



OPEN HOUSE

Sunday, 2-5 pm

October 13th, 2024

**Open House
Special Pricing**

Join and be a part of our Yacht Club family



From the Quarterdeck

2024 Commodore Deborah Tyhurst



Ahoy, Shipmates!

September, another stellar month! - From our Labor Day B-B-Q, Billfish Kickoff Dinner, John Larson Memorial Race, Open House, British Brass Concert, Over-the-Top CI to MDR Race, Dinghy Party, DJ Trivia, line dancing, birthday bash, fish fry/horse races, flower arranging, hat decorating, Mon., Thurs., and Sun. football/potlucks - to our themed dinners on Wednesdays and Saturdays, always beautifully decorated and featuring music, speakers, and comedy entertainment - there has been something for everyone! The Bridge, Board, Committee Chairs, Islanders, Epicureans, Beefeaters, Crème, and Membership at Large have outdone themselves. We're not giving them something to talk about, we're giving them something to **SHOUT** about, evidenced by voted Best Yacht Club in Ventura County for the 8th year in a row! **Thank you** to all for your countless hours of work, pride, and dedication!

A few days ago we put our trust in, and elected, 4 Board members to join our 5 remaining members and make up our 2025 leadership team. Congratulations and thank you for stepping up, **Marc Gault, James Glass, Bill Elswick, and Stacy Wolf!**



These leaders will be making decisions on our behalf and in the best interest of the club. On **October 25th** from the Board, we will be electing our new Commodore, Vice Commodore, and Rear Commodore. These meetings are important for the future of our club, and attendance allows us to keep current on the club's finances, state of our clubhouse, upcoming events, and to ask any questions we may have of our Board. **Please mark your calendars for these important meetings.**

Our last Open House of the year is **October 13th**. Please remember to ask those special in your life to come and share this great club family. You are our best advocates. Thank you to the Board, committee chairs, and general membership who contribute to making these such a great success!

Every month there are many deserving members for the #1 Member of the Month award: that special parking spot. For October it's going to be an easy choice. After joining a couple of years ago she began coming to nearly every event, recording them via photos, and posting them on our website, served as sous-chef on several cooking crews, joined the welcoming committee, and, most recently, led an amazing Italian Dinner, "Under the Tuscan Sun." Yes, **Dana Capra...Congratulations!**



If there's ever a doubt that **CIYC** is a family, let me share some news. Many of you knew **Paul** and **Ruth Hatcher**. Their legacy is the Beefeaters Cooking Group, annual Whale Watch, the Channel Islands to Marina Del Rey Race, and Ruthie's famous chocolate chip cookie recipe, soon to be disseminated to the membership. There's another legacy. They've remembered **CIYC** in their estate planning. A generous check has been placed in a CD. Since their concern was for the longevity of **CIYC**, it was suggested that it be kept separate for the certain eventuality of relocating/rebuilding. Their gesture could be the start of funding this endeavor, and the perfect opportunity to ask for members to please keep us in mind in your own estate planning. There are some of us for whom **CIYC** is our only family, so this may be something for some of us to consider. Always loved, thank you, **Paul and Ruthie!**

Another **HUGE** thank you to **Mike Greenup** and **Bill Scarpino** who, after 4 years of work, negotiated and secured our new 20-year lease with Vintage Marina! The lease was signed into being at our September General meeting. **You two are amazing and appreciated!!!**

THAT'S A WRAP! SEE YOU ON THE WATER OR AROUND THE CLUB, SHIPMATES!!!



From the Quarterdeck Vice Commodore Marc Gualt



September was busy on the Water.

The Billfish Tournament started the month off. For those of us on the water, the conditions could not have been worse. The first two days were fishable, but after that, conditions turned to this 🌪️..... **red is bad, 25-39 knots!**



The same weekend, the John Larsen Memorial Race sailed off. Fortunately, it was a Saturday-only event.

Two weeks later our largest water event of the year, the Channel Islands to Marina Del Rey Race, was a tremendous success! Our club fed a New York strip dinner to 100 Racers. **Cooking crew included James Glass, Jim Moriarty, Tom Ressler, Cary Verstynen, Evelina Arglen, Lisa Medlen, Katrina Glass, Marc and Eileen Gault, and Burt Stillar.** It was a great dinner! I'm sending a **huge shoutout to Jane Thomas and Dodie Duffy** for handling all the accommodations for the racers. Also to the **Islanders, headed up by Eveline Paullin**, for preparing a hearty breakfast for the same group.

