



MAY 2015 VOLUME 55 ~ ISSUE 05

Commodore: Dave Wardlow
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Channel Islands Yacht Club

CIYC is located at Lat. 34° 09' 48.9" N; Long. 119° 13' 35.6" W
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Phone (805) 985-2492

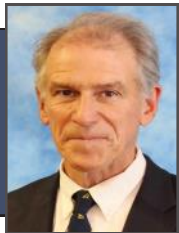
Currents

published monthly



CIYC - Opening Day - April 12th





Message From The Commodore Dave Wardlow



A HUGE "Thank You" to all those whose contributions lead to a very successful and enjoyable Opening Day. The weather could not have been more beautiful. We were certainly blessed that day. Another memorable event to add to this year's list.

To summarize our first quarter of the year. It appears that we are on an even keel. Our lease is in hand. We are moving forward on the chairlift. We are evaluating the repairs that need immediate attention so they can be properly resolved. The office is functioning properly. Our taxes should be filed on time with no problems. We have added 25 new members, and three Rams to our racing efforts. Our financials as of this time are very good and accurate.

On another note, I would like to reflect back to the September General meeting. Those of you who were present might remember my speech seeking reelection to the board to become your Commodore. A recap of what was stated and the present results are as follows.

First of all, I had never been seen carrying a briefcase. That evening I decided to bring in some of the tools I use in my trade. There were three items pulled out of that briefcase. The first item was a bag of predator flies. I stated that we use these to control our fly problem. I was referring to the negative vibes coming from the bar.

Second was a bull whip. I stated that we use this to get our horses attention. We don't hit them, we just use it to get their attention. The third and last item was the emasculators we use to control our population. The point to be made would be let's cut the "bull" and get back on track. After that Linda McCulley asked me, "What are you going to do for us". I explained that I would remove the negativity from the bar and use the gavel to collect your attention. I would also use the three manuals. First one the SCYA book on how to run a yacht club; Robert's Rules of Order to conduct our meetings in an orderly manner; and to abide by our Bylaws. With that I was elected to be your Commodore and I thank you.

The results of your faith in me: I believe that our fly problem is gone. As of our last General Meeting in March, we discussed our most important issue: the sublease extension for the next ten years. I was able to explain in great detail the issues and the resolution to the problems which were causing the hold up. With the help of Mary Howard, we were able to present to the Board the issues and a possible resolution which was discussed in short detail because it seemed feasible; however, we would not know until it was presented to the Vintage Marina Partners. The vote was unanimous to present this to Vintage's owner John Guimarra. He did accept the agreement with one adjustment as to the time of payment and the Board approved the adjustment. This resulted in the signing of sublease extension by all parties. I believe we had a historical moment that evening.

Thank you for your support. I firmly believe you know I have your best interest on my mind. Let's continue this open-door forum and unity and the next ten will be great. We, as a Board, hope to set a standard for those who step in our position so that we can continue on this path.

Respectfully submitted

Dave Wardlow





Message From The Vice-Commodore Vidar Bech



As I am writing this, we just had another beautiful and festive Opening Day. It took many hard working members to make this happen. **A BIG THANK YOU TO ALL OF YOU:** all the people that showed up for Ship-Shape, the Islanders for the fantastic food and decorations, and a Special Thanks goes to **Dan Ward** and **Dana Hamilton** and the people from Vintage Marina that did painting, replacing wood and a damaged door to make us look good. Let us not forget our in-house band; they kept us Rocking all afternoon. Between all of us: **WE DID IT.**

April was a busy month at CIYC. First we had a festive and well attended Easter Lunch put on by **Joyce Sheridan** (also our Easter Chicken) and **Clark Owens** with help from **Ginny Matthews** (the bunny rabbit), **Jim Lee**, **Marnie**, **Lisa Marie Medlen** and her daughter **Lexi**. I *laid* some eggs outside, so the kids could go Easter-egg hunting. **Wendell Morrisset** did a very appropriate Easter invocation.

