



OPEN HOUSE Sunday, 2-5pm June 2, 2024

**Open House
Special Pricing**

CIYC

Join and be a part of our Yacht Club family

Come learn about:

***Fishing *Cruising *Racing *Cooking *Live Music & Dancing**

BRING YOUR FRIENDS & NEIGHBORS!

From the Quarterdeck

2024 Commodore Deborah Tyhurst



Ahoy, Shipmates!

I wish outgoing Vice Commodore **Tom Webb** all the best and thank him and his wife, **Leslie**, for all the help and love they've given and continue to give to **CIYC**. A warm welcome to **Marc Gault** in his new position of Vice Commodore. I'm sure he will continue his hard-working ethic shown as Rear Commodore.

Marc is currently training newly elected Rear Commodore, **James Glass**! Congratulations and welcome, **James**. We are very fortunate to have someone with his skill sets joining our team!

The only whale sightings on this year's **Ruthie & Paul Hatcher Whale Watch** may have been in the bar! **Paul**, **Ruthie**, and whales may have had their own little reunion party this year.

Nevertheless, songs, poems, and stories were belted out with the most certainty of sightings. We had several great teams vying for the coveted Moby Dick Award and busily bribing the judges:

Deborah, **Marc** and **James**. Winners were **Barbara Brauns**, **John Canavan**, **Eileen Gault**, **Joyce Sheridan**, and **Mona Witkowski** on **Variable**, skippered by **Phil MacPhail**. We were treated to a great

Taco Buffet, compliments of **Tom & Leslie Webb**. Our chefs were **Gene Peck**, **Dodie Duffy**, **Deborah**, and **Dave Gable** (Hatcher friend and past **CIYC** Commodore). **Ruthie's** great cookie recipe made for a fitting dessert! Thank you to **Burt Stillar** for crew coordination and all of you for joining in this special tradition in **Paul & Ruthie's** name!



I hope all of our Mothers near and far had a wonderful **Mother's Day**! Thank you to our Board of Directors who could be with us: **Bill Elswick**, **Dan Estabrook**, **Marc Gault**, **James Glass**, **Ann Marie Gross**, and **George Hornberger**. They cooked, plated, and served our Mothers in style! At each table a lucky Mother received an orchid plant. Congratulations, **Evelina Arglen**, **Magnhild Bech**, **Katrina Glass**, **Melinda Irvin**, **Stella Jordan**, **Debbie Mitchell**, and guest Mother, **Sandy Webb**.

For those of you who did not attend the **CCA Texas Hold 'Em Poker Event**, it was amazing! This event was professionally done, a ton of fun, and extremely successful financially. This is something that we may want to do as a fundraiser for **CIYC** in the future. **Watch for it!!!**

Coming up we have our second **Open House** of the year on **June 2nd**. This is a great opportunity to invite your friends, neighbors, and co-workers to join our special family.

2024 continues to be a fabulous year in terms of fun events, new memberships, accomplishments, and lots of laughs. Please see your Vice Commodore's article for an update on water events and Rear Commodore's article for dinner and house updates.

That's a wrap! SEE YOU ON THE WATER OR AROUND THE CLUB, SHIPMATES!!

From the Quarterdeck

Vice Commodore Marc Gualt



Reel Guppies was a great success. This is a charity which we support as it introduces children to fishing. Frank Sullivan has been the lead for this event, and it has captured the hearts and wallets of our membership. Thank you, Frank, for your efforts with CCA, Reel Guppies, the three annual Fishing Tournaments, the White Sea Bass Pens, and everything else you do for the Club! You are a true Angler.

The Men's Fishing Tournament was a success, and the Ladies' Fishing Tournament is coming up this month on the 23rd. Any women who might be interested in participating, let Frank Sullivan know. *A reminder: Diesel is not free, so help your Captain out!*



ELECTRIC BOAT GAME

COME ON OUT AND JOIN US FOR A
FUN DAY ON THE WATER!

FATHER'S DAY
SUNDAY JUNE 16TH 1-3:30PM

PICK UP INSTRUCTIONS AT DOCK IN
FRONT OF CIYC AT 1PM
BE BACK AT 3:30PM SHARP!

HOT DOGS AND HAMBURGERS WILL BE
PROVIDED. PLEASE BRING A SIDE DISH,
APPETIZER, OR DESSERT TO SHARE.
SEE YOU ON THE WATER!



Frank Laza and Burt Stillar are leading the **e-boat event on June 16th, Father's Day.** Watch your email for details on this event!

More of this to come. Frank and Gayle, working together with Burt, have additional events locked in for the summer.

Big sailing events this month include **Wild Bill Rig Race on the 22nd** and **Adventure Sail Day on the 29th.**

Wet Wednesday Races have begun and two of our J24s are living at the dock below the club! **Tom Webb** was instrumental in getting this done with his very large contribution to cover the cost of bottom paint for the vessels. Of course, nothing would get done on the water without the tireless efforts of Jane Thomas. **Thank you, Jane!** We need more financial support to get the rest of our Fleet shipshape; if you are interested in helping, please let me know.