Those eggs were to die for! What an event!



October is a slow month on the water. However, preparations for our Parade of Lights entry are in full swing. Our first committee meeting was held on the 21st with much progress and planning accomplished. I would like to share what we are planning, but it's Top Secret! Point of contact for anyone interested in assisting is George Hornberger.

Last, I sincerely thank Rene Aiu for her hard work chairing the welcoming committee, and her crew for their brilliant ideas this year. Also, a reminder to everyone regarding the Bocce Ball event that they are planning for Saturday, October 5th. **This should be a blast, don't miss it!**

Italian Fall Festival DINNER & BOCCE BALL

SATURDAY, OCTOBER 5th
Bocce Ball 3-6PM
Dinner 7PM

[CLICK FOR BASIC BOCCE BALL RULES](#)

From the Quarterdeck Rear Commodore James Glass



Our dinners this past month have showcased an exciting array of flavors, from the rustic charm of Italy to the vibrant spices of India and the Middle East, concluding with a comforting Southern feast and a classic American favorite.

Kicking off the month, first time cook **Dana Capra and Crew** transported diners under the



Tuscan sun with an exquisite Italian feast. Her dinner featured pasta, breads, chicken piccata, a refreshing salad, and chocolate biscotti - all handmade!

The following week, **Mitch and Mary Masoner and Crew** brought a taste of the South to CIYC. We enjoyed shrimp & grits, black-eyed peas, and

cornbread. The highlight for me was the dessert: peach cobbler made by **Pat Campea**. **Rene Aiu & Gabrielle L Doux** took the helm the following week with a catered dinner from Masala Twist, a local gem right here in Channel Islands Harbor. The chicken coconut curry, basmati rice, and naan bread showcased the depth and variety of Indian cooking.

Eleanor Hovaten and the Epicureans cooked us perfectly roasted Cornish game hens with carrots, rice, and a minted salad. The dinner transformed the club's cozy dining room into an Epicurean retreat with an Arabian Nights theme. After the dinner **Katie Love** took center stage and performed an amazing comedy show that had us all laughing.

Frank Sullivan and Law Dogs offered a down-to-earth, yet satisfying, baked potato and salad bar. It was a night of casual dining, where guests could customize their plates with a variety of toppings, from sour cream and chives to bacon and cheese. The salad bar was equally impressive, featuring an array of fresh vegetables, dressings, and assorted toppings. Frank's laid-back menu allowed everyone to enjoy a relaxed evening of good food and enjoy our guest speaker, Chief Michael Federico of the Port Hueneme Police Department.

To wrap up the month, **Carmen Olmo and the Beefeaters** delivered a masterpiece. They prepared penne pasta served with a rich, hearty Bolognese sauce, a recipe passed down through generations from Carmen's grandmother.

Last but not least, I am deeply honored and grateful to be reelected to the Board of Directors. Thank you for your continued trust and confidence in me. Serving this incredible community is a privilege, and I am committed to working hard to uphold the values and traditions of our club.

I look forward to collaborating with you all to enhance our shared experiences and ensure that CIYC remains a vibrant and welcoming place for all members. Together, we can continue to make our club the best it can be.

Thank you once again for this opportunity to serve.

James Glass, Rear Commodore 2024





Anglers' Corner

By Frank Sullivan



WSB Grow-out Pen Update :

We are ready for the next cohort of juvenile White Seabass to be delivered!

We had a facility workday on Sunday, September 15th at 10 am. We pressure-washed the containment nets while cleaning and repairing the facility and spare nets. **Thank you to all who came out to help!**

Our commercial diver Kenny from Custom Care Boat Services removed the accumulated mussels and other growth from the perimeter predator net and made necessary repairs.

Hubbs SeaWorld has now projected that the next delivery will not be until the middle of October.

I will keep you posted.

