

CIYC

Channel Islands Yacht Club
WWW.CIYC.COM



CURRENTS

Volume 66 | Issue 10
OCTOBER, 2026



LABOR DAY SUPPER CLUB BBQ



SEPTEMBER WAS AMAZING FROM BEGINNING TO END!



CI2MDR SEPT 19TH, 2026



2026 Commodore James Glass

September was a busy month at CIYC, and I thank everyone who came out and participated in our Special Meeting and General Meeting.

We started the evening with a Special Meeting to consider three proposed by-law changes. I'm happy to report that all three were approved by the membership. Thank you to everyone who reviewed the changes, attended the meeting, and participated in the vote.



Lisa Reaume



Stacy MacPhail

We also held our annual Board of Directors election. **Congratulations to our newly elected Board members for 2027 and 2028: Lisa Reaume, Stacy MacPhail, Robert Gilchrest, and Michael Federico.**

Thank you to everyone who was willing to serve the Club, and thank you to Frank Sullivan and our tellers for handling the election.



Robert Gilchrest Michael Federico



Another major topic was our kitchen air-conditioning project.

Anyone who has spent time cooking in our kitchen knows just how hot it can get. Our volunteer cooking crews put in a lot of hours preparing great meals for the membership, and we need to do what we can to support them.

I'm very happy to report that the membership approved moving forward with the installation of the new A/C system and ventilation improvements in the kitchen. We also raised a major portion of the project cost through donations that evening.

Thank you to everyone who voted to move forward with the project, and a very special thank you to everyone who donated. Your support will make a big difference for our volunteer cooks and everyone who spends time working in the kitchen.

I also have some great news to share. Our Club has been selected as the Best Yacht Club in Ventura County for the tenth year in a row!

What an accomplishment and something all of us should be proud of. Sincere thanks to every member who took the time to vote for CIYC and help us keep this tradition going.



We also recognized Michele and Mitch Loman as our October Members of the Month. Michele continues to do a great job running and improving our Ship's Store, and Mitch gives his time to the Law Dogs cooking crew and has entertained many of us with his after-dinner presentations. They both give a lot to CIYC, and this recognition is well deserved.



Next month is shaping up to be another amazing month at the Club.

Our Anniversary Dinner is October 17th. This semi-formal event is a great CIYC tradition, and once again our Past Commodores will be in the kitchen cooking for us. It should be a great evening, and I hope to see everyone there.

Also, don't forget that the election of the 2027 Bridge will take place at our **General Membership Meeting on October 23rd**. Please come down, participate, and be part of selecting the Bridge that will help guide CIYC into 2027.

As we head into the final few months of the year, there is still a lot happening around CIYC. Thank you to everyone who volunteers, cooks, serves on committees, attends our meetings, participates in events, and helps keep our Club moving forward!

CIYC works because of its members, and I appreciate everything you continue to do.



September has been another busy month at Channel Islands Yacht Club, and there is always something happening around the harbor! From racing on the water to volunteering for meals, there is so much to be proud of at CIYC.

Channel Islands to Marina del Rey Race

One of the highlights this month was the **Channel Islands to Marina del Rey Race** on September 18. It was wonderful to see our CIYC sailors heading down the coast for this challenging and fun race.



The fun actually started the night before, with a party featuring **Rico** (Michael Federico) spinning tunes and **racer rides by Dodie!** A huge thank you to **Dodie Duffy** and her team for making sure everyone got where they needed to go and adding plenty of fun to the evening. Those little moments—getting together before a race, sharing a ride, swapping stories, and laughing with fellow members and guests—are what make these weekends so special.

Events like this are about so much more than the competition. They bring sailors together, create friendships, and give us the opportunity to showcase the spirit of our club.

A huge thank you to everyone who participated, volunteered, and helped make the race a success. As we all know, it takes a lot of people behind the scenes to make these events happen, and CIYC is fortunate to have so many members willing to lend a hand.



Sail Like Jane—If you haven't stopped by the **Ship's Store** lately, be sure to check out our new **Sail Like Jane** shirts.

This shirt has a very special meaning for our club. **Sail Like Jane** honors **Captain Jane Thomas** and all that she did for the sailing community, especially for women in sailing.

Jane was a tremendous advocate for getting women on the water, encouraging them to take the helm, build their confidence, and become leaders in the sailing community. Her impact can be seen in the many women she inspired and encouraged through the years.

Wearing a **Sail Like Jane** shirt is more than just showing your CIYC spirit—it's a way to celebrate Jane's legacy and the doors she helped open for so many women.

Lady at the Helm – October 31

And what better way to celebrate Jane's legacy than with the **Lady at the Helm Race** on **October 31**. It will be held as the **Captain Jane Thomas Memorial Race**.

This is a very special event for our club and an opportunity to honor Jane by doing what she loved—getting women on the water and encouraging them to take the helm.

I hope to see lots of **Sail Like Jane** shirts around the club that day!

As we head into the fall, I continue to be incredibly proud of the energy, generosity, and spirit of our CIYC members. Our club is special because of the people who volunteer, participate, support one another, and carry forward the traditions—and the people—who have helped make CIYC what it is today.





2026 Rear Commodore Tom Resler

Wow, **September flew by us** with so many wonderful events and opportunities to be with our **CIYC family** here at the club! It has been an absolute joy seeing our community come together so vibrantly over the past month.

Thanks to our dedicated volunteer crews, we enjoyed a fantastic lineup of events—from delicious dinners and BBQs to exciting sailing races, our **Birthday Bash**, **Line Dancing**, and the **2027 Bridge Elections**.

Thank you to everyone who stepped up, volunteered, and came out to support these activities.

As I look ahead at the **October calendar**, I can only think of how quickly this year will run through December and straight into **2027**. Our calendar is absolutely full of fantastic upcoming events through the end of the year.

Some of this wonderful energy is beautifully spurred on by the **kickoff of Football Season**, giving us all a perfect opportunity to come into the club, share a meal, and root for our favorite teams together. Whether you are wearing your team's jersey in the lounge or enjoying a quiet sunset on the deck, the clubhouse is the place to be.