The **VARIETY SHOW** was quite an event, **BIG THANKS** to **Barbara Brauns** and **Jack Borkowski**. The list of artists and helpers that made this happen would take a whole page. Over 130 people in attendance, **What a Fantastic Show!!**

Really encouraging to see so many of our new members stepping up to help with decorating and cooking. Thanks to all the Wednesday night cooks in April: **Janette Sosothikul**, **Ginny Matthew**, **Carter Gage** and **the Bridge Group**, **Cel Tustin**, **Dallas Holt**, **Donna** and **Mike McKendry** with their crews. Nice job everybody. Don't be shy, give it a try.

Coming up in May:

2nd: **Saturday night Dinner**. We will be trying to pipe in the Boxing Match between Manny Pacquiao VS Floyd Mayweather Jr. and do a Fund Raiser for the Elevator Project.

8th: **Happy Hour w/Concert Video of the Eagles**. Playing favorites: The Long Run, Tequila Sunrise and, oh yes, Hotel California. Please bring appetizers.

10th: **Mother's Day Luncheon** (1pm). Board of Directors cooking!

15th: **Birthday Bash**, Karaoke

26th: **Classical Guitar Recital**

29th: **Happy Hour w/Black and White Night by Roy Orbison**, concert Video and a contest.

Till next time.

Vidar, VC





Message From The Rear-Commodore Jim Lovins



A big thank you to Ruth Hatcher, organizer of the **Whale Watching adventure**. The **16th annual Moby Dick event** was a hoot! One of our newest members won the annual trophy. Cindy Arosteguy got everybody on a boat that wanted to search for the elusive water migrants. A great day to be on the water. One of the boats did spot a whale. A number of dolphins were sighted. Thank you to all of the skippers that provided boats for the outing.

Opening day festivities were quite an event. All participants and volunteers are to be congratulated for making Opening Day a success. The vessel parade went off well. The initial start was delayed for a few minutes, but all went well. Thank you, Frank, for providing a boat for the Bridge.

Several of CIYC members are participating in the Newport to Ensenada Race. Results will be available after the publishing deadline. I will ensure that all of the stories regarding the sailing are true, or else confirm stories as told.

All sailors and RAMS are encouraged to participate in the Wet Wednesdays. All skippers that are looking for an opportunity to have a go at a lot of fun, look to the members of the club for crew. If you can start the race, great, or else enjoy the sunset (any finish would be great).

Sailing News:

- May 2 – Anacapa to Port
- May 2 & 3 – Cinco De Mayo (Ullman #4)
- May 9 – PacCor Cup #2 & VORC Random Leg
- May 16 & 17 – Hardway Race (Island Series #1 & Wilson Series)
- May 16 & 17 – Santa Barbara Skiff Festival
- May 30 – Port Royale (Wild Bill Platform RC)
- May 31 – Commodore's Classic

The annual Ladies fishing tourney has been scheduled for Sunday May 3rd. Contact Frank Sullivan for additional information. Past events have been very special.

Attention all members and RAMS: The **Port Royale race** is a club sponsored event. **Volunteers' are needed.**

Jim, Rear Commodore 2015



Anglers' Corner - March 2015

By Frank Sullivan



Fishing Report:

As I write this in mid-April, there have been reports of just a few White Sea Bass being caught on the Commercial Passenger Fishing Boats. These early reports I hope will be followed by a great season. The daily bag and possession limit for White Sea Bass is three fish, except that only one fish may be taken in waters south of Point Conception between March 15 and June 15. The minimum size limit is 28 inches total length or 20 inches alternate length.

NOAA Synopsis: There is approximately a 70% chance that El Niño will continue through Northern Hemisphere summer 2015, and a greater than 60% chance it will last through autumn. I know that the water temperatures have been warmer this winter than I can remember.

WSB grow-out pen update:

We are schedule to release the almost 8000 fish we grew out over the winter and should be receiving about 30,000 juvenile White Sea Bass to raise through the Summer.

White Sea Bass Recipe:

Marinate:

1/4 cup olive oil, 1/4 cooking wine (white), dash of sea salt, cracked black pepper, some fresh chopped herbs (thyme, basil, chives, parsley) and a sprinkle or two of old bay.

