March 2019

VOLUME 59 ~ ISSUE 03

Commodore: Diane Miner Editor: Liz Campbell Asst: Erika Barbaric

Asst: Frank & Sharon Sullivan

Channel Islands Yacht Club

CIYC is at Lat. 34º 09' 48.9" N; Long. 119º 13' 35.6" W 4100 Harbor Blvd., Oxnard, CA 93035. Phone (805) 985-2492

Currents



Jambalaya (vegetarian available),
Seafood Gumbo,
Creole Collard Greens, Cajun Cornbread,
King Cake
\$20



Message From The Commodore Diane Sherlock



February has been a great month, filled with fun activities. Once again the super Super Bowl party was over the top, despite the game itself being a bit of a sleeper. Thanks to the Smith Brothers for delicious food, to Vera and her social committee, and to Mike Greenup for decorations and giveaways. Four days later we had a very successful New Member Orientation/Reception. Thanks to Treasurer Sue Woolf for the soup, and to Rear Commodore Linda Weisfuss for the sandwiches and salads. And, of course, it would not have been complete without Ruth Hatcher's yummy cookies!! We have many interesting new members, so please take the time to get to know them and make them feel welcome!

The Epicureans, with head chef Karen Farrell, put on a spectacular Valentine's dinner on February 9th. Unfortunately, our membership attendance was extremely low, but for those who were there, it was a fun-filled evening. Dancers were out in full force, enjoying the tunes of DJ Paul Robbins. And bartender Kami featured chocolate martinis. Needless to say, they were a big hit!!

Our bartenders are the lifeblood of our club. Kamie, John, Jess, and Gwen are doing a great job, and their jobs are not always easy, especially when it's crowded. Please try to be patient with them during those times, and be sure to reward their hard work with gratuities. With the new POS system, you can add your gratuity when you close out your bill at the end of the evening. And, of course, the tip jars are still available as well.

They have asked me to give you all a few reminders regarding the bar. The first and most important one: YOU MUST WEAR A NAME TAG in order to be served. This is an ABC law, not a CIYC law. We are subject to a huge fine if we are not compliant. Second, our new POS system is programmed according to your name and not your number, so no need to remember that number. Third, you may pay your Yacht Club bill at the bar. The bartenders are all being trained to take those payments. HOWEVER, if it's busy, please wait until the crowd thins out. Fourth, remember we are self-help club, so please return your glasses to the bar before leaving and throw away your trash. In addition, please don't bother them when they are on their meal break. The meal break is a California employment law, and they are required to take those 30 minutes. We are fortunate to have this great group of bartenders, the guidance of our Club Administrator Veronica Kistner, and, of course, our awesome bar manager Mike Greenup.

March promises to be another great month, starting with our Mardi Gras party, then our annual Tale of the Whale whale watch. Vera Cline and crew do a great job with the St. Patrick's Day social, and the following week is our annual Anglers' Lobster dinner. Reservations are a must, so please sign up on Club Runner or in the bar book.

Looking forward to seeing you all at the club, Diane Sherlock, Commodore 2019





Message From The Vice Commodore Mike Farrell





The pace of 2019 club activity picked up dramatically in February and gets even more exciting in March!

After a slow start in January, attendance at Wednesday dinners increased significantly. Dinners prepared by Rosemary Lippert, Sherry Nolan, and Diane Sabol and their crews were unique, delightful and very well attended. The final Wednesday in February was a dinner catered by Ventura BBQ due to the remodel of the floor in the upstairs kitchen. We have another great lineup of cooks planned for March, so please come out and enjoy the club on Wednesday evenings.

Socials for the month kicked off with Super Bowl Sunday. As usual, we had over 100 people in attendance and a lot going on. Thanks to Tim and Mike (no - they are not brothers) Smith for the great dinner and to Vera Cline, Joy Heckenlively, and Karen Farrell for the decorations and pre-game food spread.

Valentine's Day Social was extra special. The 5-course Epicurean dinner prepared by Chef Karen Farrell and a crew consisting of our most experienced cooks with the help of several newer members, was extraordinary. The evening started with passed hors d'oeuvres, included a winter squash soup, a gourmet salad and melt-in-your-mouth short rib braised in red wine. Mini Cassata Cake topped off a first-class meal that several people concluded was among the best ever prepared at CIYC. Barbara Brauns and Rocco Belmonte performed a special version of *My Funny Little Valentine*, and everyone danced to DJ Paul Robin, making it a romantic Valentine's Day.