Here is what to look forward to in **OCTOBER:**

October Calendar

Saturday 10/3 Katie Love Comedy Show
& Dinner by Lisa Medlen and Crème

Wednesday 10/7 Dinner by Diane Sabol

Saturday 10/10 Epicurean Dinner

Wednesday 10/14 Dinner by Marsha Anderson and
Michelle Dilldine, with Guest Speaker

Saturday 10/17 CIYC 66th Anniversary Dinner by our
past Commodores

Wednesday 10/21 The Nolan Sisters and Crew
for a Breast Cancer Month dinner

Saturday 10/24 Beefeaters

Wednesday 10/28 John Canavan preparing Canadian
Cottage Pie

Saturday 10/31 Halloween Social - Costumes are
encouraged!

PLEASE RSVP EARLY rsvp@ciyc.com

A special thank you to all who helped and supported
this club in October:

If you see these wonderful members around the club,
please take a moment to say Thank You for everything
they do:

Pat and Judy Campea, Dodie Duffy, Frank and Sharon
Sullivan, Bob Taylor, Cary Verstynen, Lisa Medlen,
Alexa Garfunkel, Phil and Stacy Mac Phail, James and
Katrina Glass, Dan Estabrook, Deborah Tyhurst, Kat
and Sherry Nolan, George and Evelina Arglen, Kat
Stolkin, Diane Sabol, Sue Woolf, Maureen Fletcher,
Christy Dickey, George Hornberger, Lisa Reaume,
Chuck Grethel and Joe Omweg.

(We know so many hands make light work—if we
missed anyone who helped out this month, please
know your efforts are deeply appreciated!)

In addition to a great month of events, we have some
historic news to celebrate: Thanks to the incredible
generosity of our members, **air conditioning for our
kitchen crews has been officially approved!**

This improvement has been talked about for over five
years, and it is thrilling to see it finally coming to
fruition. What makes it even more amazing is how
quickly the club rallied together, raising the necessary
funds in just 20 minutes!

Our cooks pour so much love into every meal they
create in that kitchen. Bringing AC to their workspace is
our way of giving back to them and ensuring they can
cook comfortably well into the future. Thank you to
everyone who contributed to making this happen so
quickly!

Thank you again for your support and enthusiasm.

Together, we are making 2026 a year to remember.

Tom Resler Rear Commodore, 2026



VOLUNTEER



Anglers' Corner

By Frank Sullivan



Anglers' Club Report

Channel Islands WSB Grow-out Facility Update:

We are now expecting delivery of about 7,000 juvenile White Seabass Oct 19th and 20th. Ocean Resources Enhancement Hatchery (OREHP) had reported that the fish are growing faster than previous cohorts so they moved up the delivery time. After that, Hubbs reported that they are having a hard time getting the fish cleared by the pathologist; so they pushed the delivery to Oct 19th and 20th.

Local Fishing:

2026 Results for the Channel Islands, Billfish tournament



3 Day Division: 34 total releases

1. Magic - 20
2. Legacy - 8
3. Reel Tenacious - 6 (1 dorado)

5 Day Division: 114 total releases

1. Frostbite - 37
2. Katie Lewis - 21
3. Skol - 16 (2 dorado)
4. Dawn Patrol - 11 (1 dorado)
5. Ranchero - 10
6. Bad Habit - 9
7. Bofus III - 7
8. Sitra - 2
9. Shenanigans - 1



Most fish in a single day: Magic - 9 on day 3

Total marlin releases - 148!

Big Fish of the Month for September:

Kevin Brannon caught a 20-lb. Yellowtail off Port Hueneme near the wreck of the *La Jenelle*. So far, Kevin has has the Big Fish Award.

As a side note: The *La Jenelle* was a cruise ship which ran aground on Silver Strand Beach, Port Hueneme, after breaking free of its anchorage during a gale in April, 1970. The US Navy utilized the remaining hull (after removing the ship's superstructure) for the north side of the Port Hueneme breakwater.

CIYC Anglers and CCA-Ci Joint Meeting:

Delivery of juvenile WSB Oct 19th and 20th.

Future fishing charters for CIYC Anglers.

Presentation on reefing efforts by CCA, and the state's efforts to expand more NO FISHING areas.

<https://ccacalifornia.org/mpas/>

Anglers' Upcoming Events in 2026 :

October 5th CIYC Anglers and CCA-Ci joint meeting at 6pm

Oct.16-18 [Tuna Invitational](#)

Nov 7th Anglers 'Awards Dinner



Kevin Brannon caught a 20-lb. Yellowtail



OCTOBER 16-18

START FISHING
12PM
10/16 (FRIDAY)

WEIGH IN
3:00PM
10/18 (SUNDAY)
DON'T BE LATE!

@ the Wharf Hoist
located at
Marine Emporium Landing

**BIG FISH. BIG PRIZES. BIG WEEKEND.
FOR SUNTEX MARINAS BOATERS.**

TOURNAMENT RULES

- 1 **October 16-18**
 - Start Fishing 12pm 10/16 (Friday)
 - Weigh in 3:00pm 10/18 (Sunday - don't be late!)
 - @ the Wharf Hoist located at Marine Emporium Landing
- 2 **Largest Tuna wins**
 - Prizes for 1st, 2nd, & 3rd place
 - Raffle prize winners will be drawn at weigh in (must be present to win)
- 3 **\$50 per angler entry (Cash only)**
100% of entry fees are paid to Winners
- 4 **Sign up at:**
MEL, Portside, Kinship, PYM, Seaside, Vintage, CIHM
- 5 **Slip Holders at the following marinas are invited:**
MEL, Portside, Kinship, PYM, Seaside, Bahia, Westport, Vintage, CIHM
 - Slip Holders at those marinas can invite "guests" from other marinas to participate
- 6 **All paid anglers get a tournament T-shirt**
(get size on sign-up sheet) & a Raffle ticket
- 7 **Food and beverages will be provided at weigh in**
- 8 **Additional raffle tickets can be purchased**
for \$5 or 3 for \$10 (at weigh in)

PRIZES



SUNTEX MARINAS BOATERS ONLY

MEL | PORTSIDE | KINSHIP | PYM

SEASIDE | BAHIA | WESTPORT | VINTAGE | CIHM

SIGN UP TODAY!



SCAN HERE
TO SIGN UP!