Marinate for about 1 hour then Grill 3-5 minutes on each side. Place on hot grill, wait about 2 minutes and turn the fish. Pour on some reserve marinade. Turn and grill the other side, pour on some reserve marinade. When just cooked through, remove and enjoy.

Squeeze of lemon, make your own tartar sauce and you have a treat. Serve with either rice pilaf or jasmine rice.

Upcoming events:

May 3rd **Changed**

June 7th

September 11th

September 12th to 16th

September 18th

November 21nd

Ladies' Fishing Tournament

Men's Fishing Tournament

Channel Islands Bill Fish Tourney Kickoff Dinner

Channel Islands Bill Fish Tournament

Channel Islands Bill Fish Tourney Awards Dinner

Anglers' Awards Scampi Dinner





Message From First Mate Pam Nast

CONGRATULATIONS ISLANDERS AND ALL CIYC MEMBERS!!!

We did it!

CIYC Opening Day 2015 was *FABULOUS!*

We could not have done it without help from so many great people ... including:

In the kitchen:

Vera Cline, Karen Farrell, Olga Falzone-Siefke, Linda McCulley, Jane & Dennis Van Daalwyk, Elyse Gonnello, Barbara Brauns, Cindy Arosteguy, Pat Korecky, Melodie Crier, Carol Lazzarevich, Sherrie Ireland, Renee Harryman, Joyce Johnson, Kitty Brown and Janette Sosothikul.

Decorating:

Les Hardwick, Mary Ann & Keith Moore, Sherrie & Rick Ireland, Joyce Sheridan, Carole Naylor, Renee Aiu, Bill and Melodie Crier, Erika & Zoran Barbaric, Bonnie Chaney, Annie Landry, Lana Lynch, Marnie & Vidar Bech, Frank Sullivan, and others ... you know who you are ... and we do appreciate you.

Amazing Table Sculptures:

The always miraculous Deborah Tyhurst assisted by Diane Miner Sherlock, LaNell McKnight, Sue Woolf, Ginny Johnson, Connie Calo and Patty Foley.

CIYC Band:

Lance Strong (aka Larry Stein), Tom Warden, Max Hovaten and Bill Lynch.

The wonderful CIYC Members that donated their hard earned cash:

Rene Aiu, Erika & Zoran Barbaric, Johanne Berg, Sandy Crockett, Michelle Dilldine, Yvonne Farris, AnnMarie Gross, Anonymous (you know who you are), Betty Larson, Carol Lazzarevich, Jim Lee, Lenora Linman, Rosemary Lippert, Ginny Mathews, Lee Miser, Graham Paine, Cathy & Bob Scott, Mike Smith, Frank & Sharon Sullivan and Mary Lou Taylor.

In addition, of course, all the great folks who set up the outdoor ceremonies, hot dog station and bar. Everyone who came to the club for "Ship Shape". OH! HUGE thank you to Cecily, Lynda & her daughter for being the best bartenders.

If I left anyone out ... *please* forgive me.

Next ... Our May Islanders general meeting is scheduled for Thursday May 21st and the Islanders Board is proposing a lunch trip to Yolanda's ... where, we may sit outside and relax. More information on that excursion to follow ASAP. Please mark your calendar; we hope to have a great turnout since the meeting will include a planning session for future excursions.

See you soon!

Pam Nast

First Mate 2015





Message From Fleet Surgeon James "Jim" Lee

Fun Facts of what you should know about Osteoarthritis

Osteoarthritis is the most common form of arthritis, affecting millions of people. It occurs when the protective cartilage on the ends of your bones wears down over time. It is a degenerative disease that worsens over time. Joint pain and stiffness may become severe enough to make daily tasks difficult. When joint pain is this severe, doctors may suggest joint replacement surgery.

Osteoarthritis symptoms often develop slowly and worsen over time. Signs and symptoms of osteoarthritis include pain, tenderness, limited flexibility, grating sensations, and bone spurs.

Osteoarthritis occurs when the cartilage in your joints gradually deteriorates. Cartilage is a tissue that permits nearly frictionless joint motion. In osteoarthritis, the smooth surface of the cartilage becomes rough. Eventually, if the cartilage wears down completely, you may be left with bone rubbing on bone.