March picks up right where February left off. The Lazas are hosting **Mardi Gras** on March 2. There is a **Beefeaters' Dinner** on March 9. Vera Cline is hosting **St. Patrick's Day** and, I know, she has a surprise treat in store. The annual **Anglers' Lobster Dinner** is March 23. This is a popular event and often sells out early, so please sign up. March 30 is the **Islanders' Anniversary Dinner**. WOW! Lots of great opportunity to join in fun club activities!

We made improvements to our facility in February as well. Leaky faucets were replaced and House Captain Mike McKendry worked with plumbers to clean out our clogged drains. You may have observed some leaks in our roof during our heavy rainy season. We are working with Vintage, our landlord, to correct this situation. They have poured many buckets of sealant on the roof, but there are still some spots that need attention.

We had our annual inspection by the Ventura County Environmental Health agency. I am very happy to report that, although they left us with a short list of things we need to correct, by the time this issue reaches your hands, all of the problems will have been corrected. This always brings a big sigh of relief! The inspector found several crockpots in our pantry. Please do not bring home-use electrical devices like these into the club. It is a violation of health regulations

Opening Day is just around the corner. There will be several Shipshape events on Saturdays in March. Please participate in these. It is a great way to fulfill your obligation as a member of our self-help club, and there is a lot of work to be done to put our best foot forward for our Opening Day visitors.

Mike Farrell, Vice Commodore 2019

March 2019





Message From The Rear Commodore Linda Weisfuss



What a busy few months with a Ram meeting, a cruisers' meeting, and much planning to accomplish. The room was packed, and I was surprised to see that so many club members came out. At the **RAM's** meeting we shared our sailing experiences and stories, what kind of boat we have, and what we can do to help each other and the club. We also discussed upcoming races. I went over what was expected to qualify for a RAM membership. A BIG THANK YOU TO BILL BRAYTON, JANE THOMAS, AND FRANK SULLIVAN! Your leadership is so important. There was so much camaraderie. Samantha and Dan Maxwell said we should have these meetings once a month.

We had to postpone the **Mid-Winter Regatta** to **February 24**th due to bad weather, including gale force winds. CIYC is hosting the event. It takes so many people to bring this event together. Thank you to everyone who is working so hard on this. I will let you know the results in the next Currents.

WET Wednesday races are starting up **March 13th** and continue through **October 17th**. The race pamphlets with a full season of racing are in the club lobby.

GOOD LUCK, CIYC RACERS!!!!!!!!!!

The cruisers' meeting was exciting with so much enthusiasm. We started with three cruises planned on the club calendar, and we ended up with six, with a possibility of also adding day trips. So many funideas. Members without boats can meet up with us at some of these destinations.

Get ready for the **Tale of the Whale event**. Poems, songs, and storytelling, followed by lunch provided by Ruth and Paul Hatcher. WOW, DON'T FORGET RUTH'S FAMOUS COOKIES.

UPCOMING CRUISES:

3/3 WHALE WATCH CRUISE

5/24 SANTA CRUZ ISLAND (COCHES)

7/13 VENTURA YACHT CLUB

8/31 SANTA CRUZ ISLAND (SCORPION)

9/14 SANTA BARBARA

Wishing you fair winds and a calm sea.

Linda Weisfuss,

Rear Commodore





Message From First Mate Laurie Preston



Aloha!

I am in the Hawaiian Islands as I write this, so I will be brief. CIYC's Opening Day will be on April 7th, and it has the reputation for providing the best food, decor, and entertainment of all SoCal yacht clubs. The Islanders are in charge of it, so we are busy planning and will need much help. All CIYC members are welcome to volunteer. If you would like to help with cooking, contact Joyce Sheridan or me via email - hoku524@yahoo.com. If you enjoy decorating, we need You! We plan to transform the bar, dining room, and fireplace room. We will need help setting up and cleaning up afterwards, as well.

We soon will be sending a "call out" for monetary contributions to go towards this endeavor. These donations help offset the cost the Islanders pay for food, arrangements, decor, rentals, and more. Checks should be made out to "Islanders," and handed to me, Mary Ann Moore, or Linda Zurborg Perry.

Additionally, you can put it in an envelope and place it in our mailbox by the office. We appreciate any and all donations so we can once again impress our 200 or so guests and make our club proud!