THANK YOU FOR BEING PART OF THE SUNTEX MARINAS COMMUNITY!

**Rules Subject to Change*





Ventura County Considering Updating Short-Term Rental Policies for Coastal Areas

On Wednesday, September 23, Supervisor of District 5, Vianey Lopez, and the Resource Management Agency for the County of Ventura held a meeting for those living in unincorporated areas of Silver Strand and Hollywood Beach regarding **Temporary Rental Units (TRU)**, also known as **Short Term Rentals (STR)**. This meeting was a follow-up to residents' concerns regarding the County's current regulations on TRUs.

Unlike the cities of Oxnard, Ventura, and Port Hueneme, Ventura County, for example, does not place caps on the number of TRUs in an area; there is no limitation on density, no limitations on number of TRUs per owner/operator, no limit on number of rental days, no posting of permit expiration date required, no shielding of complainant's name, and owner/operator is relied on to self-report any complaints he receives. What this means is that a homeowner who lives in the area could be completely surrounded by TRUs operating 365 days a year.

Oxnard, in comparison, caps STRs to 5% of total homes in the city and 10% for beachfront homes. It requires STRs to be a minimum of 200 feet apart. STR annual rental days are capped at 100 vs 365. Owners/managers of STRs must live within 30 miles vs 40 miles. Complaints are submitted to a third party to shield complainant and ensure complaints are filed.

The community is asking for the same standard regulations as the City of Oxnard; they have been approved by the Coastal Commission which would make the approval process easier and quicker.

In the meantime, the County is considering steps that could be taken within the current regulations that could resolve some of the issues, like requiring permitted TRUs to display their permit's expiration date.

Next step is to have the County consider mirroring the regulations that all surrounding cities have in place.

Current statistics as presented by the County are as follows:

- In Ventura County there are 174 permitted TRUs operating.
- 162 are in the coastal zone
- 74 are in Silver Strand
- 48 are in Hollywood Beach (however, there are some in permitting process or have recently been permitted, bringing this number up to 68)

There will be a meeting on infrastructure on October 15 at 5pm, location TBD. Some of the issues to be covered are: street sweeping, drainage, flooding, and SCE power.

UPCOMING EVENTS IN CHANNEL ISLANDS HARBOR: <https://www.channelislandsharbor.org/events/>



2026 Ponies by the Sea Car Show at Channel Islands Harbor

October 11 @ 10:00 am - 3:00 pm



2026 Tuna Invitational Presented by Suntex Marinas

October 16 -October 18



2nd Annual Pumpkin Paddle

October 24 @ 10:00 am - 12:00 pm



Real Life Experiment on Me - Risking my Health

In the adult US population 40% are insulin resistant, 30% pre-diabetic, and 12% diabetic.

I bought a continuous glucose monitoring device (CGM) for about \$50. It is easy to self affix to the back of your upper arm and link to your cellphone. After downloading a Lingo app, answering questions, and creating a password, I was done. The monitor is good for 14 days.

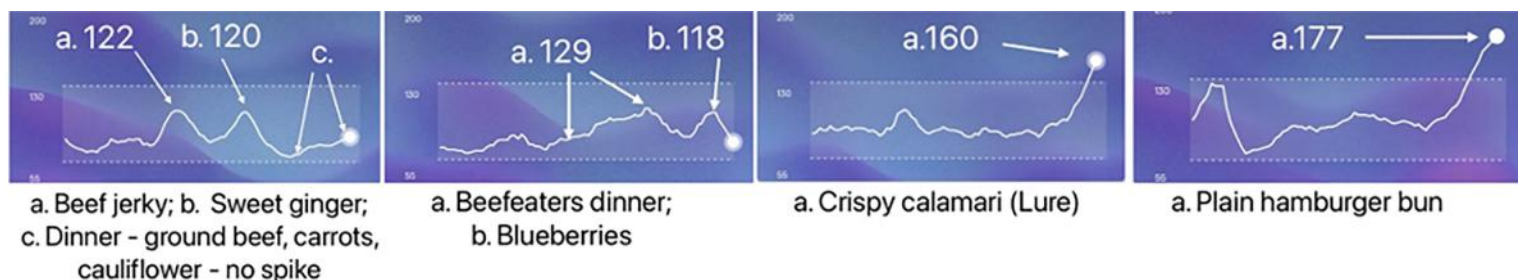
Normal **fasting** blood glucose is 70-99 mg/dL, among pre-diabetics 100-125, and among diabetics 126 and above. I planned to experiment on myself to see which foods to avoid and which were beneficial.

No spike over 100: Blackberries, eggs, sardines, tuna, fish stew, meatballs, ground beef, chicken, cottage cheese, walnuts, Allulose, 2R potato starch.

Spike over 100 but less than 145: Tiramisu, ice cream, blueberries, cantaloupe, moderate exercise, sweetened beef jerky, sweetened ginger, driving, "dawn phenomenon," stress, beer.

Spikes over 145: Smash burger (148), crispy calamari (160), hamburger bun (177).
The safe zone, according to the instructions, is in the dotted area. Above 145 is unhealthy.

A **glucose/ketone** monitor is available for people with diabetes, but only with a prescription. They may develop ketogenic acidosis, which is a serious condition requiring immediate medical attention. Other continuing monitors in development are: **lactate, cortisol, uric acid, alcohol, creatinine, urea, ammonia, electrolytes, and drugs.**



What I learned is that a plain burger bun can spike glucose into the unhealthy range. Moderate exercise can spike glucose - probably because of a sudden rise in cortisol. I ate every morsel of the **Beefeaters'** dinner, ice cream and all, and was still within the normal range (**good job, Phil**). Blueberries also spiked glucose. Blackberries never did. Driving to recycling spiked my fasting glucose to 111. Good thing I wasn't driving to have my blood test done.

Should you try one? Well, it could be quite enlightening. Knowing your fasting glucose. Seeing your glucose rise to over 145 mg/dl could change your dietary attitudes. If your triglycerides are high, and you had a breakfast of oatmeal with grapes, a banana, and o j, you might be surprised at how high your glucose may spike.

Even having too many spikes after eating during a day, though in the "normal" zone, may be harmful. Many daily spikes over 145 are really bad. It is also important to see how fast glucose drops. Lingering at high levels indicates insulin resistance. Your vessel linings will suffer.

