

**OCTOBER 2014 VOLUME 54 ~ ISSUE 10** 

Commodore: Keith Moore Editor: Liz Campbell Asst: Frank & Sharon Sullivan

Asst: Pat Korecky

Channel Islands

CIYC is located at Lat. 34° 09' 48.9" N; Long. 119° 13' 35.6" W

4100 Harbor Blvd., Oxnard, CA 93035. Phone (805) 985-2492

## Yacht Club

## currents



Jim Lovins

Penny Lipp

Bill Crier

Dave Wardlow





**Boy, am I excited......** just three more months, three more months......I'm just kidding, .....this is too much fun!!

I am pleased to report that the CIYC Audit Committee: Linda McCulley, Clark Owens, and Wendell Morrisset (who is recovering from a mild stroke) is completing a full review of the Clubs financials, including a detail review of each member's Club Card account and dues paid. Our new bookkeeper, Vera Hirrel, working with Linda has brought our financial records current. Our thanks go also to Frank & Sharon Sullivan and Jerry Wood, as we now have an accurate list of our Club Memberships.

We have updated our credit card system to automatically batch each day's sales. We are working to improve the Bar's Point of Sale System and liquor inventory records to link to the Clubs QuickBooks accounting files. And more improvements are planned ... such as a CIYC Club Credit Card and On-Line Dinner Reservations.

Much of the work has focused on meeting our 2014 Budget, reduce overhead costs by eliminating stuff we don't use, and provide a monthly report of the Bar and Dinner income and costs. You will note the Bar is now doing very well, reporting \$15 to \$16 thousand a month sales and a good % profit.....support the Bar!!

With the summer season over, the Fall is a great time of year at Channel Islands.

The **Bocce Ball program**, organized by **Shelly Ward**, has been a very successful public sport for our summer season. Now on Thursday nights, we can **GO TO THE MOVIES**. And if interested, maybe start **Monday Night Football**!! And don't forget, **Zoran Barbaric** will feature his popular **Classical Guitar Concert** on Tuesday, October 28.

We look forward to an exciting line-up of activities for the Holiday seasons. **Election of the Bridge Officers** – Friday, Oct 24, and the **Halloween Dinner Social** – Friday, Oct 31.

I look forward to seeing all of you at the club this month. Bring a friend or two with you when you come. A new membership brings fresh faces and makes all our jobs easier.

See you on Deck!

Keith Moore Your Commodore



## Message From The Vice-Commodore Dave Wardlow



It is nice to be back at the helm. First off, we wish Past Commodore and Board member Wendell Morrisset a speedy recovery. I want to thank those who stepped in during my leave of absence: Vidar Bech, Gary Johnson, Dave Martin, Jerry Wood, Frank Sullivan to name a few. With only a few months left in the year, there is much to do.

I want to extend a big thank you to Linda McCulley, Clark Owens, and Wendell Morrisset for the countless hours of work, auditing and researching the financials, membership etc.. The Board will be taking their findings and recommendations to better manage the books and affairs in general.

Another toast to Jack Borkowski and crew for a great wine tasting event. I wish those who have gone off for the bill fish tournament the best of luck. With the storms coming up from Mexico, bringing warmer water should improve the chances of a big catch.

I want to thank the cooks and kitchen crews for their efforts to feed us and thank Jerry Wood and others who keep our kitchen and bar area in good order. We passed our latest health inspection.

I would like to thank Shelly and Dan Ward for their amazing job making Bocce Ball season a memorable one. Cary and I managed the food concession and feed those who needed a small bit to get through the night. Proud to say the effort from that undertaking produced a profit of around \$700.00, which will go to the White Sea Bass program.

By the time this is published, we will know who is on the Board for 2015 and awaiting our vote for our Bridge to be chosen in October 24. Your participation in attending next months meeting would be greatly appreciated. Supporting your Bridge and Board helps all of us in being the best we can be.