June 9th is Disabled Veterans' Sail Day and is the culmination of months of work by a very dedicated crew of volunteers from our club, headed up by Bill Brayton. Thank you to all the donors who make this special event possible with your large donations! This event will bring 150 disabled veterans to our club where we will provide breakfast for them, take them out on the water for the day, and then return them to the club for a fantastic Tri-Tip BBQ.

More volunteers are needed to help out on this event. If you can spare a day for our Disabled Veterans, please let me know and I will set you up with the right members.

Typically, we start the dinghy parties in June - however, this year we will shift the party to July. First Dinghy Party of the year will be at the club on July 14th. The theme is Gilligan's Island; there will be a BBQ and live music, with Cornhole on the upper deck! This will also be accompanied by an e-boat event. There is a possibility that the party will be at another location but we are still working on this.

More information to come as we roll into June. Watch your email for details!

From the Quarterdeck

Rear Commodore James Glass



Rear Commodore's Report

First, I thank you for electing me as your new Rear Commodore and wish to introduce myself to some who may not know me: My wife, **Katrina Glass**, and I have been members since 2021. I have a background in the bar/restaurant, construction, and janitorial supply industries. I am excited about applying my skills here at CIYC. We have enjoyed all our new friendships and events at the club and I look forward to serving as your Rear Commodore for 2024!

May was packed full of fantastic events & dinners! Our Cinco De Mayo luncheon was executed by chef **Evelina Arglen** and **Mayra** and **Johnny Zendejas**. **Thanks to Linda Greenup**, we also had the Mariachi band Trio Sensacion who set the mood for a wonderful lunch!

First-time lead chef **Suzan Tavidian** and crew sold out the evening and knocked it out of the park with their "Taste of Armenia" menu! She's threatening to do it again on a Saturday with entertainment! Watch your emails. You will not want to miss it!

Your **2024 Bridge and Board** created a wonderful Mother's Day Parisian Luncheon for all of the beautiful mothers of CIYC!



Phil MacPhail and the Beefeaters offered up an exceptional dinner once again. Thanks to **Marc Gault**, we had Karen Eden and the Bad Apples keeping the dance floor full well into the night.

The **Holiday Supper Club** prepared a fantastic Memorial Day BBQ for us, and we enjoyed music by Gary Ballen and The Grooves. We honored our fallen soldiers.

We are now looking forward to our summer season.

June promises to be another fun-filled month with a Crème Dinner, Beefeaters' Dinner/Comedy Show, Islanders' Father's Day Dinner, and - most importantly - our Disabled Veterans' Sail Day, scheduled for June 9th. This is one of the most rewarding events our club sponsors, and we need many volunteers. Please sign up if you have time to help.

New Dinner Pricing – During the last food and beverage meeting the committee decided on a price increase on Lite Bites and 1 Wednesday dinner. During the last few months it has been very challenging to prepare quality meals for your enjoyment utilizing our previous budget. New prices are as follows: **All Lite Bite meals will now be \$8.00 and 1 Wednesday dinner per month will be \$20.00 and will include a protein.** The remainder of Wednesday dinners will stay the same at \$15.00.

Anyone wishing to help in any way with maintenance, cooking, etc., please contact me at your convenience. We have a few Wednesday night dinners open from September-December. Any new members who are interested but may be a little nervous, please know we will provide a support crew that will be happy to help! It is rewarding and fun getting to know more people while working in the galley together!

Rear Commodore 2024

James Glass (805) 712-9730.



Anglers' Corner

By Frank Sullivan



WSB Grow-out Pen Update:

At the last fish count on May 7th, we showed a total of 4037 juvenile White Sea Bass in our pens. On May 21st, Mark S. Okihiro, D.V.M., Ph.D., Senior Fish Pathologist from California Department of Fish and Wildlife took samples and, if all is well, we should have released the fish before this goes to print.

Men's Fishing Tournament Report:

On May 18th *Dawn Patrol* with Skip Miser, Rande Lance, Don Matsumoto, Bob Deyling and Bill Magee, and

Angler Management with Mike DeSart, Marc Gault, James Glass, and Dan Estabrook competed in the Men's Annual Anglers' Tournament. After a great day on the water.

Don Matsumoto won 1st place with a 20.5 lb.

Halibut,

2nd Place went to James Glass with a 20 lb. Halibut,

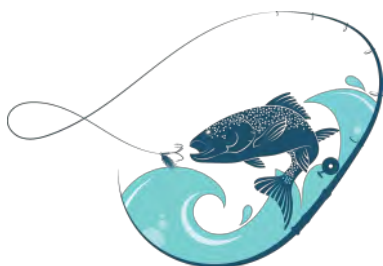
3rd Place was Rande Lance with a 15 lb.

Halibut.

Also caught were a 12.5 lb. Halibut by Dan Estabrook, a 10.5 lb. Halibut by Skip Miser and a 5.5 lb. Halibut by Mike DeSart.

Big Fish of the Month:

So far no one has turned in a Big Fish of the Month for May.