There's no known cure for osteoarthritis, but treatments can help reduce pain and maintain joint movement. Osteoarthritis symptoms may be helped by over the counter medications. Acetaminophen "aspirin" such as Tylenol can relieve pain, but it doesn't reduce the inflammation. Nonsteroidal anti-inflammatory drugs such as Advil and Motrin may reduce inflammation and relieve pain.

Exercising and achieving a healthy weight are the best and most important ways to treat osteoarthritis. Your doctor also may suggest physical therapy and other non-invasive procedures.



WHALE WATCH CRUISE

It was an easy day on the water for those who went to sea in hopes of spotting a whale or two. Although there wasn't much sunshine, the ocean was like a lake (or so I was told). Those skippers who took their boats out were gratefully not challenged with frothy seas or fog. My thanks go to them! **OUR BLUE HEAVEN** (Sherry Brisbane), **MAGIC** (Curt Ingram and Mary Howard), **BLUE MAST** (Vidar Bech) **JULIET** (Charlie Clarke), **BOTHER ME TOMORROW** (Tim Smith), **VALKYRIE** (Frank Sullivan), **WEST WING** (Dennis West), and **MAVERICK** (Bill Brayton). Did I forget to mention that there was only one whale sighting and perhaps a dolphin or 2, but who's counting?! Definitely something to look forward to next year!

We had a great turnout back at the club and to say that the crowd was enthusiastic is putting it mildly. One could say "rowdy", others might say "insanely gregarious" and others might even say "off-the-wall nuts". I say that's what makes this event such a great one—a definitely hang loose attitude which is the mainstay of CIYC members.

Our three judges (Vice Commodore Vidar Bech, Rear Commodore Jim Lovins) sat at the judges' table. Sitting in for Commodore Dave Wardlow was Staff Commodore Jerry Wood. We had 7 entries this year—all quality stories—and I am grateful to each and every one of you for standing up and giving it your all. Kudos to our new 2015 Moby Dick winner, Bob Waldo (one of our many new members) for the best poem—strangely enough about trucks. Go figure!

Following tradition, immediately after the presentations, there were tacos with all the good accompaniments, refried beans (extra cheese of course), and to finish it off, jumbo chocolate chip cookies and peanut butter cookies. As usual, a great big thank you goes to my husband Paul (who started this annual event in 1999) and this year also to Deborah Tyhurst and her mother, Betty Larson, for helping out in so many ways. None of it could have been done without their help.

To all of those who were able to join us, thank you for coming.
And to everyone else-- SEE YOU NEXT YEAR!

Ruth Hatcher 2015 Whale Watch Cruise Chairperson

Channel Islands Bridge Group

*Our Group plays Bridge on the second and fourth Wednesday
of the month at two in the afternoon,
and would welcome new players.
If you are interested, please call Carter Gage 815-3733,
or Kitty Brown 985-2355.*





CIYC - Opening Day - April 12th



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Doc Lines

K2

No, it's not the second tallest mountain peak, or a canine unit. It's a vitamin. It has been known for a long time that vitamins K1 and K2 are essential factors in the blood-clotting sequence. But more recently, several additional very important functions of K2 have been discovered.

First, K2 activates **osteocalcin**, a dormant blood protein. Once activated, osteocalcin plays an essential role in placing absorbed calcium into the bone matrix. It is essential in maintaining bone strength in menopausal women. So, as vitamin D3 helps calcium enter the blood, osteocalcin tells it where it should properly be deposited. Indeed, in areas of Japan where nutrients are rich in K2, the Japanese have a lower rate of osteoporosis and related bone fractures, compared with the rest of Japan and the Western world.

Second, K2 activates another dormant protein: **MGP** (matrix gla protein). MGP prevents calcium from depositing in arterial walls, and also in cartilage. In other words, it tells calcium where NOT to go. Some patients with osteoporosis have non-symptomatic, pronounced calcified arterial plaques. This also occurs with adequate calcium supplementation and is known as the "calcium paradox." It has been proven that a lack of K2 can explain both diseases. It was also demonstrated that K2 decreases the rate of calcium deposit, and in some cases reverses the process. Calcified arteries lose much of their elasticity, which leads to high blood pressure and a whole set of cardiovascular problems.