Only one teaspoon of glucose can normally circulate in our 5 liters of blood. If you're insulin resistant, more than a teaspoon causes your liver to convert glucose (and fructose) to triglycerides (fat). One does not get fat by eating fat, but by eating sugar. Who knew?





Why was it considered good luck to put a silver dollar under the mast before launching?

Placing a silver coin under the mast step of a vessel before launching is an ancient maritime tradition rooted in mythology, practical protection, and symbolism.

Payment for Charon (The Underworld Ferryman)

Setup traced back to ancient Greece and Rome. According to myth, the souls of the deceased needed a coin (an obol) to pay Charon to ferry them across the River Styx to the afterlife. If a ship sank and lost all its crew at sea, the coin under the mast guaranteed the sailors had passage money, ensuring their souls wouldn't be stranded for eternity.

An Offering to Poseidon / Neptune

Placing valuable metals into the keel or mast step served as a sacrifice or tribute to the gods of the sea. Sailors believed that honoring the sea god early would grant the ship safe passage, protection from storms, and fair winds.

Symbolic "Insurance" and Prosperity

Silver historically represented purity, fortune, and security. Silver coins placed during construction were meant to ensure the commercial success of the ship, protect the hull from marine decay, and ward off bad luck or evil spirits on the open water. The tradition lives on today: during the "keel laying" or "mast stepping" of modern naval vessels and private yachts, shipbuilders still place newly minted silver coins beneath the mast step for luck and tradition.

But where does the silver dollar go for powerboats?

For powerboats and motor vessels that lack a mast, the ancient maritime tradition of the coin ceremony continues by adapting to the boat's design. Instead of a mast step, the silver dollar or lucky coin is typically placed in one of the following locations:

- ♦ **Beneath the Radar Mast or Antenna Tower:** On modern commercial vessels, mega-yachts, and cruise ships, the coin is most frequently welded directly beneath the radar mast or electronics arch. This effectively substitutes the traditional sailing mast with the modern "mast" used for navigation equipment.
- ♦ **Under the Engine Mounts:** In smaller recreational powerboats, some builders or owners choose to place the coin under one of the main engine blocks or stringers before the motor is dropped in, anchoring the good luck to the vessel's literal power source.
- ♦ **Under the Helm Station:** Another popular modern location is hiding the coin securely within or beneath the console of the steering station, which serves as the command center of the powerboat.

Ultimately, whether it is put into the bilge or welded to a radar arch, the core sentiment remains unchanged since ancient Greek and Roman times: Ensuring a token of good fortune travels at the heart of the ship.

Garry
docsails@gmail.com



CHANNEL ISLANDS
— YACHT CLUB —

CIYC Dinner & Comedy Show

SATURDAY, OCTOBER 3RD AT 7PM!

\$40



Katie Love

CIYC Member, Katie Love has more than 20 years of experience on comedy stages including the Hollywood Improv, The Comedy Store, and Laugh Factory. She is the author of the memoir, *Two Tickets to Paradise*, from *Cult to Comedy*, now in development as a TV Series, and the winner of the National Indie Excellence Award for Humor.

WriteLaughLove.com

*Chef Lisa Medlen
presents:*

Garden Salad

Baked Chicken

Bratwurst

German Potatoes

Vegetable Medley

Assorted Desserts



Brenda Pontiff

Brenda Pontiff is a highly unique standup comic with a passion for bringing diverse audiences together. A Texas native turned Californian; she brings intelligent, edgy fun to the stage. Adult – smart but never gratuitously blue. Catch Brenda at all the Hollywood venues!

BrendaPontiff.com

RSVP@CIYC.COM

JOIN US FOR A DELIGHTFUL DINNER

WED. OCT. 7TH

... • By Diane Sabol • ...

MENU

Meatloaf Muffins,
Biscuits

Twice baked potatoes

Fresh green beans

Banana pudding for desert.

DINNER AT 6:30

\$17

RSVP@CIYC.COM



Epicurean Dinner

Presented by Joyce Sheridan and Evelina Arglen

Saturday, October 10, 2026

Bar Opens at 5:00P - Dinner Served at 7:00P

SURF & TURF MENU

FRESH SALAD TOPPED WITH A CRAB CAKE

CHICKEN FRIED STEAK WITH A MUSHROOM SAUCE

HERB INFUSED POTATOES

ASPARAGUS

APPLE CRISP

\$25

RSVP EARLY

RSVP

rsvp@ciyc.com

WELCOME ELECTRIC BOAT GAME BY FRANK & GAYLE LAZA

Join In For a Fun Day On The Water
Sunday Oct 11th from 12:30-3:30pm

WELCOME

Captains pick up game instructions
from Lazas at CIYC Bar at 12:30pm
Be back at CIYC 3:30pm Sharp
and Find Out Who Won!

If you have a boat, invite members & friends.

If you don't have a boat ask around
at the club to find someone who does!

This is a FREE event ~ no reservations required.

REMEMBER

All guests at the club must be signed in,
under a member and wear
a guest badge at all times!

Guests on boats are encouraged to
bring snacks & drinks to share.

If you have room
on your boat,
there will be a
sign-up sheet
at the bar
for people looking
for a ride.



CHANNEL ISLANDS
HARBOR,
OXNARD, CA

Wednesday, October 14, 6:30 p.m.

From the Great Pacific Northwest
...a dinner to chase away the (coming) rain of an El Nino year!

With a recipe from the Menucha Retreat Center on the Columbia River near Portland, prepare to be delighted with a heart-warming casserole that's become a real institution there.

THE MENU

Chicken, broccoli, mushrooms and water chestnuts combined with cheese, mayo and mushroom soup, spread over a bed of long grain and wild rice and spiced with a little curry powder and mustard.

(A vegetarian option is available if requested by the prior Monday.)

A salad of romaine, cranberries, nuts, celery and feta, with a raspberry vinaigrette dressing.

Brownies and ice cream for dessert.

IT'S A MEAL TO DIE FOR!

Brought to you by Michelle Dildine, Judy Kay, Marsha Anderson
Linda Greenup, Kip Hirschbach, Reneau Oglesby, and Bob Deyling.