On **March 30th** we will have our annual **Islanders' Anniversary dinner**. This fine dinner will include the Honoring of all past 1st mates - even those who are no longer members. This flyer will be sent in a week or so, and we hope many of you can join us.

We will also help with the upcoming **Variety Show**. Barb makes it happen, but the behind-the-scenes work is necessary, and we always have fun being involved.

Thanks in advance for all the help you give! Laurie Preston, Islanders1st mate 2019



Anglers' Corner - March 2019 By Frank Sullivan



Fishing Report:

NO ONE has claimed any Monthly Big Fish money this year! Remember, if you are a **CIYC Anglers' Club** member, you can win \$50.00 if you bring in the biggest <u>Legal</u> fish of the month; marlin sharks, and rays do not count. You can only win once a year, but as the Lotto people are fond of saying, "You can't win if you don't play."

I attended a Channel Islands Fishing Club seminar given by one of our local Commercial Passenger Sport Boat captains. The prospect for continued access to relatively local Bluefin tuna looks good for this year with sightings of 200+ lb. BFT in the channel between Long Beach and Catalina last month. He also mentioned that, in his experience when we have a wet weather winter like this one, the White Sea Bass bite in the early Spring is usually very good.

April is a critical month for fishing. On April 1st Lingcod and Rockfish season opens. (There are some changes this year in **bold type.**) The daily bag and possession limit will be **1** Lingcod with a minimum size limit of 22 inches total length. When filleting Lingcod on a vessel, the fillet minimum size limit is **14** inches in length, and the fillet must bear a one-inch square patch of skin. The daily bag and possession limit of Rockfish (These species may only be taken or possessed in waters less than **450** feet [75 fathoms] deep.) is 10 fish in combination with all species within the RCG Complex (includes all species of Rockfish, Cabezon and Greenlings) per person, with a sub-limit on Black Rockfish (3 per person) and Canary Rockfish (2 per person), also included in the 10 fish RCG Complex aggregate limit. Yelloweye Rockfish, Bronze Spotted Rockfish, and Cowcod may not be retained (bag limit: zero).

Good Luck, and weigh in those fish!!!

Upcoming events:

March 23rd Anglers' Lobster Dinner

June 8th Men's Fishing Tournament

July 6th Ladies' Fishing Tournament

August 3rd Coastal Conservation Assn. Fundraiser

September 6th Channel Islands Billfish Tourney Kickoff Dinner

September 7th **to 11**th Channel Islands Billfish Tournament

September 13th Channel Islands Billfish Tourney Awards Dinner

November 9th Anglers' Awards Scampi Dinner



Doc Lines

CRUISE SHIP

1) In 1968 in Norwalk, OH, students in a local school became ill, presenting with severe vomiting, diarrhea, weakness, muscle aches, and headaches. The newly isolated bug, now known as Norovirus, is one of most infectious viruses of all. Over time, many cruise ships have suffered from outbreaks involving up to 20% of their passengers. Similar outbreaks in hospitals and hotels are not uncommon.

During severe episodes of projectile vomiting, the virus is transmitted via invisible aerosol droplets deposited on surfaces up to 9 feet away. Also, incomplete hand washing after using the bathroom leaves viable viruses on railings, gas pump handles, restaurant menus, hotel TV remote controls, doorknobs, and other surfaces used by the public. Ingestion of only ten virus particles will make a person sick. Alcohol wipes and other common household cleaners are ineffective.

The patient carries the virus up to a week after symptoms subside and is potentially able to infect others.

Since our club is a tightly closed community, with our own galleys, we should ensure that our hygiene is impeccable. If you become ill with the above-mentioned symptoms, see your doctor and stay away from others for at least one week after symptoms subside. Your absence from the club will also suppress transmission of other infectious diseases and will help you keep the few friends you may have!!!

2) So, I went for my annual checkup. A grouchy, angry-looking nurse had me sit at the end of the examining table and took my blood pressure. It was 150/90 mmHg. That's high for me, but she dutifully entered the value into the computer, and that was that. After my physical, I insisted on having my blood pressure rechecked. It came out 128/80...a 22-point drop from what Nurse Ratched had measured. That dropped me from hypertension stage 1 to the pre-hypertensive category:

Pre-hypertension: systolic pressure 120 to 139 or diastolic 80 to 89 mmHg Hypertension stage 1: systolic pressure 140 to 159 or diastolic 90 to 99 mmHg

Hypertension stage 2: systolic pressure 160 + or diastolic 100+

Hypertensive crisis: systolic pressure 180+ or diastolic 110+

March 2019

This prompted me to check my BP at home. Did that for several days, multiple times a day, and averaged the results: 121/77. You usually can't trust the values obtained in your MD's office. The "white coat syndrome" gives rise to elevated BP. A patient told me her BP was taken while she was nearly naked and in the stirrups in her gynecologist's office. Good grief, good luck with that! You can buy a good BP device relatively cheaply and measure your BP at home. Why? Keeping your BP within normal limits is one of the most beneficial things you can do for your health.