There are several sub-types of K2. The most important is **MK-7**. Once absorbed from the small intestines, MK-7 circulates to the liver, where it's attached to LDL (low-density lipoprotein) and circulates for extended periods of time, activating the two above-mentioned dormant proteins.

The recommended Daily Allowance (RDA) for K vitamins ranges from 80-120 µg. This is enough to satisfy the coagulation factor mechanism, but insufficient to provide the full benefits of K2. K2 is not toxic, but since it plays a part in those on blood thinners, such as Coumadin or Warfarin, those must consult their doctors.

Natural K2 is found in *Bacillus subtilis*-fermented foods, such as the Japanese dish *natto* and fermented cheeses such as Brie. You will not find capsules of K2 (MK-7) in local pharmacies, but K2 (MK-7) can be found online.

If you have osteoporosis or vascular calcification, please read this info twice.

Also re-read Doc Lines: July 2013 ("Eat Your Wheaties," NOT), Sept 2013 (WTF!), Sept 2014 (Med Diet).

- Zoran

Thanks to Erika for editing.





May 2015

Channel Islands Yacht Club

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3 Ladies' fishing fourney	4	5	6 Wed Night Fun night Dinner 6:30 Bingo 7:00	7 6:30pm Movie Night	8 5-7pm Happy hour 7pm Special Called Meeting	9 No Dinner
10 Mothers' Day 1pm LUNCHEON BOD Cooks	11	12	13 4:30 pm Islanders Board 2pm Bridge group Wed Night Fun night Dinner 6:30 Bingo	14 Bocce Ball Starts	15 Currents Article Due Birthday Bash 5-7pm Happy hour Set-up dining	16 Armed Forces day Dining Room Rental, Wedding
17 Memorial for Chris McPherson	18	19 6:30pm CIYC board meeting	20 Wed Night Fun night Dinner 6:30 Bingo 7:00	21 Bocce Ball Islanders Event	22 5-7pm Happy hour	23 No dinner
24	25 Memorial Day Holiday supper club	26 Classical Guitar Recital	27 2pm Bridge group Wed Night Fun night Dinner 6:30 Bingo	28 Bocce Ball	29 5-7pm Happy hour	30 Port Royale (Wild Bill Platform Race)
31	All Club Cruise					All Club Cruise
<div>Bar Hours Sunday 3pm to close, Closed Mon & Tue, except special events Wednesday-Thursday 5pm to close Fri & Sat 4pm to close</div>						





June 2015

Channel Islands Yacht Club

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 7PM British Brass Concert	3 Wed Night Fun night Dinner 6:30 Bingo 7:00	4 Bocce Ball	5 5-7pm Happy hour	6 7pm Epicureans dinner
7 Men's Fishing tourney	8	9	10 4:30 pm Islanders Board 2pm Bridge group Wed Night Fun night Dinner 6:30 Bingo 7:00	11 Bocce Ball	12 5-7pm Happy hour Birthday Bash	13 Room rental Wedding Reception Yellow Banks Cruise
14 Flag Day Yellow Banks Cruise	15 Currents Article Due	16 6:30pm CIYC board meeting	17 Wed Night Fun night Dinner 6:30 Bingo 7:00	18 Bocce Ball 5pm Room Rental -Rotary	19 5-7pm Happy hour	20 7pm Islander cook Fathers day OPEN House
21 Fathers' Day OPEN House weekend	22	23	24 2pm Bridge group Wed Night Fun night Dinner 6:30 Bingo 7:00	25 Bocce Ball	26 5-7pm Happy hour 7pm General Meeting	27 Dinghy Party Room Rental CI 2 MDR RACE
28 Song Circle Musical CI 2 MDR RACE	29	30			Bar Hours Sunday 3pm to close, Closed Mon & Tue, except special events Wednesday-Thursday 5pm to close Fri & Sat 4pm to close	



CHANNEL ISLANDS YACHT CLUB
4100 South Harbor Boulevard Oxnard, California 93035
(805) 985-2492



NOTICE OF SPECIAL MEETING
FOR THE
CHANNEL ISLANDS YACHT CLUB

April 23, 2015

Dear Members:

Regular and Lifetime members are Voting Members

Commodore David Wardlow of Channel Islands Yacht Club ("CIYC") has called a Special Meeting of the Members of CIYC.