Upcoming events:

June 23

July 6th

July 28th

September 6th

September 7th to 11th

September 13th

November 9th

Ladies' Fishing Tournament (Date Changed due to conflict)

In-Harbor fishing Tourney (free fishing day)

CIYC Anglers' Charter on the Aloha Spirit (SOLD OUT)

Channel Islands Billfish Tourney Kickoff Dinner

Channel Islands Billfish Tournament

Channel Islands Billfish Tourney Awards Dinner at PCYC

Anglers' Awards Dinner

CIYC 2024 LADIES FISHING TOURNAMENT

**GREAT FUN
LOTS OF
LAUGHS &
STIFF
COMPETITION!
1ST, 2ND & 3RD
PRIZES**

June 23

LADIES
Sharpen
those hooks
& contact
Frank Sullivan
for your boat
assignment

SKIPPER
Contact
Frank Sullivan
for your Lady
assignment

Membership.ciyc@roadrunner.com

See full details on next page.

CIYC 2024 Ladies' Fishing Tournament



GREAT FUN
LOTS OF
LAUGHS &
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COMPETITION!
1ST, 2ND & 3RD
PRIZES

June 23

LADIES
Sharpen
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Frank Sullivan
for your boat
assignment

SKIPPERS
Contact
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for your Lady
assignment

Membership.ciyc@roadrunner.com

The Annual Ladies' Fishing
Tourney is scheduled for
SUNDAY, JUNE 23rd
5am to 5 pm.

The weigh-in is at 5pm.
(At CIYC)

Signup is \$10
(Collected by boat Captains)

Prizes will be distributed at
50% for 1st Place
30% for 2nd Place
20% for 3rd Place

Sign-up by email with Frank Sullivan
at:
membership.ciyc@roadrunner.com

All legal fish count except Billfish,
Sharks, and Rays.

This event in the past has been a blast.
If you are a boat owner willing to take on
some of these ladies - please let me know

If you are a lady wishing to fish
the tourney and don't have a ride
let me know.

If the weather is good, we should have a
great time.

Good Luck, remember Tourney Fish don't
count for Big Fish of the Month, but can
qualify for Big Fish of the Year, so keep
turning them in!



**MEMBERS
OF THE MONTH
KAT & SHERRY**



♦ Karls' Lease Option for Fisherman's Wharf Unanimously Approved

After receiving over 70 letters of support from community members and hearing representatives in person from the Harbor & Beach Community Alliance, neighborhood councils, fisherman's association, harbor businesses, and the labor union, the Board approved Karls' lease option agreement, 5-0.

The atmosphere at the May 21st meeting was very different from those previously held for the proposed 400 high-density luxury apartments. The community this time was clearly unified in its support of Karls. The development will promote revitalization of the Harbor and rehabilitate a dilapidated Fisherman's Wharf, something everyone wants to see happen.

♦ County Issues Notice of Compliance Violation to 150 Beachfront Homeowners

Notices of Violation were recently received by 150 beachfront homeowners. The notice took many by surprise. The letters informed property owners whose deck/structure extended beyond their property lines onto County beach property that they were in violation of the Ventura County Coastal Zoning Ordinance (CZO), Section 8171-4.2.

Of course, receiving such a letter was upsetting and confusing for many property owners.

However, though a property owner may have been unaware of the violation for whatever reason, the County Code still requires the removal of the deck/structure at issue as it is utilizing public property for private benefit.

The notice identified three actions the homeowners could elect to take to achieve compliance:

1. Remove the un-permitted deck/structure within 30 days and have the Code Compliance Division inspect and verify compliance.
2. Request up to a six-month extension from the Code Compliance Officer to remove the violating deck/structure and again have an inspection to verify compliance.
3. Appeal and stay enforcement actions while the appeal is pending.

The compliance process as outlined in the letters is the standard compliance and legal process for enforcement of all County code compliance violations. It is not unique to the beachfront area. The standard consequences for non-compliance include: daily fines of up to \$1,000 which can result in a lien against the property; inability to get any permits for the property except for emergency repairs/needs; recording of Notice of Non-Compliance which may restrict the owner's ability to transfer or refinance the property.

At the January 10, 2023, Board of Supervisors meeting, there was an appeal hearing regarding a property owner for an encroaching deck (Time Certain Item #38 from approximately 4:02:48 - 4:42:45) The Board unanimously denied the property owner's appeal 5-0.

There was also a case where even the California Coastal Commission fined approximately 70 residences at Newport Beach \$1.7 million for years of illegally extending their beachfront properties onto public beaches and violating public access.