Thank you
Dave
Smooth Sailing and Happy Trails





## Message From The Rear-Commodore



Racing. Lady at the Helm Race, September 20, had 4 boats participating, but only one with an all women crew, our Racing Chair Jane Thomas on Liquid Asset. Fuse'e won the Spinnaker class, woman crew Sandra Lochridge, Chris Williams and Bunni DiResto. Troublemaker, captained by Roxanne Vettese placed 2<sup>nd</sup> had faster time but more handicap. Outpatient won the Non-Spinnaker class, captained by Stacey Peterson, and Liquid Asset placed 2<sup>nd</sup>, again with faster time but more handicap. Sea conditions were good, race started at the Breakwater to Mandalay marker, around Gina and back to CI Harbor. John Richardson captained his Sportsfisher Kia Kane as Committee boat with crew: Beverly Richardson, Fleet Captain Frank Sullivan, Director Don Dickey and Denise, PRO Bill Brayton, CIWSA Vice Commodore Janet Dart and member Mary Marx and Bill's race crew member Dave Tarango. Jane Thomas did the Break fast for the Skipper's meeting, Michelle Smith and Sam Bradbury made a delicious Pasta Casserole and salad for the after-race meal.

Cruising. Our planned trip to Fry's ended up in Santa Barbara, no complaint. It was a bumpy ride out Friday morning but it got better after Ventura. Joy Sea had arrived and the Harbor Patrol told us to tie the BlueMast to their outside. Bill and Vera Cline drove up and stayed with Gary and Joyce Johnson on Joy Sea and they invited us over for a great dinner Friday night. Bill Brayton and Cindy Arosteguy on Maverick along with Kurt Ingram and Mary Howard on Magic came on Saturday and rafted on the rest of the guest dock. Jim McCulley and Linda & Don and Denise Dickey drove up for the weekend; Don brought wine for a winetasting party on the dock. Commodore Keith Moore and Mary Ann came and joined us for the afternoon. Saturday dinner at 'The Endless

Summer bar-café' was a tasty and fun event. Denise Dickey started Sunday morning with ½ marathon up the hills of Sta. Barbara with Don and the McCulley's rooting for her while the rest of us slept. The whole gang turned in for Brunch-Lunch at the SBYC for a great time along with V/C Dave Wardlow who drove in for the day. Potluck on the dock ended the day. Monday morning the group went out for a good breakfast before starting our trip south on a lot calmer sea.

<u>Parade of Lights Parade.</u> At the writing moment, we are looking for a Parade Boat and crew to make it all happen. Use your talent and creativity and join us to put it all together. The theme this year is "Buccaneer's Holiday". You can call (818) 939-5077 or e-mail (<u>vidar.audioden@gmail.com</u>) me, if you would like to help us make this a successful entry to the parade and let us aim for first place this year.

## Anglers' Corner - October 2014

## By Frank Sullivan



## **WSB** Update

We released all the fish in the pens last month and are now getting ready to receive the next cohort of juvenile WSB to grow out over the winter.

## Channel Islands Billfish Tournament Sept. 13 to Sept. 17, 2014:

With the advent of El Nino generating warm water this year and the previous tournaments this year producing a good number of Marlin, the turn out for the CIBFT was great! We had 15 boats in the tourney including CIYC, Skip Miser's *Dawn Patrol*, Don Johnson's *Mararitaville*, Frank Sullivan's *Valkyrie* and Gary Johnson's *Joy Sea*.

On Saturday the 1<sup>st</sup> day of the Tourney, while transiting from CIH to Avalon, Team <u>Valkyrie</u> crewed by Frank Sullivan, Bob Deyling, Bob Ridenour and Jim McCulley found a nice temp break just outside the shipping traffic separation lanes near the "Boot Bank". While setting out the jig pattern, the starboard short corner lure was picked up by a Marlin. Bob Deyling grabbed the rod and the fight was on. At first the fish took a lot of line as the drag was still set at "strike". This was the 1<sup>st</sup> Marlin to be hooked by Bob Deyling and indeed the 1<sup>st</sup> Marlin to be fought on the <u>Valkyrie</u> or by any of the Crew. The fish was brought to the boat and released successfully after the drag was adjusted. This was the 1<sup>st</sup> fish caught in the tourney so <u>Valkyrie</u> was in 1<sup>st</sup> place.

Two days later team <u>Ruckus</u> caught 2 fish close together on the Osborn Bank and took the lead in the tournament. Then Team <u>Bad Habit</u> caught a Marlin putting them in 3<sup>rd</sup> place. On Wednesday, the last day of the tourney, Team <u>Hydrocarbon</u> caught the last of the 5 fish caught in the tourney to take 4<sup>th</sup> place. Team <u>Dawn Patrol</u> was in contention for the biggest non-marlin fish with a Yellow fin tuna, but was bested by a couple of oz. when Team <u>Tight Riv</u> caught a 22+lb. Dorado. Gary Johnson caught a respectable Dorado on the **Joy Sea** as well.