Date: May 8 2015
Time: 7:00 p.m.
Place: 4100 Harbor Blvd., Oxnard, CA 93035

CIYC Bylaws, Article III, Section 3.03, Special Meetings, provides,


"(a) Special Meeting of the Members may be called at any time by the Commodore or by a majority of the Board... No business shall be transacted at a Special Meeting other than as stated in the Notice."

Commodore David Wardlow and the Board of Directors request authority to purchase an elevator/ chairlift conveyance for the CIYC building.

They request authority to:

- (1) To purchase and have installed an elevator/chairlift conveyance to elevate people and their wheelchair equipment and handicap equipment from the ground floor to the second story level of the CIYC clubhouse.
- (2) To purchase the elevator/conveyance system within a price range of \$25,000 to \$35,000 and on such terms and conditions as may be the best interest of the Channel Islands Yacht Club.

Respectfully submitted,


Lana Lynch,
Secretary

Members of the Southern California Yachting Association, Southern California Cruiser Association, Yacht Racing Union of Southern California, United States Racing Union and Recreational Boaters of California



ALL CLUB MEGA CRUISE TO PRISONER'S

MEMORIAL WEEKEND 2015 MAY 23TH THROUGH MAY 25TH

CHANNEL ISLANDS YACHT CLUB'S ACTIVITIES

SANTA CRUZ ISLAND

THE PLACE TO BE FOR MEMORIAL WEEKEND



**PARTY ON SANTA CRUZ ISLAND
TAKE NO PRISONERS!!!**

4:00 p.m. Saturday

Ice breaker social on host boat (TBD), bring your favorite libations and an appetizer to share

3:00 p.m. Sunday

Potluck on shore and bocce ball tournament. Please bring a dish to share. CIYC teams to possibly challenge teams from the other yacht clubs (TBD).

Please RSVP to Cruise Director, Cindy Arosteguy at cinarost@yahoo.com or (805) 208-1962.

After you have comfortably anchored, be sure to turn your radios to Ch. 68 for important announcements throughout the weekend from Maverick.

Plan B Activity

As most of you know, Memorial Weekend is traditionally a windy time of the year. For the last three years, the all mega club cruise has been cancelled due to weather conditions. However, last year that didn't stop CIYC cruisers from getting out on the water. We had a great time taking our dinghies to Sunday brunch and after brunch we had a floatilla tour of the harbor and Mandalay/Seabridge, hosted by Sam & Michele. If the sea gods do not cooperate again this year, we will do the same thing with Sunday brunch at the Waterside Restaurant (next to Sea Fresh).



Third Classical Guitar Recital at CIYC

Tuesday, May 26, 7:00PM (club opens at 6:00PM)



This is what guitars looked like in the 1700s and 1800s. This is the period when the most beautiful early romantic music for the instrument was composed by Giuliani, Sor, Carulli, Carcassi, and others. This is also the time Beethoven and Rossini were creating their masterpieces. Three historical guitars will be on display and may be played.

*Our featured guitarist, **James Bishop-Edwards**, has been a performer, teacher, and recording artist for over 40 years. His credits include more than twenty recordings, and he has published a number of arrangements for American, Spanish and European classics. He studied with world-renowned Christopher Parkening, Ray Reussner, and Manuel Barrueco. His performances include: La Guitarra California Festival, as a soloist with Santa Barbara Chamber Orchestra, and many others.*

*Accompanying him will be flutist **Suzanne Duffy** and guitarist **Roma Sprung**. This recital promises to be an extraordinary event – one of the best ever at CIYC! (This is an Open House event – non-members welcome.) The event is free.*

Zoran and Erika (zbarbaric@hotmail.com)