Current Fishing Conditions:

Local fishing has been primarily Rockfish, with some White Seabass and Halibut thrown in for game fish. The Bluefin have moved farther west, thus 1 1/2-day trips are required for good catches.

Rockfish season closes on October 1st. Spiny Lobster season begins on September 27th at 6 pm; **be sure you have your Lobster report cards.**

Channel Islands Billfish Tournament Results:

Fishing conditions and weather were rough, and many boats came in early to avoid the nasty stuff after the weekend. **Final Results: 1st: Ruckus with 4 Marlin, 2nd: Tight Riv with 1 Marlin, and 3rd: Bofus III with 1 Marlin.**

Big Fish of the Month:

No fish have been weighed in so far for the September award.

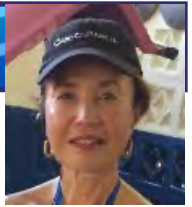


THANKS TO THE ISLANDERS COOKING CREW
For the Channel Islands Billfish Tournament

Upcoming events:

November 9th

Anglers' Awards Dinner



What's New on Development Projects at the Harbor

Karls Project at Fisherman's Wharf

Per the Harbor Director Michael Tripp, the project is progressing well on its timeline. A traffic consultant has been selected, a contract executed by the Harbor Department, and the traffic study is underway. It is estimated that the traffic study will take 10-12 weeks.

As previously reported, many of the buildings Karls had hoped to keep aren't in viable condition to be reutilized. Karls has retained a local architecture firm to complete a more thorough analysis on Fire Access and ADA needs and other Oxnard City code requirements. These findings will be included in the further development of Karls Schematic Design of the project.

Hyatt Place Hotel Project at the end of Peninsula Road

After the Harbor Director had a meeting with the hotel project team on September 19th, he provided the following update. Though there is still not a definitive start date, the hotel project team is planning to select their soil grading company by end of September. The Harbor Director and hotel team will also be going to the City of Oxnard to pay approximately \$100,000 in permit fees. Apparently, the hotel developer has been waiting for loan rates to go down, so the recent rate cut should help progress on this project.

Lease Extension for Parcel N-1 for Continued Operation of Boatyard on Property

On the Ventura County Board of Supervisors Consent Agenda, September 24th, the Harbor Department is seeking approval to sign a tenth amendment to the lease agreement between the County of Ventura and Anacapa Boatyard LLC, a California Limited Liability Company, for Anacapa Marine Services, managed by Andrew and Michelle Volanski. The Volanskis are long-term commercial tenants who also operate Sunfish Diving, Inc. (sportfishing and kayak trips) and A& M Events (Scarlett Belle paddlewheel boat for charter and events).

The lease extension term would end on December 31, 2026, with a provision allowing the Harbor Director to terminate the lease with sixty days' written notice. The reason for these lease terms is that the Harbor Department intends to re-issue a Request for Proposals (RFP) for parcel N-1 by end of 2024. The Harbor Department had issued a RFP in 2021 but did not receive any viable project responses.

Rene Aiu, Harbor Delegate

Italian Fall Festival DINNER & BOCCE BALL

SATURDAY, OCTOBER 5th
Bocce Ball 3-6PM
Dinner 7PM

[CLICK FOR BASIC BOCCE BALL RULES](#)

PLEASE SIGN UP FOR BOCCE BALL WHEN YOU RSVP

BOCCE BALL

Check in will start at 2:45pm
You must indicate
you want to play
when you RSVP for dinner!

Italian Dinner

By Chef Shana!

Caesar Salad
Garlic Bread
Chicken Fettuccine
Neapolitan Ice Cream
Sandwich

\$20

RSVP

reservations.ciyc@roadrunner.com

Please indicate BOCCE BALL
to sign up when you RSVP
so we can prep the lanes!



Rapamycin, mTOR, and Longevity

What is the oldest living organism in the world? It's a pine tree named Methuselah, somewhere in California, and estimated to be 4,856 years old. The exact location is kept secret by the National Forest Service. There are many nutjobs who would cut it down for souvenirs. There are other long-lived beings such as turtles. The longest living mammals are Bowhead Whales, some of which can live over 200 years.



RAPAMYCIN

In 1960 an expedition to Rapa Nui (Easter island) collected some soil samples. In 1972 a bacterium was discovered in one of the soil samples and a small molecule from that bacterium was isolated and named *Rapamycin* after the island.