On the last day Team <u>Valkyrie</u> had moved up to the warm water area behind Anacapa and Santa Cruz islands and hooked 2 more Marlin but lost both before they could be brought to the boat. The day was capped off with an e-ticket ride across the Santa Barbara Channel in windy conditions.

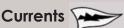
## **Upcoming events:**

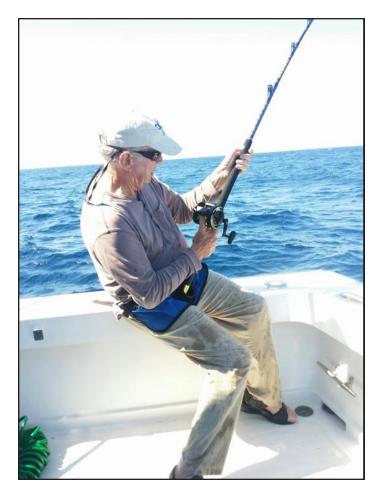
Nov. 22<sup>nd</sup> Anglers' Awards dinner

When you are a CIYC Anglers' Club member you can win \$50.00 if you bring in the biggest <u>Legal</u> fish of the month, sharks, rays and tournament fish do not count. You can only win once a year, but as the Lotto people are fond of saying "you can't win if you don't play".

There is a scale in the shed where the ice machine is. All you have to do is weigh the fish in with a CIYC club member or bartender as witness and record the weight. Put the record in the Anglers mail box in the hall down stairs. If you like, call me on my Cell 805-205-4073 and I will witness your catch and take a photo for the Currents. You may also e-mail me the photos and details.

You may also win the Big Fish of the **year** if you turn in the largest fish before the Anglers awards dinner in November. The Big fish of the **year** does not have to have been a big fish of the month winner and may be a tournament fish.













## Message From First Mate Vera Cline

## Greeting Islanders,

The Channel Islanders "Fashion Memoirs of a Pioneer Woman" and Afternoon Tea was a big hit. This presentation is in conjunction with the Oxnard Heritage Square, an historical fashion show based on the life of local pioneer woman, Annette Petit Laurent. "Annette" shared with us her life as an early settler from France to Ventura County through the fashions of the day from the 1850's through 1913. This beautifully presented, richly detailed, and at times humorous fashion show was endlessly fascinating. It was original in concept and execution; a very clever way to learn about our local and our nation's history – with a passion for fashion. If you did not attend, you missed something unique.

I want to thank Pam Nast, Joyce Sheridan, Linda McCulley (and her daughter, Amanda, who was our official photographer for the day), Mary Ann Moore, Sharon Sullivan, Erika Barbaric, and Johanna Berg for their contribution towards the success of this great event. We also had the help of a few men, Keith Moore and Jim McCulley. It's a lot of work – but, each team member stepped up and worked tirelessly. I think only now our feet have stopped hurting from hours standing at our tasks. And, of course, a big thank you to the ladies of our club who so generously lent the use of their china for the day. The coffee urns were also a big help; for tea, you do need a constant supply of hot water!!!

Soon you will be receiving a letter from the Channel Islanders Board inviting you to the Nomination/Election Dinner being held on Thursday, October 23, 2014. Please set aside that evening for the Islanders to get together and make plans for 2015!!! More details later; a flyer will be posted in the near future.

We have just a few more events until the end of the year. This would include decorating the club for Christmas, Tree Lighting Buffet on December 5<sup>th</sup> and Jingle Bell Brunch on December 7<sup>th</sup>.

Vera Cline First Mate, 2014

## **Doc Lines**

## **Aiglets**

Bet very few of you know what aiglets (aglets) are. They are the plastic ends on shoelaces, about half an inch long. Just as shoelaces have a definable ending, so do your chromosomes. Not half an inch, of course, but proportionally smaller. You get the picture. Chromosome endings are called telomeres.

What do these telomeres do? They stop chromosomes from fraying, clumping together, and scrambling the genetic code. Telomeres are a very good thing to have.