Save the Date
May 30th

Social Dinner Dance

*Swing into
Spring*



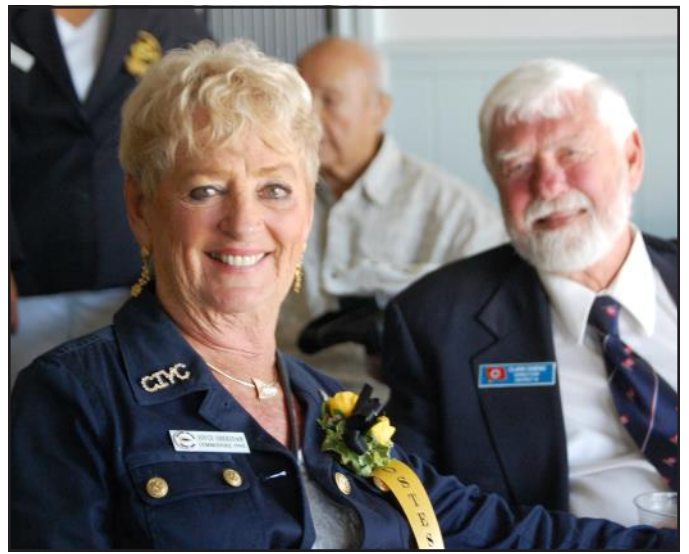
Chef, Menu & Band – TBA

STAY TUNED



CIYC - Opening Day - April 12th





CIYC - Opening Day - April 12th





CIYC - Opening Day - April 12th





CIYC - Opening Day - April 12th



Birthday Bash - "May, 15th by Connie Calo

*Come and join us for our monthly celebration
for members whose birthdays and/or anniversaries are in May.
Bring "munchies" to share, and there is always a great birthday cake!*



May Birthday Celebrations for: Daniel Voss, Babbette (Bunni)

DiResto, Bill Johnson, Cindy Crocket, Gary Hunsaker, John Barr,
George Olcovich, David Wardlow, Liz Campbell, Pat Milman, Gerald Adams,
Skip Harkson, Lori Robinson, Paul Hatcher, Paul Paulin, Gary Childs,
Deborah Tyhurst, Howard Simon, Rick Wilson, Duane Wherland, Donna Eyman.



May Anniversaries are: Jim and Linda McCulley,
Carol Watson and Howard Simon, Bob and Sharon Deyling,
John and Bernadine Carlson, Eleanor and Max Hovaten,
Richard and Martie McDonald, Hardy and Olga Moll,
Larry and Karen Stein & John and Rose M Hazeltine.

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Club Rental

The **CIYC dining room facility**
is available for rent
for private parties to members, or
non-members sponsored by a member.

Please contact **Rental Manager,**
Sharon Sullivan 805-985-6155

for scheduling and rates.

Help us help the Club to be Prosperous!

Currents Advertising

Ad Size	Dimensions High x Wide	Inside Pages 6 months	Inside Back	1 year -20%
Biz Card	2.0"x 3.5"	\$108/6mo.		\$172.80/yr.
1/4 page	4.5"x 3.5"	\$168/6mo.		\$268.80/yr.
1/2 page	4.25"x 7"	\$288/6mo.		\$460.80/yr.
Full page	7"x 9"	\$468/6mo.	\$570 /6mo.	in/\$748.80 bk/\$912.00



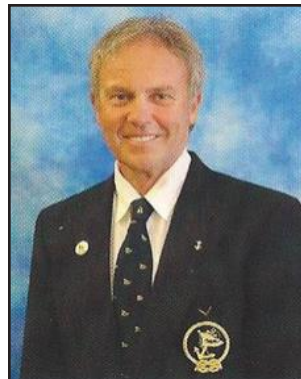


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VOTED AGENT OF THE YEAR

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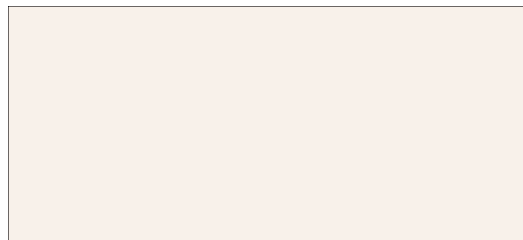
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