Zoran, your Fleet Sturgeon

Thanks to Erika for editing.

Harbor Director Says the Only Source of Facts About the Harbor Is Himself and His Staff

In a February 8, 2019, letter to the Harbor & Beach Community Alliance with copies to the County Board of Supervisors and Oxnard City Council, Mark Sandoval wrote, "I also stated that if anyone other than myself or my staff was providing an update on Harbor development or operations, to take it with a grain of salt and understand the objective of the presenting organization."

In the same letter, the Harbor Director also implies the Harbor & Beach Community Alliance and other members of the public need to contact him prior to making public comments or presentations on Harbor projects. Obviously, this is an affront to the public's constitutional right of free speech. It is a critical component of community activism to hold public entities and/or public officials accountable for the omission of key information, for biased information, or for information that is not fact-based, any of which could mislead the public.

It is especially ironic that the Harbor Director makes such bold declarations when the Harbor Department does not provide accurate, timely, and complete information on Harbor development projects even on its own website.

As of this writing, a review of the Harbor Department's website finds no mention of a pivotal California Coastal Commission (CCC) ruling in October 2017. In this ruling the CCC denied the County's Dispute Resolution request. The CCC clearly directed the County to go through the City's Local Coastal Plan amendment process for its proposed Fisherman's Wharf 400-apartment project. To date, the County has not followed the CCC directive. On January 23, 2019, the Harbor Director, in answering a question given to Supervisor Zaragoza, said, "We are working on these items and should have the required documents and payments to the City by February 11." His stated deadline has passed with no action from the County. It is apparent that the County wants to avoid the City's open public process.

(cont'd on page 9)



(Cont'd from page 8) Still more vital timely information is not available on the Harbor Department's website. The hotel replacement project's official Notice of Impending Development (NOID) and the Coastal Commission Staff Report are not available on the website. The Harbor Department fails to explain what it describes as the "few minor items" that are pending and delaying the project. Those so-called "few minor items" have brought the project to a standstill. The fact is the County insists that the hotel project needs City street land for 29 parking spaces and a "reconfiguration" of the end of Peninsula Road.

The CCC report states that the hotel, restaurant, and marina project has more than adequate parking spaces with 379 spaces, when only 344 are needed. The Department's own parcel project map, approved and signed by Lyn Krieger, and included in documents submitted to the Coastal Commission, shows the County's "reconfiguration" does not require City street land as the County insists.

The most important explanation required from the Harbor Director is why he will not update the Harbor's 1986 Public Works Plan. The update would provide a development plan for the entire Harbor that would be open and transparent to all. This update was promised over a decade ago by Lyn Krieger at the Coastal Commission hearing of February 8, 2008. (Coincidentally, the same date as the Harbor Director's letter eleven years later.) An update would allow the public to see the County's real long-term plans for the Harbor.

A transparent process for Harbor development and operations calls for comprehensive disclosure and open public participation, as John F. Kennedy said, "We must know all the facts and hear all the alternatives and listen to all the criticisms."

The Harbor Director's attempt to disparage and discredit public comment is best described by George R. R. Martin who wrote, "When you tear out a man's tongue, you are not proving him a liar, you're only telling the world that you fear what he might say."