It was discovered that *Rapamycin* had immunosuppressive potential and it was eventually approved by the FDA for treatment of rejection of kidney and heart transplants.

Finally, it was discovered how Rapamycin works. It inhibits (makes inactive) a molecule found in the cells of many tissues, including muscles, liver, brain, and fat cells. This molecule was given the name *mTOR* (mechanistic Target Of Rapamycin).

mTOR

This is an enzyme (a kinase) inside the cell that influences cell metabolism. This includes protein synthesis from amino acids. So when you eat a steak or a drumstick it's digested into amino acids. Amino acids find their way into the bloodstream and enter the cell. These amino acids will then activate mTOR which instructs the cell to make needed proteins. The cell goes into hyperdrive, working extra hard.

The idea is that making too many proteins and working that hard will shorten a cell's lifespan. Therefore, if we make mTOR inactive, it'll make fewer proteins and it may well increase the cell's life span. And if our cells live longer, we may live longer.

The easiest way to understand this is to imagine a car's gas engine being a cell. The more gas the engine gets, the faster it'll rev (pedal to the metal). The longer the gas flows, the longer the engine revs to the maximum, and the more likely it is that the engine will die prematurely. The thing that will slow down or stop the engine in the presence of fuel and air is if the spark plugs (mTORs) stop working. Thus, the engine can last longer.

And Rapamycin does stop mTOR from working. Therefore, the premise is: if we consume Rapamycin, we will live longer.

And it was tested on flies, mice, and rats. And under laboratory conditions they did live longer. Sometimes significantly longer, compared to the controls. Sometimes 60% longer. Studies on dogs are now in progress. Of course, longitudinal long-term studies in humans are impossible, so there isn't, and there may never be, a study that conclusively proves that Rapamycin prolongs human life.

Continue reading (if you wish to live longer) on:

<https://wiseoldpelican.substack.com/p/rapamycin-mtor-and-longevity>



September was a busy month for CIYC Racing!

On the 7th, Commodore Deborah Tyhurst hosted the memorial race in honor of her father, John Larson, with the usual bounty of rum, burgers and fixin's, and Ruth Hatcher's chocolate chip cookies. Six boats in 2 classes competed in a pursuit start format, where handicapped time differences for a set course are calculated in advance and applied to each boat's start time. The slowest boats start first and faster boats attempt to pass them before the finish line at the harbor entrance. First to finish is the winner.

In the 2-boat spinnaker class **WAILANI** (Tartan 10, Jane Thomas, CIYC) **overtook MADD OG** (J/24, Bill Brayton and Doug Coon, CIYC) after passing the windward mark at the Mandalay Buoy and stayed in the lead through the finish. In the 4-boat non-spinnaker class **ZOARCES** (Irwin Citation 35.5), formerly Shelly Johnson's boat, was sailed by Shelley's crew members and current owners, Mark Hoffman and Michael Bolotsky, and **took 1st place**. The remaining non-spinnaker boats, in order of their finish, were **SHE SAID NO 2** (Ultimate 20, Ron Dietel, VSC), **RED SAILS** (Lancer 36, Peter Hopps, CIYC), and **EAU CLAIRE** (Beneteau 440, Rick and Deborah Tyhurst).

Just 2 weeks later, CIYC hosted the largest Ventura County race event in recent memory! **The Channel Islands to Marina del Rey Race** was resurrected in collaboration with Del Rey Yacht Club 4 years ago. **This year, entries reached 46 boats** - including 39 visiting boats needing assistance with docking! Channel Islands Harbor Marina has been always gracious in allowing us to use their empty berths for reciprocal visitors and providing loaner key fobs for gate and bathroom entry. Good for CIHM but unfortunate for visiting racers, significantly fewer empty berths were available to us this year. As the entry list kept growing, I reached out to **PCYC Commodore Robert Alexander**, who opened 84' of linear dock space which has already been approved for "rafting" - where the first boat ties up alongside the dock and the next ties up alongside the first boat. I also contacted **Harbormaster Andy Werner**, who promptly scheduled a meeting with **Harbor Director Michael Tripp**. **Not only did they allow us to reserve the public dock by Peninsula Park and the Maritime Museum/MYSTIC WHALER dock, but they also approved rafting up to 3 boats side-by-side and limited med-ties to accommodate the overflow.** With the Harbor Administration's help, the tall ship being away at shipyard, and finding a few temporarily unoccupied berths, we found places for everyone!