The good news is that the County Code Compliance Division Director, Doug Leeper, is open to working with homeowners to resolve non-compliance issues as well as answering any questions they may have. He has said his goal is to achieve compliance, not penalize homeowners willing to work to make their property compliant. He can be contacted directly at: Doug.Leeper@ventura.org or at 805-654-2446

♦ Community Sponsors Over 180 Kids to Learn To Fish with Reel Guppy Program

Generous neighbors, friends, and CIYC members demonstrated their generosity again by donating enough monies to give 180 children the opportunity to learn to fish and understand why coastal resources and ocean wildlife should be protected and the beaches kept clean. **And donations continue to come in!**

The community exceeded its goal to sponsor 150 this summer! Additional monies were raised at a fundraising dinner sponsored by the local Blue Gavel Organization, CIYC's CCA group, and HBCA. There were live and silent auctions as well. **Thank you to everyone for supporting the [Reel Guppies!](#)**

♦ City Council Approves Contract for Harbor Water Quality Feasibility Study

At a May 14th City Council Meeting, a contract with Craftwater Engineering was approved. Craftwater will conduct a feasibility study and develop an implementation plan to address the harbor's water quality issues.

The contract is a milestone for the Channel Islands Neighborhood Council's Marine Advisory Committee's efforts. In addition, the City Council approved a grant from the State for \$500,000 towards this concern.

Rene Aiu, Harbor Delegate

Channel Islanders First Mate Eveline Paullin

Hi, Everyone,

**You are invited to a special celebration for Father's Day
on Saturday June 15th.**

The Channel Islanders, led by Chef Evelina Arglen, will be preparing a
fabulous **Surf 'n Turf dinner.**

While enjoying a cocktail before dinner, you can participate in Drawings
and a 50-50 Raffle.



FATHER'S DAY DINNER SOCIAL

Presented by The Islanders

Saturday, June 15, 2024, at 7:00 P.M.

While Enjoying a Drink You Can Participate in
Drawings and a 50-50 Raffle

Menu

Surf & Turf

A nice SHRIMP COCKTAIL served with SALAD

BABY BACK RIBS
(Chicken can be substituted only
if reservation is made by Friday)

BAKED POTATO with GREEN ONIONS,
SOUR CREAM and BUTTER

ASPARAGUS
Served with a touch of HOLLANDAISE SAUCE

FRENCH BREAD and BUTTER

PLUS
An APPLE CRISP with ICE CREAM
(For that sweet tooth after dinner)

\$35

RSVP: Corresponding Yeoman Carole Naylor: carolenaylor501@gmail.com
or text: 805-340-0270 (Cash or Check to **Channel Islanders**)

Please watch for an email
from Carole Naylor,
Corresponding Yeoman,
for the invitation to
this event!

RSVP:
carolenaylor501@gmail.com
or text: 805-340-0270

Note: Chicken can be
substituted for Ribs only if
reservation is made by
Friday 6/14.

Payment must be Cash or
Check to:
Channel Islanders

Eveline Paullin
First Mate 2024



American Diabetes Association (ADA)

I checked out the ADA website to see what diet they recommend for type 2 diabetics.

Mind you, the primary cause of type 2 diabetes is **insulin resistance**: This occurs when insulin is high in circulating blood and trying desperately to reduce the toxic amount of glucose present. Anything over 4g of glucose circulating in the blood long-term is toxic.

So insulin is trying to shove that excess glucose into the cells, primarily into the liver and muscle cells, but these cells have enough glucose and are rebelling, **resisting** insulin's effort to shove glucose into them. Things are getting serious now. Beta cells in the pancreas receive an alarming signal: There is a sh...t load of glucose around and they'd better put some more insulin into circulation to try to overcome the resisting cells. But even that is not good enough and meets resistance. What's insulin to do? Transform glucose into fat. That's what. Where to store it? In the liver, between muscle cells, between intestines, around the pancreas, kidneys and pelvic organs, (inflammatory interstitial fat) and under the skin (subcutaneous fat).

So the logical question is: if circulating glucose stimulates high insulin production, why not eat less glucose? Hmm? Anybody? Where does glucose lurk in our food supply? It's in everything and anything that is produced from plants.

That includes all grains, all tubers, vegetables, fruits, salads, nuts, sugar, syrups, honey, ketchup, BBQ sauce, wheat, rice, corn, beer, wine, and cocktails. They all contain **glucose** and **other sugars**.

Glucose is also found in milk bound to another sugar (galactose). Together they make **lactose**. Those of you suffering from lactose intolerance know what I'm talking about.

So could one live without eating any carbohydrates? Just to give you a heads up, there are no **essential** sugars or carbohydrates, **none**. There are essential amino acids in proteins, and essential fatty acids in fats, but no essential sugars in carbohydrates. Essential means you cannot live without them for too long. And some essentials you can only get from eating animal or fish protein and fat.

Can one live without carbohydrates? The answer is yes. One can live without eating any carbohydrates. And if the body needs them, the liver can make them - as many as you need - in a process called **gluconeogenesis**.

A diet that has only 10-20g daily carbohydrates is a **ketogenic diet**. Does the ADA recommend a ketogenic diet for management of type 2 diabetes? **Yes! There is a tiny paragraph hidden somewhere around page 200 which says that 80-90% of diabetes type 2 can be cured**, but it is "difficult for patients to follow such a diet." That is preposterous! The ketogenic diet should be on the first page! **In bold letters! And encouraged!**

Instead, look at the ADA's recipes for breakfast, lunch, and dinner.