Which brings us to our program for the evening,
an informative discussion from
Livingston Memorial Visiting Nurse Association
about what to know about hospice care, end-of-life options,
documents you may want to file with your will and trust,
and hospice volunteer opportunities.



ALL THIS FOR \$17
RSVP@CIYC.COM

Cooking for 60, so get your reservation in early!



It has been a busy and mixed year for CIYC's racers, with some successes, some failures, and a lot of learning taking place in the process.

Among both RAM and Regular Members racing under the CIYC burgee, there are a few standouts that warrant some special acknowledgment:

--The RAM program continues to draw fresh racing blood into the club's fold. CIYC has added to its RAMS roster in 2026 which now sits at 44 active racers.

One of its newest and youngest RAMs, Lauren Young, is skippering CIYC's J 24 *Tiny Dancer* and is continually moving up in finishing places with her all RAM crew! The rest of the area racing fleet is beginning to ask, "Who are those guys?"

--RAM member Mike Geer and his Hobie 33 *Sliver* has delivered to the club some of its most adventurous racing--but of course "adventure" is often not so fun while you are having it. Besides all the local races Mike has sailed, Mike raced *Sliver* on the third leg of the California Offshore Race Week, called the "So Cal 300." Mike and crew sailed almost 300 miles from Santa Barbara Harbor, around Santa Cruz Island, to a virtual waypoint 125 miles offshore, then into San Diego, and placed 12th out of 21 boats entered.

Unfortunately during the last leg of that race, while braving sustained winds of 25 kts with higher gusts in between, *Sliver's* rudder was bent--No Bueno! *Sliver* remains on the "injured reserve list" and will hopefully be back soon.

--RAM member Steve Aronson has brought a pretty feather to the CIYC racing cap--having been whacked by what he called a "stupid stick," Steve purchased and is now racing *Kanaloa*--his very "go fast" 2015 J 111 that he rescued from the frigid waters of Green Bay, Wisconsin.

Kanaloa--with her crew still learning the boat--took first place in the 2026 Wild Bill Rig Race and has gone on to rack up a few more "better than last place finishes" (good news for a new boat and untried crew), including a 5th out of 8 boats in its class in the recent Channel Islands to Marina Del Rey Race--but, even better than that, in that race *Kanaloa* finished 2nd among the other 4 J 111s in that class--all of which were carrying much larger asymmetrical spinnakers and years of accumulated local knowledge and experienced crews--beating all but one boat for boat. That is amazing!

--Our PRO Bill Brayton--when he isn't organizing and running races--has also been a steady presence on the water, racing his J 24 *Mad Dog* to several top three finishes in local races and Wet Wednesdays and taking a highly coveted first place in his class in his own namesake Wild Bill Rig Race--Bill has tirelessly promoted and supported CIYC's racing program and graciously stepped up this year to fill the very large shoes of Jane Thomas, so when you see Bill around the club be sure to give him a thank you and a pat on the back for a job well done.

--Eric Taylor's *Rampant II* has also been actively representing CIYC in this season's Wet Wednesdays and area races--*Rampant II* may not be bringing home the gold but they are having a lot of golden moments out there, and that's what it is really all about.

--Seriously, there is really so much CIYC racing activity and news that it would take too long to get it all out there, so just a few more mentions:

--Many CIYC racers offered their boats to support the 2026 Disabled Veterans Sail Day to which Bill Brayton continues to give his all in promoting and organizing. This yearly event really places CIYC on the So Cal sailing community map.

--Three of our RAMS, Eugene Peck, Roxanne Vettese, and Chuck Grethel, have been serving as flag officers: Eugene as Port Captain, Roxanne as Chaplain, and Chuck Grethel as House Captain.

--Many of our young RAMS, including Lauren Young and Emma Andrade, have been eager volunteers at Opening Day, The Talent Show, the Disabled Veterans Sail Day and have taken on decoration duties for the club's Christmas Parade of Lights entry. RAMS have also jumped in as servers and cooks for both Wednesday and Saturday dinners!

--RAM Ken Foraker continues to offer his inexhaustible skills in the maintenance and crew training for the Club's J 24s--which are an invaluable resource for helping to get boatless racers and potential racers out on the water and representing CIYC--no other club in the area has such a program. In addition to all his maintenance work, Ken has been racing CIYC's J 24 *Critter*. Thanks for your attention to this report--when you see a RAM or a regular member racer, be sure to thank them for braving all kinds of wind, weather, and other hazards, both natural and financial, to keep racing alive at CIYC.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 6:30 pm DJ Trivia Bar food	2 Sukkot Ends Happy Hours 5-7 pm Birthday Bash potluck	3 7pm Crème dinner and Katie Love Comedy show
4 1pm Bar opens	5 5pm Bar open for Monday Night Football-Potluck 6pm Anglers Club & CCA meeting	6	7 6:30pm Wed dinner By Diane Sabol	8 6 pm CIWSA meeting 6:30 pm DJ Trivia Bar food	9 Happy Hours 5-7 pm Lite Bites	10 7pm Epicureans
11 1pm Bar opens Boat Game for Prizes 1pm-3pm	12 5pm Bar open for Monday Night Football-Potluck	13	14 6:30pm Wed dinner	15 6:30 pm DJ Trivia Bar food	16 Happy Hours 5-7 pm Lite Bites Karaoke	17 7pm CIYC 66th Anniversary Dinner by the Past Commodores
18 1pm Bar opens Caregivers Sailathon	19 5pm Bar open for Monday Night Football -Potluck 5pm finance	20 6:00pm CIYC BOD	21 5 pm Islanders' BOD meeting 6:30pm Wed dinner	22 6:30 pm DJ Trivia Bar food	23 Happy Hours 5-7 pm Lite Bites General meeting – Election of Bridge	24 3pm Prade of Frights 7pm BeefEaters
25 1pm Bar opens	26 5pm Bar open for Monday Night Football-Potluck	27	28 6:30pm Wed dinner	29	30 Happy Hours 5-7 pm Lite Bites	31 HALLOWEEN Lady at the Helm Race 3pm Bar open (4pm Post-race Hospitality) 7pm Halloween Social