Problem: As we age, the darn telomeres get shorter and shorter. The shorter they become, the deeper in doo-da we find ourselves. The longer they are, the longer we live.

How to stop the shortening? That is a million-dollar question. Exercise? No. Healthy sex life? No. Lots of sleep? No. Meditation? No. Winning a lottery ticket? No.

According to a British Medical Journal study, the most effective way to keep your telomeres nice and long is standing up. Not sitting down or slouching in your recliner, living your miserable sedentary life! Stand up and walk a mile or two, briskly, every day. Your telomeres will thank you and you may live longer.

## **AGEs (Advanced Glycation End-products)**

Glycation is a chemical reaction, which happens in our bodies as we age. Glycation's end-products are harmful compounds. They initiate an inflammatory response causing tissue damage and premature aging. Production of AGEs is accelerated by the following:

- 1) Sugar. Includes wheat products, high-fructose corn syrup, and sugar.
- 2) Foods cooked at high temperatures with direct heat, such as grilling and frying. (This is where caramelization occurs.)
- 3) Lack of exercise.
- 4) Smoking.
- 5) Stress.
- 6) Too much alcohol.
- 7) Not getting enough of sleep.

But you knew all that. The new twist is that the level of AGEs in the body can now be measured with a newly discovered skin scanner. In seconds you can discover what your real "inner age" is. Probably not in your MD's office yet.

Your Fleet Sturgeon, Zoran

Thanks to Erika for editing.



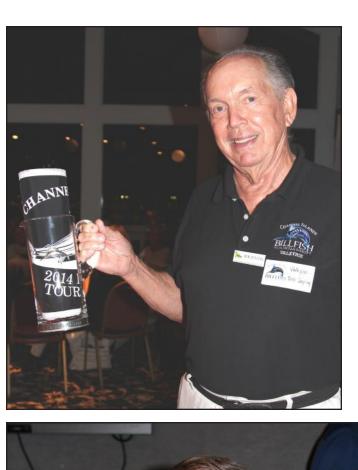




Bill Fish Awards September 19















Lady at the Helm Race September 20









13th Appual SAILATHON Sunday, October 12, 2014

Event Committee

Randy Alcorn Staff Commodore Anacapa Yacht Club Co-Chair & Awards Reception Host

## Richard Countess

Staff Commadare Pierpont Bay Yacht Club Co-Chair & Registration Host

Kim Morris Ventura Harbor Boat Yard

Judy Nolde Pierpont Ray Yacht (Juh.

Andy Killion Anchors Way Marine Event Founder

> Anna Kittleson State Farm

August 11, 2014

## Show Your Support for CAREGIVERS at the 13th Annual SAILATHON Sunday, October 12, 2014

Please join us as an auction donor and/or participant for this year's 13th Annual SAILATHON to benefit CAREGIVERS: Volunteers Assisting the Elderly.

With close to 150,000 seniors, Ventura County boasts one of the largest elderly populations in the nation! Since 1984, CAREGIVERS has been providing a successful community-based model that boasts 300 volunteers providing support to nearly 600 homebound seniors. in six cities. That's something to celebrate!

We need your help to sustain and grow our efforts. We hope you'll consider a sponsorship. Enclosed with this letter is a Sponsorship. Brochure, outlining the many benefits you will receive for your financial support of this event.

If your company cannot participate by donating an auction item, please consider becoming a Sailathon participant. The race is open to all sailors interested in supporting an organization that makes a difference in the lives of frail, homebound elders in our community. All types of watercraft are welcome - even Powerhoals!

If you have any questions, please do not hesitate to contact us or visit our website for further event information.

Thank you in advance for considering our request and for supporting CAREGIVERS, Volunteers Assisting the Elderty.