Rene Aiu, Harbor Delegate







Super Bowl Party February 3rd











Super Bowl Party February 3rd













February 3rd















Jarch 2019



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| 13 | | 4 | 2 | 6:30 pm Wed .Dinner | 7 9:15 am Yoga with Heidi Stok | 8 Happy Hours 5-7pm | 9 Beefeaters dinner |
| St. Patrick's Day 18 6:30 pm Wed . Dinner Heidi Stok 6:30 pm Wed . Dinner Poga with Harbor 19:15 am Yoga with Harbor 27 26 27 28 6:30 pm Wed . Dinner 19:15 am Yoga with Harbor 19:15 am Yoga with Harbor 29:30 pm Wed . Dinner 19:15 am Yoga with Harbor 19:15 am Yoga with Harbor 19:15 am Yoga with Harbor 29:15 am Yoga with Harbor 29 | 10 Daylight Saving begins 10am Burial at sea for Dave Erikson Noon memorial in the Club House | - | 12 | 13 6:30 pm Wed .Dinner | 9:15 am Yoga with Heidi Stok Islanders BOD meeting 6:00-9:00PM, CIWSA | Happy Hours 5-7pm 7pm Ventura British Brass Concert | 16 9am Shipshape St. Patrick's Day Dinner-Social Cooked by Epicureans |
| pm OPEN HOUSE 9:15 am Yoga with Haipy Hours 5-7pm Heidi Stok 6:30 pm Wed . Dinner Heidi Stok | 17 St. Patrick's Day | 8 | 6:30pm CIYC board meeting | 20 March equinox 6:30 pm Wed .Dinner | 21 9:15 am Yoga with Heidi Stok 6:30pm Community meeting with Harbor | 22 Happy Hours 5-7pm | 23 9am Shipshape 7pm Anglers' Lobster Dinner |
| 4:30pm Room Rent- Celebration of life | 24 1-4pm OPEN HOUSE | 25 | 26 | 6:30 pm Wed .Dinner | 9:15 am Yoga with Heidi Stok 6:30pm C. I. neighbor- hood council meeting | 29 Happy Hours 5-7pm | 30 9am Shipshape 7pm Islanders Anniver- sary dinner |
| | 31 12-4:30pm Room Rent- al Celebration of life | | | | S Closed Mon. Wed. Thurs.& F | Bar Hours unday 3pm to clos & Tues. except sp ri. 5pm to close, S. | e, pecial events at 4pm to close |

April 2019



Channel Islands Yacht Club

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---------------------------------------|-----|------------------------------------|------------------------------------|----------------------------------------------------------------------------|-------------------------------------------------------------------|------------------------------------------------------------------|
| | ÷ | 8 | 3 6:30 pm Wed .Dinner | 4 9:15 am Yoga with Heidi Stok | 5 Happy Hours 5-7pm Birthday Bash | 6 Set up for Opening Day |
| CIYC Opening Day | ω | o. | 10 6:30 pm Wed .Dinner | 11 9:15 am Yoga with Heidi Stok Islanders BOD meeting | 12 Happy Hours 5-7pm | 13 Epicureans Dinner |
| 14 Room Rental Private memorial | 5 | 16 6:30pm CIYC board meeting | 17 6:30 pm Wed .Dinner | 18 9:15 am Yoga with Heidi Stok 7pm Razzberry Jam Jazz Concert | 19 Good Friday Happy Hours 5-7pm 6:30 pm TGIF Fish fry | 50 |
| 21 Easter Sunday Easter Brunch | 22 | 23 | 24 6:30 pm Wed .Dinner | 25 | 26 Happy Hours 5-7pm 6 pm Salad Bar 7pm General meeting | 27 Beefeaters dinner |
| | | Ma | Maritime Institute Captains' Class | Class | | |
| 28 Electric Boat event | 59 | 30 | | | Bar Hours Sunday 3pm to close, Closed Mon. & Tues, except special | Bar Hours Sunday 3pm to close, Mon. & Tues, except special |
| | N. | Maritime Institute Captains' Class | Class | | Wed. Thurs.& Fri. 5pm to close, Sat 4pm to close | ii. 5pm to close, |

As of 02-20-19

Birthday Bash — March 01 by Connie Calo

Come and join us for our monthly celebration for members whose **birthdays** and/or **anniversaries** are In **March**. Bring "munchies" to share!

Happy March Birthday

02 Bubba Hall, 03 Marnie Bech, 04 Ken Thomas, 04 Keith Beckwith, 04 Carol Lazzarevich, 05 Elyse Gonnello, 06 Lisa Ellis,
06 Valerie Stephens, 07 Melodie Crier, 08 Keith Moore,09 Kat Sotiridy, 11 Elese Childs, 12 Pamela DeSimone, 13 Rita deCaussin, 13 Danny Irvin,14 Sandy Fredericks, 15 John Reed IV, 17 Sharon Matthews, 18 Susan Meyer, 20 Brenda Rhodes, 21 Madeleine Waddell, 22 Curt Ingram, 22 Jim Milles,
23 Les Hardwick, 24 Ken Bauer, 24 Peter Hopps, 29 Jolene Merriam,
29 Jim McCulley, 30 Nancy Berger 31 Lady Dye Merrill, 31 Mario Valvo.