These recipes equal about 88g of carbohydrates daily. This is insane. I suggest that all of you and your friends who have diabetes, pre-diabetes, metabolic syndrome, fatty liver, a potbelly, hypertension, polycystic ovaries, or obesity check out what the **ketogenic diet** can do for you. I'll address it in a future Doc Lines, but why wait? *Tempus fugit*.

Other physicians have also noticed this egregious advice which is sure to *perpetuate* diabetes, keep patients *hooked* on pharmaceuticals, and *ensure* that the ADA will be there forever, sucking money from increasing numbers of diabetics.

These doctors recommend a new diabetes platform: American Diabetes Society (ADS) which should be available on the web within the next few months.

CIYC RACING REPORT

By Cap'n Jane Thomas

Recent Racing: New CIYC racer, Dawn Buehler (SAVE FERRIS, Beneteau 323), placed 6th among 13 entries in VYC's Lady Driver Race, rescheduled for April 21. On May 4, during AYC's Anacapa to Port Race, Eric Taylor (RAMPANT 2, Cal 9.2), "Lost my rudder rounding the west end of Anacapa in Saturday's race. Hove to and got a tow back." Eric hopes to have a new rudder in place in July and is looking to sail with others until then. On May 19, WAILANI and crew (me, Alison Rowe, Kelly Sherwood, Hank Corcoran, and Deb Coss) competed in VYC Commodore's Classic, taking 7th of 9. It was a good course and a great sail anyway.



I crewed for SCYA Commodore, Kathy St Amant, on RASCAL (Hunter Legend 37.5) in NOSA's 76th Newport to Ensenada Race (124nm), April 26-27. Kathy assembled a fun and diverse 8-member crew, ages 24 to 74. Five of us had an easy boat delivery to Newport the day before the race. One of the delivery crew went home, and 4 racing arrived that night and the following morning. We had a great start and a nice 8-12kt breeze for a few hours, then suddenly no wind, which trapped 30 or more boats in a windless hole. Eventually, we got out of the hole, and the wind increased throughout the day and evening until it reached 20-25kts overnight, creating a big swell and making the helm especially hard to manage in the dark. To make things worse, it drizzled for a few hours. But it was a fast passage, and we reached Isla Todos Santos about 0600 and jibed toward Ensenada. We (and many others) fell into in another windless hole and struggled to catch a breath of wind for the final 10nm. We finished about 0900, 11th of 13 in Class C. The day after racing, Kathy wanted to share her favorite places in Ensenada with us, so all 8 squeezed into a Mexican minivan taxi to go to Punta Morro for brunch overlooking the ocean, downtown to Hussong's Cantina for live mariachi music, a walk to a tequila shop for tasting, and back to Hotel Coral and Marina. Half the race crew rode the bus back to Newport at 1700, and the remaining crew walked to dinner at a nearby restaurant/brewery, then napped a few hours before starting the delivery back about midnight. We arrived outside San Diego in the morning, stopped for fuel after completing CBP check-in over the phone, and motor-sailed in teams of 2 through a relatively calm day and night, and arrived in Marina del Rey after dawn.



RASCAL on her way to Ensenada with Gordy, Jane, and Mallory (L to R)

J/24s: CRITTER and TINY DANCER are in the boatyard to prepare for life in the water. We're still looking for donations to help pay for the boatyard work and ongoing maintenance. **If you can spare a few dollars, submit your donation to the CIYC office and designate that it's for the J/24s.** No amount is too small! Stay tuned for opportunities to sail them this summer!



After brunch overlooking the ocean at Punta Morro (L to R): Mallory, Mike, Leslie, Kathy, Jane, Emilie, Gordy, and Kelly

NWS/NOAA: The National Weather Service is making changes in their reporting of coastal weather. The new "Coastal Waters Forecast" standardizes the format for wave descriptions used across the country and enhances wave detail information. Local NWS meteorologists are reaching out to the boating community to share information about the current changes and navigating their website (www.weather.gov/marine). I'll try to set something up at CIYC.

Upcoming Races and On-the-Water Community Events:

- Sunday, June 1PCYC's McCune Race
- Saturday, June 8VYC's Governor's Cup
- *Sunday, June 9CIYC's Disabled Veterans Sail Day (community event)
- Saturday, June 15VSC's Frenchy's Rum Run
- *Saturday, June 22CIYC's Wild Bill Rig Race
- *Saturday, June 29CIWSA/CIYC AdventureSail® Day (community event)



Mariachi violinists playing Jane's request, *El Cascabel*

Happy Sailing!

Cap'n Jane

Photos courtesy of several RASCAL crew members!
See more next page.



Entering Hussong's: Mallory, Jane, Emilie, Kathy



At Hussong's before the Mariachi arrived (L to R): Mallory, Emilie, Kathy, Kelly, Mike, Jane, Leslie, Gordy

Demystification of Acronyms



CIYC enjoys membership in several boating organizations/associations and has delegate members in these groups. The first two groups are more general in nature and the last three deal primarily with sailing and racing. Let's de-mystify the acronyms **RBOC**, **SCYA**, **PHRF**, **ASBCYC**, **YRUSC** and find out who they are and how they affect our club and our members. Here's a synopsis:

RBOC – Recreational Boaters of California has been protecting our boating interests since 1968 as a non-profit advocacy organization that works to protect and enhance the interests of our state's recreational boaters before state and local government. This is the \$10.00 optional donation that is requested on your dues renewal.