210 J. W

Randy Alcorn Event Co-Chair Richard & Cumbosa

Richard Countess Event Co-Chair

1765 Goodyear Avenue • Suite 205 • Ventura, California 93003 (805) 658-8530 • (805) 658-8537 fax • www.vccaregivers.org

Federal Tax ID 77-0081692

## ctober 2017



## **Channel Islands Yacht Club**

| Sun                    | Mon   | Tue                                    | Wed  | Thu   | Fri  | Sat                                   |
|------------------------|---|--|--|---|--|---------------------------------------|
| Closed IV              | Bar Hours Sunday 3pm to close, Closed Mon & Tue, except special events Wednesday-Thursday 5pm to close Fri & Sat 4pm to close | e,<br>ecial events<br>1 to close<br>se | 1<br>Wed Night Fun night<br>Dinner 6:30 Bingo<br>7:00                    | 2<br>6:30pm Movie night                         | 3<br>5-7pm Happy hour<br>Birthday Bash                             | 4<br>1pm Dinghy Party<br>NO DINNER    |
| rs.                    | 9   | L                                      | 8 2pm Bridge group Wed Night Fun night Dinner 6:30 Bingo 7:00            | 6:30pm Movie night 5-7pm Happy hour             | <b>10</b><br>5-Tpm Happy hour                                      | 11<br>Ipm dinner                      |
| 12                     | 13 Columbus Day   | 14                                     | Currents Article due<br>Wed Night Fun night<br>Dinner 6:30 Bingo<br>7:00 | 16<br>6:30pm Movie night 5-7pm Happy hour       | 17<br>5-7pm Happy hour   | 18<br>7pm Beefeaters Dinner           |
| 19<br>1-4pm Open house | 20  | 21<br>6:30pm CIYC board<br>meeting     | 22 2pm Bridge group Wed Night Fun night Dinner 6:30 Bingo 7:00           | 23 No Movie night 6pm Islanders Election dinner | 24<br>5-7pm Happy hour<br>7pm Annual Meeting<br>Election of Bridge | 25 Tpm Epicureans Dinner Cruise to SB |
| 26<br>Cruise to SB     | 27  | 28<br>7pm Classical Guitar<br>concert  | 29 Wet Wed Ends<br>Wed Night Fun night<br>Dinner 6:30 Bingo<br>7:00      | 30<br>6:30pm Movie night                        | 31 Halloween<br>5-7pm Happy hour<br>7pm dinner /social             |                                       |

# Jovember



## **Channel Islands Yacht Club**

| Sat | I<br>NO DINNER  | 8<br>7pm CIYC club<br>awards dinner  | Currents Article due<br>9am Shipshape<br>7pm Chili dinner/<br>social | 22<br>Tpm Anglers' awards<br>& Scampi dinner<br>(beefeater)      | 29<br><i>NO DINNER</i><br>decorating the Club   |                           |
|-----|---|--|--|--|---|---------------------------|
| Fri | NO  | 7<br>5-7pm Happy hour 7p<br>Birthday bash an                                   | 5-7pm Happy hour Cu 9a 7pm   | Ipm Happy hour   | 28 5-7pm Happy hour NO Start decorating the dec |                           |
| Lhu |   | 6:30pm Movie night 5   | 13 No movie 5 6:30pm CIWSA meeting                                   | 20<br>6:30pm Movie night 5-:                                     | 27 THANKSGIVING 2 3pm Potluck Dinner 5 S        |                           |
| Wed |   | 5<br>Wed Night Fun night<br>Dinner 6:30<br><i>Bingo 7:00</i>                   | 12<br>Wed Night Fun night<br>Dinner 6:30<br>Bingo 7:00               | 19<br>4:30pm Islanders BOD<br>Wed Night Fun night<br>Dinner 6:30 | 26<br>2pm Bridge group<br><i>NO DINNER</i>      |                           |
| Lne | Bar Hours Sunday 3pm to close, Closed Mon & Tue, except special events Wednesday-Thursday 5pm to close Fri & Sat 4pm to close | 4 Tpm British Brass 1  | 11 Veterans' Day   | 6:30pm CIYC board Weeting  | 25  |                           |
| Mon | Bar Hours Sunday 3pm to close, sed Mon & Tue, except special ever Wednesday-Thursday 5pm to close Fri & Sat 4pm to close      | m  | 10   | 17   | 24  |                           |
|     | Closed  | 2 Daylight savings ends<br>Dining room rental non-<br>profit Fundraiser (Judy) | 6  | 16   | 23<br>1-4pm Open house                          | 30<br>decorating the Club |

## Saturday October 4th 1:00-4:00 Saturday October 4th 1:00-4:00 2354 Greencastle Lane in Mandalay Bay \$15.00 Per Person Cover Charge "65 Live" BBQ Tri Tip BBQ Chicken BBQ Sausage Beans Cole Slaw Porato Salad Dessert Bar with limited drinks, and Sodas.