Happy March Anniversary

04 Annette Alexander-Staples & Edward Staples,
08 Dan & Shelly Ward, 13 John & Lisa Marie Medlen,
14 Gary & Syd McFarland, 14 Diane & Richard Sherlock,
16 Vidar & Marnie Bech, 17 John & Carol Fuqua,
21 Bill & Vera Cline, 25 Keith & Arlene Beckwith,
25 Capt. John & Shanie Engelhardt,
25 Tom & Carole Naylor, 26 David & Lisa Kahn.



Whale Watching Cruise March 3, 2019



ATTENTION ALL SKIPPERS: SIGN UP ON THE CLUB
RUNNER OR IN THE BOOK IN THE BAR - GET YOUR
CREW OR GUESTS READY TO GO

BACK TO THE CLUB FOR A 3:30 CONTEST

IN THE EVENT THAT A SMALL CRAFT FLAG IS FLYING,
THE CRUISE WILL OFFICIALLY BE CANCELED.
WE WILL STILL MEET IN THE BAR TO TELL STORIES OF
WHAT MIGHT HAVE BEEN

A Tale of a Whale

2018 Winner

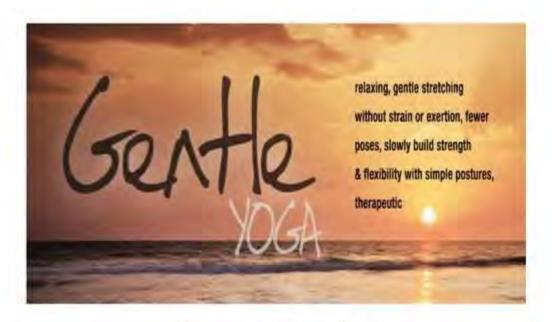


Everyone is Welcome!
Even those who couldn't go to sea.
Anyone is eligible to get in the act - keeping in mind that extra points will be given to any entry that has been written on the water!
Team winners get their names engraved on the Moby Dick trophy.
Judges will vote for the best story, poem or song (fact or fiction)

Moby Dick Trophy



Immediately following the contest & trophy presentation
Free homemade soft tacos & all of the stuff that goes with
them, beans, & Ruth's chocolate chip cookies



Starting March 7 9:15 - 10:15 a.m Gentle yoga all levels with Heidi

relaxation through breathing techniques lengthening the spine and quieting the mind. Yoga will help benefit those suffering with chronic pain, anxiety, depression, injuries and so much more...

Please bring a blanket and a mat



CIYC BEEF EATERS' PRESENT NEWYORK!..... NEW YORK!



SATURDAY - MARCH 9 @ 7PM

<><<< NEW YORK "MEDIUM RARE" ROAST AU JUE' >>>>>

ROASTED RED POTATOES

BUTTERED CORN W/ DRIED TOMATOES

RASPBERRY & SUGARED WALNUT SPINACH SALAD

SLICED BAGUETTES & BUTTER

NEW YORK DESSERT



March 2019























Islander's Anniversary Dinner

Saturday, March 30th

Join us to celebrate our 54th Anniversary



All CIYC Members Invited

Guest Speaker

Commodore Diane Sherlock

Menu

Caprese Salad

Cranberry Apple Stuffed Pork Loin

French Onion Baked Potato

Green Bean Bundles

Cherry Cobbler with Ice Cream

RSVP at Bar sign-up or to Laurie Preston: hoku524@yahoo.com



\$20.00 Cash or Check only (to Islanders)



Valentines Dinner Social Epicureans February 09th





























Valentines Dinner Social Epicureans February 09th

















Epicureans February 09th







Channel Islands

4100 Harbor Blvd. Oxnard, CA 93035

(805) 985-2492

Valentines Dinner Social Epicureans February 09th



CURRENTS SUBMISSIONS

E-mail submissions to

Lizcaffrey@aol.com

or send via facsimile to

(805) 985-2942

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Currents Editor Liz Campbell (805) 816-1542 lizcaffrey@aol.com

Assist. Editors Frank & Sharon Sullivan

(805) 205-4073

Assist. Editors Erika Barbaric

Photos Sharon Uhlig