SCYA – [Southern California Yachting Association](#) was organized in 1921 to provide communication, educational and organizational service to the yachting community of Southern California and Arizona. The objectives are to provide a forum for sharing ideas, identifying and engaging in governmental issues that affect recreational boating, promoting events, acknowledging excellence, and providing a social and educational platform to build a stronger boating community. This is a wonderful

resource. Their monthly newsletter is filled with stories and opportunities/events that our members can enjoy. You will start seeing their newsletter as an email beginning this month.

PHRF – Performance Handicap Racing Fleet is a handicapping system used in yacht racing in North America. It allows dissimilar classes of sailboats to be raced against each other. The aim is to cancel out the inherent advantages and disadvantages of each class of boats, so that the results reflect crew skill rather than equipment superiority. An obvious necessity for leveling the field for racers.

ASBCYC – Association of Santa Barbara Channel Islands Yacht Clubs is a regional harbor association that coordinates opening days, sailboat racing events, calendars and courses, and maintains and has replaced US Coast Guard-sanctioned race buoys. The association has an online Google group where racers can share information about yacht races that are sponsored by **ASBCYC** member clubs. Again, a necessity in coordinating events with our sister clubs.

YRUSC – Yacht Racing Union of Southern California is a racing association of 31 Southern California Yacht Clubs with land and water facilities capable of hosting major regattas. Their objectives are to encourage and promote Corinthian yacht racing and related yachting activities. To promote educational programs related to sailboat racing, race management, cruising and yacht club management. To represent 31 member clubs and their individual members on the national level as a member of the United States Sailing Association.

Respectfully Submitted,
Deborah Tyhurst
Commodore 2024





Crème

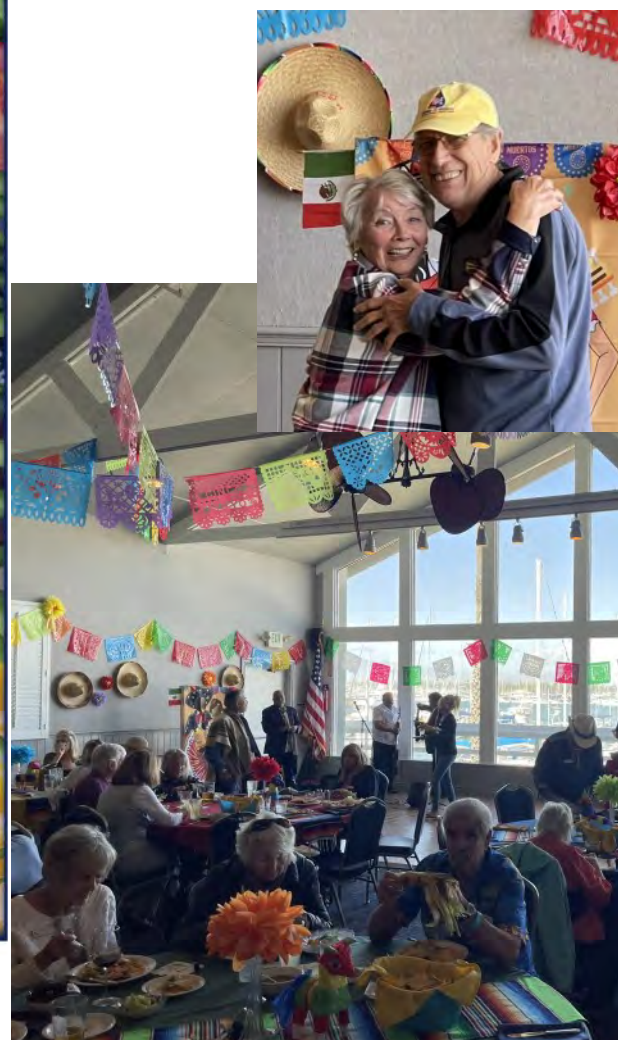
Saturday June 1st 7PM
Chef Lisa-Marie Medlen & Crew
Italian Extravaganza!

Prosecco with some fresh berries
 Antipasti-frittata, caponata, bruschetta, crostini
 Caprese salad served over arugula
 Osso Bucco served over gorgonzola polenta
 and broccolini
 Cannoli for dessert

\$35
RSVP

reservations.ciyc@roadrunner.com

DON'T MISS THIS!



MOTHER'S DAY



We are sad to announce the passing of Wendell Morrisset. Wendell passed away May 30, 2024 at the age of 98. He lived a long and very productive life. He passed peacefully in his sleep last night and we are awaiting word from his family for services.

Wendell joined CIYC April 22nd 1974 and was a Lifetime member. He was the most senior Staff Commodore, having served the Club as Commodore in 1977 with distinction. Wendell remained active in Club affairs almost to the end. He will be remembered fondly and his guidance will be missed.