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Daylight saving ends 1pm Bar opens	2 5pm Bar open for Monday Night Football-Potluck	3 Room Rental Russel C.O.L.	4 6:30pm Wed dinner Social mixer Wheel of Fortune	5 6:30 pm DJ Trivia Bar food	6 Happy Hours 5-7 pm Birthday Bash potluck	7 Anglers' Awards Dinner
8 1pm Bar opens 11am Calendar meeting	9 5pm Bar open for Monday Night Football-Potluck	10	11 VETERANS' DAY 6:30pm Wed dinner	12 6 pm CIWSA meeting 6:30 pm DJ Trivia Bar food	13 Happy Hours 5-7 pm Lite Bites	14 Shipshape 7pm BeefEater
15 1pm Bar opens 2-5pm Open House	16 5pm Bar open for Monday Night Football -Potluck 5pm finance	17 6:00pm CIYC BOD	18 5 pm Islanders' BOD meeting 6:30pm Wed dinner	19 6:30 pm DJ Trivia Bar food	20 Happy Hours 5-7 pm Lite Bites Karaoke	21 CIYC Awards Dinner by Epicureans
22 1pm Bar opens	23 5pm Bar open for Monday Night Football-Potluck	24	25 NO DINNER	26 THANKSGIVING 3pm Potluck Dinner	27 Decorate for Christmas Happy Hours 5-7 pm	28 Decorate for Christmas
29 1pm Bar opens Decorate for Christmas	30 5pm Bar open for Monday Night Football-Potluck					

CI2MdR Sept 18-19, 2026

Friday, September 18th: Pre-Race Party!

Happy Hour, Steak Dinner, music by "DJ Rico," and "Racer Rides" 🚤 ⚓ 💜

CIYC's Jane Thomas, together with CIYC Staff Commodore Tom Warden & Rick Ruskin of Del Ray Yacht Club, brought this race back in 2021. From 2022-2025 Jane Thomas & DRYC's Brendon Huffman organized the race. This year, CIYC's Bill Brayton & Vice Commodore Stacy Mac Phail, joined by many others at CIYC (trying to fill Jane's shoes), along with DRYC's Brendan Huffman & Harlan Holmes, organized this race.

Big Thanks to the "Racer Rides" volunteers! They included: Melinda & Danny Irvin on their beautiful Duffy-18 "Attitudes," (at least 12 rides, including 2 mini harbor cruises!!! BRAVO!)Kat III (Stolkin) - as well as driving - accepted the monumental task of corralling all visiting racers to fill out a nametag (who better "dutied" for this job!), our Bee-u-tee-ful new member Kay Tierney, Keith Moore in his 7-pax van (life-saver), my husband Shawn Duffy, and Gabe Soumakian for trusting me to do Racer Rides on his golf cart. Thank you to Reneau Oglesby who picked up the Subway sandwiches and delivered to CIYC Sat am. This would have been Jim Grubbs' 3rd year on his e-boat, but she got hauled out for bottom paint Friday a.m. Thanks for offering, though! We didn't use John Rome and Eric Taylor, but a big TY to them for offering to do Racer Rides even though they were both racing.



This is my 5th year doing "Racer Rides" and my 4th year organizing them. These two days are my very favorite days in

the entire year at our Club.

Love this race and these racers!

Michele Loman, acquirer extraordinaire of CIYC's Ship's Store, along with the *Wailani* racers, debuted a one-of-a-kind shirt honoring our beloved Capt. Jane Thomas a month before the first Lady at the Helm race with name change to "Captain Jane Thomas Memorial Lady at the Helm." The race will be held Oct 31, 2026. This shirt is available for purchase from our Ship's Store. This is a limited run, so get one before they're sold out.



Capt. Jane wanted CI2MdR to cater to the racers, particularly the visiting racers, to make sure ALL had the best time possible and to make this race, THE RACE to be racing in! I believe we followed her wishes and succeeded! Jane is truly smiling down on a job well done! You are unbelievably missed. "Fair Winds and Following Seas - O Captain, My Captain."



Note: 37 registered racers, 32 visiting, 5 local.
1 withdrew, 2 DNF, 2 RET, 32 finished.

RACE RESULTS on the
[Regatta Network CI2MdR Page](#)





The Channel Islands to Marina del Rey (CI2MdR) Race is a 45-mile downwind spinnaker race from Oxnard to Marina del Rey that took place Saturday, September 19, 2026.

Race Details

Course: 45 miles running down the Southern California coast from Channel Islands Harbor in Oxnard, passing Point Dume and Malibu, and finishing before sunset in Marina del Rey.

Organizers: Co-hosted by the [Del Rey Yacht Club](#) (DRYC) and the [Channel Islands Yacht Club](#) (CIYC).

Events & Schedule

Friday Evening: Pre-race happy hour and steak dinner at Channel Islands Yacht Club.

Saturday Morning: 8 am Pre-race breakfast

8 am at Channel Islands Yacht Club before the start.

Saturday Evening: Tiki-themed post-race party, dinner, and awards presentation at Del Rey Yacht Club.





SATURDAY, OCT 31ST

7 PM

THE WITCHES OF CIYC PRESENT

HALLOWEEN

©HAPPY HALLOWEEN PARTY©TRICK OR TREAT©

Bountiful Bloody Beet Salad
Beef and Soy Chorizo Chili
served in a Bell Pepper Pumpkin
on top of a
Seasoned Black Bean Graveyard
And for dessert
Kat and Sherry's Frightening
Witch's fingers Cookies
with amazing Night of the Dead
decorated cakes

\$30

RSVP @ CIYC.COM

**COSTUMES
ENCOURAGED**

**HAPPY BIRTHDAY
COMMODORE JAMES!**

SAVE THESE OCTOBER DATES!

PLEASE RSVP EARLY
so cooks can shop and prep!

Send email to: rsvp@ciyc.com

Include day, date and number of reservations

Saturday 10/3 Katie love Comedy Show
& Dinner by Lisa Medlen and Crème

Wednesday 10/7 Dinner by Diane Sabol

Saturday 10/10 Epicurean Dinner

Wednesday 10/14 Dinner by Marsha Anderson
and Michelle Dilldine, with Guest Speaker

Saturday 10/17 CIYC 66th Anniversary
Dinner by our past Commodores

Wednesday 10/21 The Nolan Sisters and Crew
for a Breast Cancer Month dinner

Saturday 10/24 Beefeaters

Wednesday 10/28 John Canavan preparing
Canadian Cottage Pie

Saturday 10/31 Halloween Social - Costumes
are encouraged!