## THE BEEFEATERS

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Marty Sasson and his Gourmet French Dinner

Saturday October 18th @ 7:00 PM

Featuring

Chocolate Grenache Cake with Vanilla Ice Cream with Mint Jelly Roasted Garlic Goat Cheese Heirloom Salad New Zealand Rack of Lamb Baguettes and Butter Sautéed Mushrooms Rosemary Potatoes Asparagus

\$25.00



CIYC Presents:

## Second Classical Guitar Recital The Art of the Spanish Guitar

When: Tuesday, October 28.

(Note: Oct. 7 in September Currents calendar is incorrect.)

Bar opens at 6:00 PM. Recital is from 7:00 – 9:00 PM.

Where: CIYC, 4100 Harbor Blvd, Oxnard, CA 93035. (805) 985-2492

Admission: Free Parking: Free

Four guest classical guitarists will play solos, duets, and maybe quartets. They will play works by Tarrega, Carulli, Viñas, and many others.

The first recital in June was a smashing success. This was due to unbelievable performances by our guest musicians and the generous support of several CIYC donors. And also to Les Hardwick who helped to set up the auditorium.

Thanks to Bill Lynch, we now have a modular stage. It will be much easier to watch the dazzling expertise of our musicians. The intermission will be 40 minutes long during which time Erika and crew will serve dessert. Cecily will tend the bar.





VAMPIRES, WITCHES, ZOMBIES OH MY !!!!

HOLLOWEEN AT CIYC Friday

OCTOBER 31, 2014

7:00 pm

Let's Howling Good Time Have Dining and Dancing with all the Ghouls and Goblins and Monsters of the Night....

Corn Chowder Individual Cheese Stuffed Meatloaves

**Mashed Potatoes** Broccoli with garlic and cashews

Baked Apple with Cinnamon Ice Cream

Music by 'Unkle Monkey' \$15.00

^^^^



Wine Tasting September 14









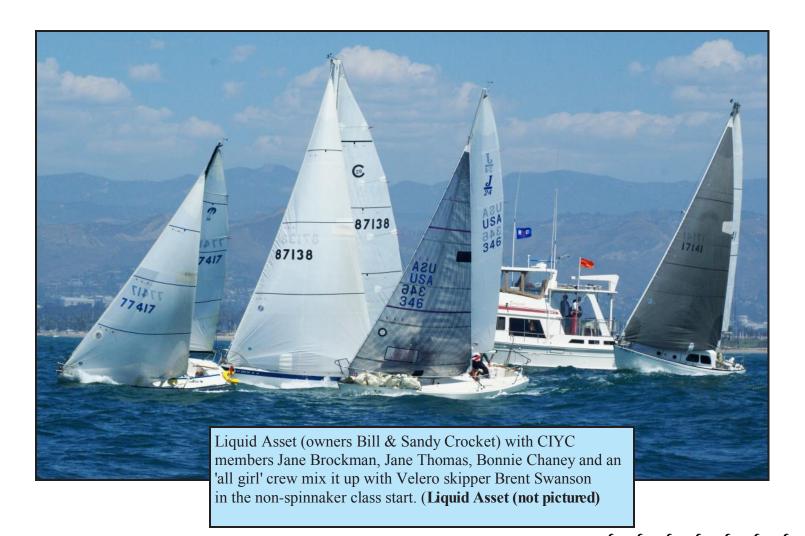


CIYC members Roxanne Vettese, Lexi (daughter of John & Lisa Medlen), Bill Brayton and Cindy Arosteguy accept the yacht club 3rd place award for CIYC (team Maverick, Troublemaker & Velero)

Ventura Cup 9/13 & 9/14

CIYC members Roxanne Vettese, Lexi, Steve Aronson & crew from Troublemaker heading up to VYC to accept their 2nd place overall in the spinnaker A class