This is a message from his daughter Cindy:

"Last night, I lost my father. He fought bravely until the end and passed away peacefully in his sleep. I will miss the man who taught me so much. He lived a long, full life, passing just 16 months before his 100th birthday. I am grateful for the time we had and that he is now with my mom in heaven. His legacy will continue through his family: three children, five grandchildren, and eight great-grandchildren. We will post an obituary soon."

Wendell Morrissett 10/1925 – 5/2024



For a male baby born in the US in 1925, the average life expectancy is 57.6 years. But some folks, as we know, are well "above average."

Wendell Morrissett, CIYC Commodore in 1977, is in that category. Wendell just turned 98 in October. Born in Lubbock, Texas, in 1925, over the years he's managed to outlive all his siblings, not to mention a host of CIYC members.

Wendell, who lives at the Ventura Townhouse, has a few secrets to share with the rest of us. It may be that the key to a long life is that cigar he smoked daily up until last October.

Or it may be that "Pink Squirrel" drink that remains his favorite today. (It's a shot of scotch with one ice cube that he and bartender Kami named.)

Or the happy 63-year marriage he shared with his wife Jeanne, who died in 2009.



Or it could be his successful career, including serving as a Marine Corps officer in World War Two, working as a bank president, then functioning as the righthand man to the late Oxnard developer, Martin V. "Bud" Smith, and, finally, working as a real estate broker in partnership with his wife. He also served as the president of the Oxnard Chamber of Commerce and was on the board of Channel Islands National Bank.

Whatever his secret, Wendell continues to enjoy each day. Up until his move to the Townhouse a year ago, he loved living in Mandalay Bay with his power boats (first, a 28-foot Luhr, then a 32-foot Luhr, and most recently, an electric boat) right outside at the dock. But he also loves his life at the Townhouse where he says hello to at least five people just going into the dining room. He also loves hearing from former yacht club buddies, his children, and grandchildren (he's got five grandchildren and eight great-grandchildren).

Daughter Cindy Daggett recalls, "He and my mother had second homes in Palm Desert and Kona, and visited both several months each year. They worked hard and relaxed just as hard. Dad loved reading books, boating, talking story (as they say in Hawaii), and playing golf." Together Wendell and Jeanne raised three children—John, Rick, and Cindy.

Wendell became a CIYC member in 1976. His second year with the club, he was sitting in the back of the room when a friend nominated him for the board. "It was," he explains with a chuckle, "a unanimous vote since no one else wanted the position." Soon after, a board member tracked him down at his boat dock, wanting him to run for Commodore. And so he became Commodore in 1977, never having attended a board meeting.

Continued next page



REPRINT MEMBER SPOTLIGHT, CURRENTS NOVEMBER. 2023 by Marsha Anderson

Wendell Morrisset, Past Commodore, is 98!

At the time, the club had no by-laws, so Wendell wrote them, and they are much the same today. There was only a month-to-month lease, so he negotiated an initial 25-year lease agreement with Channel Islands Marina, making physical improvements to the club more feasible. He presided over an active boating program that included predictive log activities for power boats.

Commodore Wendell facilitated the building of what is now the main dining room, expanding it from just the bar and fireplace room. When the members voted in favor of the expansion, he had to find a way to pay for it. As a banker, he developed a "vested member fee" of \$150 apiece to raise the \$86,000 needed. When his wife saw the new addition with its exposed rafters and 2x4s, she said it looked like a barn. So he organized a barn dance, complete with hay bales from a local farmer and a country and western band. "It was a great party!" he recalls. And the drywall work? He and another member did that every Sunday afternoon till the job was completed. Over the next five years they added railings and walkways, a dumbwaiter and steam table. Eventually, an elevator was added to make the club accessible to all.

"I was always there when they needed something done," he explains.

He enjoyed frequent CIYC cruises to Santa Cruz Island, one of which featured a picnic on the beach with a tablecloth and candelabra. He entered his boat in the Parade of Lights in 1974, 1975, and 1976 with a Peanuts (cartoon) theme and came in first place overall, and also took sweepstakes all three years.

Through the years Wendell served as Commodore, Director (three years) and Chaplain (six years), as well as Historian.

When he was Commodore, a club member acquired about ten bathtubs she proceeded to paint pink. Then the club raced each other, paddling to the sport fishing boat dock across the bay. There was also a memorable club outing in 1980 to Lake Powell, where CIYC members rented several houseboats for a week.