PLEASE RSVP EARLY rsvp@ciyc.com

REMINDER

All dinner reservations, must be
made through RSVP@ciyc.com.

You will get an email confirmation.
We do not accept dinner reservations by
text message or phone call.

**Dinners are not payable
at the bar.**

**But TIPS are
ALWAYS WELCOME**

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RSVP EARLY

Or you might miss
another amazing
dinner



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Dispose of Your Expired or Unwanted Marine Flares Safely & Responsibly!

Single-use marine flares contain hazardous chemicals that pose risks to human health and the environment. Special collection events for unwanted flares are being held across California.

Open ONLY to recreational boaters who live in or berth their boat in the covered participating areas. Proof of residence or slip fee is required. No commercial flares or other hazardous waste will be accepted!

Saturday, October 24th, 2026

Orange County

7 AM to 1 PM

Sunset Aquatic Marina

2901 Edinger Ave., Huntington Beach, CA 92649

San Diego County

8 AM to 12 PM

Shelter Island Boat Ramp

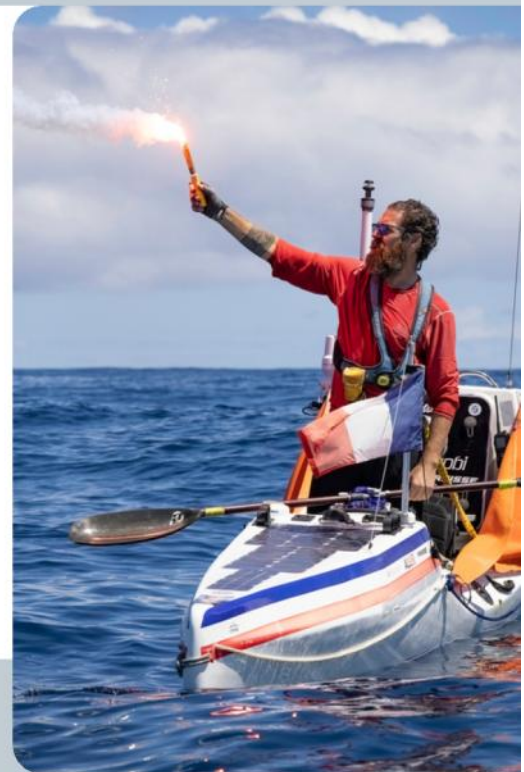
2210 Shelter Island Dr., San Diego, CA 92106

Ventura County

11 AM to 3 PM

Channel Islands Harbor Marina

3850 Harbor Blvd., Oxnard, CA 93035



"Before heading out to paddle or sail, I always check that my marine flares are up to date and in good condition. If they're expired or unused, I take them to a free collection event every fall. You can do the same! Safe disposal of marine flares is part of being a good mariner."

Cyril Derreumaux, extreme Kayaker, three-time Guinness World Records for having crossed the Pacific and the Atlantic solo by kayak.



"Marine flares are a critical part of boating safety. Their proper disposal is restricted and extremely expensive, as they must be transported as explosives. I want to encourage all boaters to participate in these free collection events. Don't miss this chance to stay safe & help protect our waterways!"

Marie Rogers, California Recreational Boater Certified Sailing Instructor, Competitor in Major Regattas like the Transpac.





SAILATHON 2026

The Ugly Fish Returns! All Watercraft Welcome!

Sunday, October 18, 2026

8:00 am Check in and Registration at the Caregivers' Office

10:00 am Paddle Parade starts at Ventura Harbor

12:00 pm Sailing Begins at the end of Ventura Pier

Join us at MadeWest Brewing Co. for an excellent view of the Pier Course

Participants

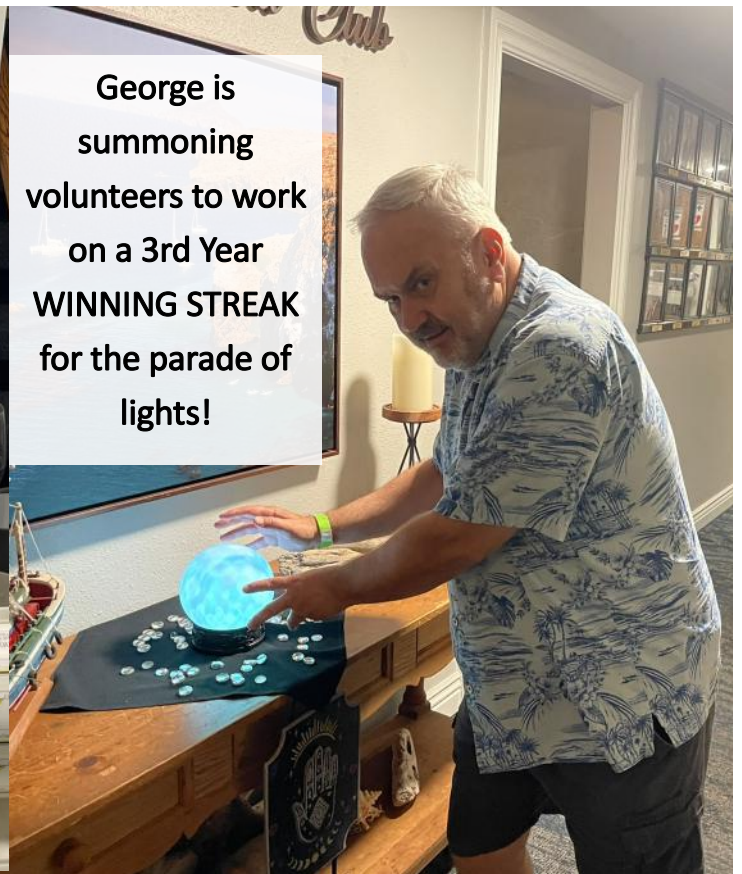
4:00 – 6:00 pm Reception at Channel Islands Yacht Club

Food provided by volunteers in the Chili and Chowder Cook Off

[CLICK FOR INFORMATION](#)



George is summoning volunteers to work on a 3rd Year WINNING STREAK for the parade of lights!



