsite, Vice Commodore Sarah Freifeld, Secretary Bobbi Balderman, Cindy Arosteguy and Commodore Jane Thomas

CALO CHALLENGE
RIVER RIDGE VINEYARD
COURSE
AUGUST 9th





CALO CHALLENGE
RIVER RIDGE VINEYARD
COURSE
AUGUST 9th



CALO CHALLENGE
 RIVER RIDGE VINEYARD
 COURSE
 AUGUST 9th





CALO CHALLENGE
RIVER RIDGE VINEYARD
COURSE
AUGUST 9th





CALO CHALLENGE
RIVER RIDGE VINEYARD
COURSE
AUGUST 9th





CALO CHALLENGE
RIVER RIDGE VINEYARD
COURSE
AUGUST 9th



Birthday Bash - "Friday, September 20th,"

Come and join us for our monthly celebration
for members whose birthdays or anniversaries are in **September**.
Bring "munchies" to share, and there is always a great birthday cake!



September Birthday Celebrations are: George O'Neill III, John Walls,

Ann Crowe, Sheldon Berger, Rosemary Mackinga, Gary Cunial, Tim Smith,

Jackie Biederman, Pat Korecky, Gwen Everett, Dave Martin, Vidar Bech,

Donna Jordan, Vera Cline, John Carlson, Charlie Clark, Jennifer Sparks,

Roxanne Vettese, Joyce Johnson, Madeline Hunsaker, Barry Bernbaum, Clark Lewis,

Bill Crowe, Bev Hamilton, William Lynch, Mark Pap and Helene Golemon.

September Anniversaries are: Bill and Linda Scarpino,

Philip and Susan Wolf, Bill and Judy Sandham,

Dick and Georgie Olsen, Sheldon and Nancy Berger

& Miles and Lea Linman.



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Club Rental

The **CIYC dining room facility** is
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for private parties to members, or
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Please contact **Vice-Commodore,**
Keith Moore 805-985-3311
or **Rental Manager,**
Sharon Sullivan 805-985-6155
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Volume 53 - No. 9

Currents is published monthly by the
Channel Islands Yacht Club,
4100 Harbor Blvd., Oxnard, CA 93035.

DEADLINE NOTICE:

Articles must be received by the 15th of the month
preceding the next publication month.

Next deadline: September 15, 2013

for the October 2013 Issue

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