And so it is with a spirit of wonder that we extend these greetings to our own local miracle man and huge contributor to the CIYC we know today:





June 2024

Watch your email for changes and details

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 7 PM <i>Italian Extravaganza</i> Dinner by Crème
2 SUNDAY FUNDAY 1PM IN THE BAR 2-5 pm Open House	3	4	5 6:30 PM WED DINNER See Email	6 DJ TRIVIA & Bar Food	7 Happy Hours 5-7 pm Birthday Bash	8 No Dinner
9 SUNDAY FUNDAY 1PM IN THE BAR <i>Disabled Veterans Sail Day</i>	10	11	12 6:30 PM WED DINNER See Email	13 6:00pm CIWSA DJ TRIVIA & Bar Food	14 Happy Hours 5-7 pm <i>Ventura British Brass & Potluck</i>	15 7pm Islanders <i>Father's Day Dinner Social</i>
16 <i>Father's day</i> SUNDAY FUNDAY 1PM IN THE BAR 1-3pm <i>Father's Day E-Boat</i>	17 5pm Finance meeting	18 6:00pm <i>CIYC BOD</i>	19 5pm Islanders Board meeting 6:30 PM WED DINNER See Email	20 June Solstice DJ TRIVIA & Bar Food	21 Happy Hours 5-7 pm Lite Bites	22 Wild Bill Rig Race 7pm BEEFEATER Dinner
23 <i>Ladies Fishing Tournament</i> SUNDAY FUNDAY 1PM IN THE BAR Cruise	24	25	26 6:30pm Wed dinner Law Dogs	27 DJ TRIVIA & Bar Food	28 Happy Hours 5-7 Lite Bites 7pm <i>General Meeting nominating committee</i>	29 AdventureSail® Day
30 <i>Matthews - Wood Wedding</i>						

5/31/2024



July 2024

Watch your email for changes and details

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 NO Wed dinner	4th INDEPENDENCE DAY Holiday BBQ	5 Happy Hours 5-7 pm	6 Free fishing day In Harbor Fishing Tourney Dinner -Crème
7 SUNDAY FUNDAY 1PM IN THE BAR	8	9	10 6:30 PM WED DINNER See Email	11 DJ TRIVIA & Bar Food	12 Happy Hours 5-7 pm TGIF fish fry & Birthday Bash	13
Island Cruise						
14 SUNDAY FUNDAY 1PM IN THE BAR 1pm Dinghy Party	15 5pm Finance meeting	16 6:00pm CIYC BOD	17 6:30 PM WED DINNER See Email 5pm Islanders BOD mtg	18 DJ TRIVIA & Bar Food	19 Happy Hours 5-7 pm	20 Epicureans DINNER
21 SUNDAY FUNDAY 1PM IN THE BAR	22	23	24 6:30 PM WED DINNER See Email	25 DJ TRIVIA & Bar Food	26 Happy Hours 5-7 pm 7pm General Meeting	27 BEEFEATERS DINNER
28 SUNDAY FUNDAY 1PM IN THE BAR Celebration of Life Sulflow Family Charter Fishing Trip	29	30	31 6:30 PM WED DINNER See Email			

5/31/2024



HAPPY BIRTHDAY, DEBORAH!



HAPPY BIRTHDAY, MELINDA!



thomaswarden@att.net

Tel: (818) 710-8131
Fax: (818) 710-8130

THOMAS H. WARDEN
Attorney At Law



THOMAS H. WARDEN
Law Corporation

5850 CANOGA AVENUE
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HAPPY JUNE ANNIVERSARIES!

Danny & Melinda Irvin	Jun 04
Bill & Leslie Tuxhorn	Jun 04
Bill & Heidi Stok	Jun 05
Paul & Carol Rhonemus	Jun 07
Jon & Nga Lawson	Jun 26
John & Judi DeFusco	Jun 30
Dennis & Jane Van Daalwyk	Jun 30

HAPPY JUNE BIRTHDAYS!

Osborn, Tami	Jun 01	Stein, Larry	Jun 14
Sanchez, Megan	Jun 01	Harris, Petronela	Jun 17
DeFusco, Judi	Jun 05	Everts, Ann	Jun 18
Pearsall, Susan	Jun 05	Funch, Jim	Jun 18
Carlson, Bill	Jun 07	Healy, Christine	Jun 18
Greenup, Mike	Jun 07	Lipp, Penny	Jun 18
Haas, Tina	Jun 07	Berlin, Karen	Jun 23
Farrell, Mike	Jun 08	Nielsen, Connie	Jun 24
Hancock, Bridgett	Jun 10	Grubbs, Jim	Jun 25
Marois, Samantha	Jun 10	Taylor, Bob	Jun 25
Kessler, Holly	Jun 11	Fraser, Dennis	Jun 27
Laza, Frank	Jun 11	McCulley, Linda	Jun 27
Crier, Bill	Jun 14	Woolf, Sue	Jun 30
Simon, Carol	Jun 14		



FRIDAY JUNE 7 BIRTHDAY BASH

Birthday Shots & Drawing
 Watch for emails with details!



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Your Bridge and Board continue to endeavor to control costs so that our members can enjoy the benefits of Club membership at a reasonable cost. January 1, 2024, a 3.5% service charge was added to all payments made via credit card. Visa has reduced their charge to 3%, so we even though MC is still 4%, we reduced what we charge our patrons to flat 3% to coincide with Visa.

Please consider making Club payments via check or ACH transaction to avoid this charge.
Thank you for your help in keeping our Club's operations efficient.

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preceding the next publication month.

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Currents Editor Debbie Mitchell

(310) 804-2382

debbiem@companyv.com

Assistant Editors :

Frank & Sharon Sullivan

(805) 205-4073

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