BIRTHDAY & ANNIVERSARY BASH



OCTOBER 2nd, 2026



Did you know that (in most years) California has the most Scottish descendants of any state in the USA?

October is Scottish Highland Games Month

in Ventura County, so let's celebrate in style!

WHAT TO WEAR: Tartans, Kilts, Tam Caps, Ties, Aran

Sweaters—show off your Celtic spirit!



The Clan Potluck Feast

To keep our feast legendary, if you plan to eat, please bring a dish to share that matches the size of your group (aim for roughly 6 to 8 servings per person in your group).

No time to cook?

Store-bought items like a rotisserie chicken, a bakery box, deli salads or a large pre-cut fruit platter are fantastic!

Timing: The buffet line opens as soon as enough dishes are out and folks are hungry (usually between 5:45 PM and 6:15 PM)

Schedule of Events

5:00 PM – 7:00 PM: Happy Hour

(Birthday Cake Shots available for \$3!)

7:00 PM: The Big \$25 Gift Certificate Drawing!

All members with OCTOBER Birthdays & Anniversaries get a chance to win a \$25 restaurant gift certificate, a bottle of wine, or a 6-pack of beer!

7:15 PM: The Caber Toss Contest!

Commencing right after photos. We are using pool noodles! Whoever can toss their caber the furthest while flipping it end-over-end wins. Multiple flips score extra points!

Winner gets a FREE Birthday Cake Shot!



Winner(s) of Toss Contest Gets the B&AB Perpetual TROPHY



Each month that has games, the Perpetual Trophy is awarded to the next Bash Games winner.

Thursday s at 6:30PM

TRIVIA NIGHT

\$5 TO PLAY!

Prizes for Winners

Bring your teams and join us for some fun and games!

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+and more...



Happy October Birthdays!

Berns, Ira Oct. 1
 Tratner, Ken Oct. 1
 Petty, Kim Oct. 1
 Koester, Vivien Oct. 2
 Webb, Tom Oct. 3
 Gilchrest, Robert Oct. 3
 DeFusco, John Oct. 4
 Walters, Nick Oct. 4
 Gilbert, Gary Oct. 5
 Lance, Rande Oct. 5
 Kraft, Garry Oct. 6
 Qualls, Linda Oct. 7
 Naylor, Carole Oct. 9
 Solliday, Captain Bob Oct. 12
 Organ, Bill Oct. 13
 Ireland, Rick Oct. 15
 Kraft, Lina Oct. 16
 Kudlac, Jeff Oct. 16
 Aslan, Ken Oct. 17
 Oglesby, Reneau Oct. 17
 Brauns, Barbara Oct. 18
 Guglielmo, Robyn Oct. 19
 Schimmel, Otto Oct. 20
 Johnson, Nathan Oct. 21
 O'Herlihy, Wailani Oct. 21
 Taha, Saad Oct. 21
 Hopkins, Ray Oct. 22
 Dupuis, Frank Oct. 24
 Schomaker, Sandy Oct. 24
 Stolkin, Kat Oct. 24
 Sheridan, Joyce Oct. 25
 Schafer, Michael Oct. 26
 Farrell, Karen Oct. 27
 West, Dennis Oct. 29
 Maxwell, Dan Oct. 29
 Crocket, Sandy Oct. 30
 Webb, Leslie Oct. 30
 Taylor, Eric Oct. 31
 Glass, James Oct. 31

Happy October Anniversaries!

Bob & Priscilla Becker - Oct. 04
 Scott & Mary Wales - Oct. 09
 Paul Herold & Valerie Stephens - Oct. 12
 Tom & Penny Warden - Oct. 18
 Nino & Karen Garrolini - Oct. 19
 Eric Taylor & Laura Forsyth - Oct. 31
 Doug & Kat Norton - Oct. 31
 Jim Kline & Alexa Garfunkel - Oct. 24



Sheldon and Cary working at this years Chowderfest at the Maritime Museum.
We proudly represented CIYC!

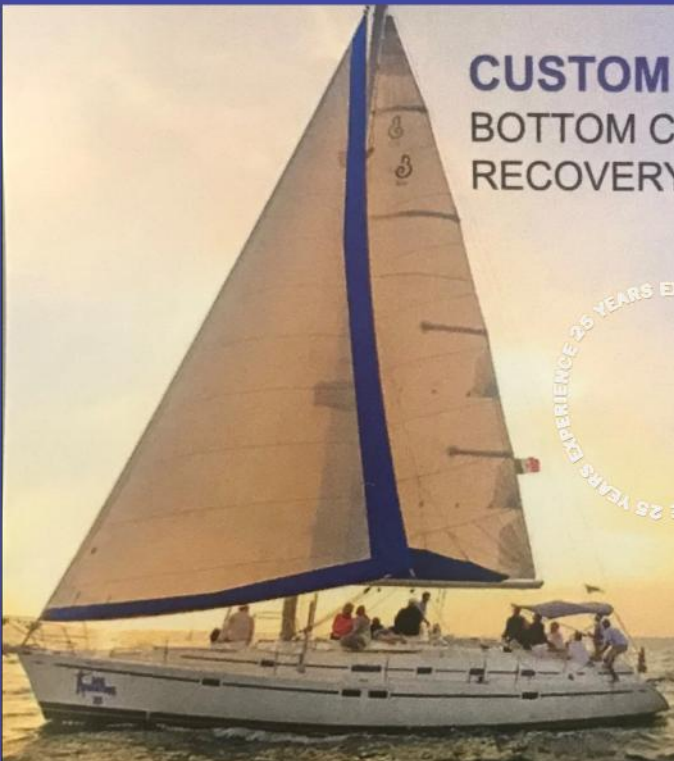


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Before you leave the Club, please clean up
after yourself and your guests.

TIP THE BARTENDERS!

Please drink sensibly and drive responsibly!

CURRENTS

Volume 66—No. 10

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CURRENTS SUBMISSIONS

E-mail submissions and photos to
currents@ciyc.com

Please email images or post on
Facebook!

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Articles must be received by the
20th of the month
preceding the next publication
month.

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Dodie Duffy, Kat Kushner, Debbie
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