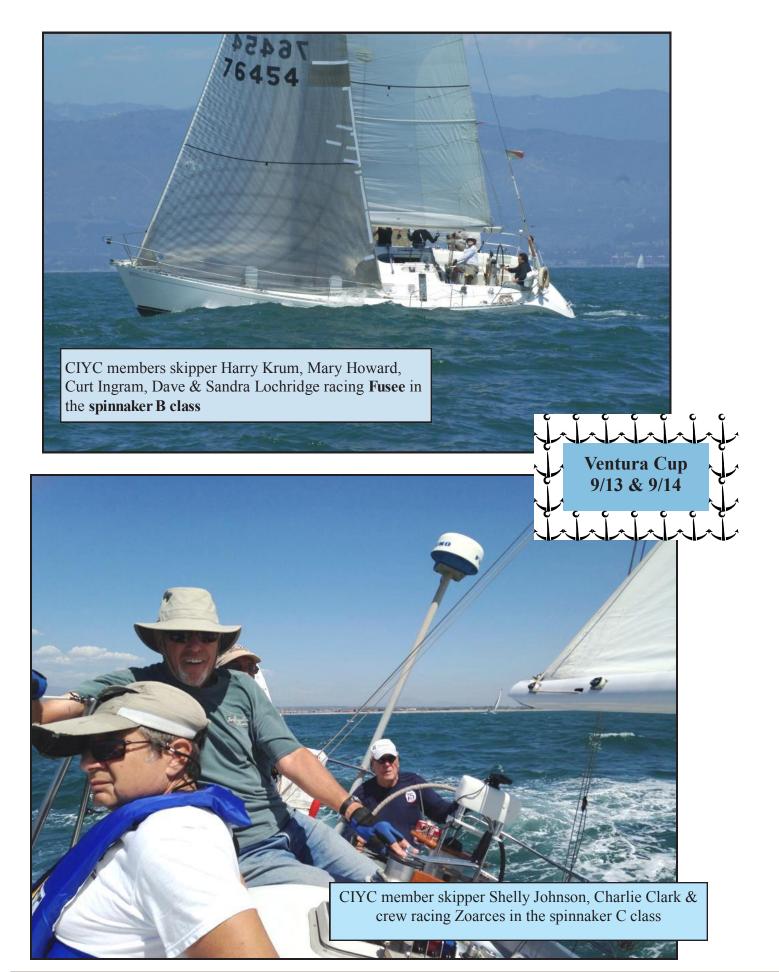












## Birthday Bash - "Friday, October 3<sup>trd</sup>

Come and join us for our monthly celebration

for members whose birthdays or anniversaries are in October.

Bring "munchies" to share, and there is always a great birthday cake!



Nicole Trautman, Wendell Morrisset, Carole Naylor, Patty Soto, Rick Ireland, Barbara Brauns, Dennis Howarth, Tom Everett, Joyce Sheridan, Karen Farrell, Barbara Milman, Dennis West,

Sandy Crocket and Leslie Webb.

OCTOBER Anniversaries are: Charlie and LeeAnne Clark, Ken and Jane Thomas, Ray and Hope Morales, Russell and Margaret Campbell.



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| 1/2 page  | 4.25"x 7"                 | \$288/6mo.               |                | \$460.80/yr.               |
| Full page | 7"x 9"                    | \$468/6mo.               | \$570<br>/6mo. | in/\$748.80<br>bk/\$912.00 |

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## Club Rental

The **CIYC dining room facility** is

available for rent

for private parties to members, or non-members sponsored by a member.

Please contact Rental Manager, Sharon Sullivan 805-985-6155

for scheduling and rates.

Help us help the Club to be **Prosperous!** 



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## **CURRENTS SUBMISSIONS**

E-mail submissions to currents@civc.com Lizcaffrey@aol.com or send via facsimile to (805) 985-2942

Volume 54 - No. 10

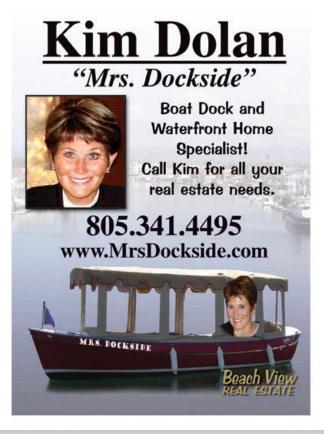
Currents is published monthly by the Channel Islands Yacht Club. 4100 Harbor Blvd., Oxnard, CA 93035.

## **DEADLINE NOTICE:**

Articles must be received by the 15th of the month preceding the next publication month.

Next deadline: October 15, 2014

for the November 2014 Issue



## **CHANGE SERVICE REQUESTED**