Most boats came Friday afternoon for the Saturday race and called in as they entered the harbor. Mike Geer or I confirmed their dock assignment, gave them more detailed directions to find their dock, and welcomed them at the dock. Racers on boats docked at PCYC and across the harbor and those staying in hotels miles away especially appreciated our perennial Racers Ride shuttle service, led by Dodie Duffy ([see separate report from Dodie](#)).

Racers ate and drank well while visiting our harbor! On Friday, September 20, Vice Commodore Marc Gault and Eileen, Rear Commodore James Glass and Katrina, Junior Staff Commodore Lisa Medlen, Staff Commodore Cary Verstynen, Evelina Arglen, and maybe more.. prepared a fantastic New York steak dinner with baked potato and salad bar, which served over 110 racers! Becka collected racers' payments for meals, and Kami and Capri handled their drink orders with a smile. Mack & D entertained the crowd with their music, and many of the racers hit the dance floor.



Continued next page

CIYC RACING REPORT *Continued* By Cap'n Jane Thomas

Early the next morning Islanders First Mate Eveline Paulin, Treasurer Sue Woolf, and several others prepared a delicious pre-race breakfast of eggs, sausage, bacon, and a variety of breakfast breads. They served about 130!

And as an added service for racers, on Friday night we forwarded their sandwich orders to Subway (5th and Victoria), manager Pam fixed them Saturday morning, and Gene Peck brought them to CIYC for pick up at breakfast.

Jeff Hancock skippered his Beneteau Oceanis 55, **LEVEL UP**, as the Race Committee boat again this year. It's spacious cockpit area is ideal for RC activities, and its bow thrusters were helpful for keeping the boat square on the starting line. PRO Bill Brayton was helped by Alison Rowe, Lonnie Jarvis, Scott Dempsey, Jamie Fowler, and photographers Bonnie Chaney and Lisa Bronitt.



Race Committee for CI2MdR: Bill Brayton (PRO, Principal Race Officer), Jeff Hancock (RC Boat Owner/Skipper, s/v LEVEL UP), Alison Rowe, Lonnie Jarvis (PCYC), Scott Dempsey, Jamie Fowler, Bonnie Chaney, and Lisa Bronnitt (MdR photographer)

Photo by Brendan Huffman DRYC Race Chair



Eric Taylor skippered the Mark Boat, and Chuck Grethel and Hank Corcoran assisted with inflating and setting the mark at the port end of the start line. Later on the VHF radio, I heard Eric call BoatUS for a tow and asked him about it. "I had a clogged injector and the outboard failed. It had just been serviced ... I called BoatUS. After explaining the situation, the first BoatUS boat took Chuck, and they waited on the mark until all the racers had started. That took an hour or so. In the meantime, a second BoatUS boat came and took us under tow. The first BoatUS boat returned Chuck and the mark to us and took us to the dry storage crane. Lonnie came and took us all back to our cars and the mark back to the club, so it all ended fine."

The racers raved about CIYC hospitality and how much they enjoyed their visit and the family feeling around the club. They were very happy with the course, the start line, and the Race Committee communications. Many CI2MdR race entries compete in big regattas along the California coast, have returned year after year saying this is their favorite race, tell us we're the best pre-start host club, and exclaim this year's CI2MdR race was the overall best!

It takes a village to put on an event like this. We learn something new every year and our guests really appreciate our efforts. Special thanks to all volunteers who had a part in making this year's CI2MdR Race such a success! I apologize if I have overlooked anyone in this report.

Upcoming October Races/Community Events:

Saturday, October 5: AYC/PCYC Two Harbors Fall Series #1

Saturday, October 12: VYC Fall Debacle

Sunday, October 20: Caregivers Sailathon

Saturday, October 26:

PBYC/AYC Two Harbors Fall Series #2

Channel Islands Harbor Parade of Frights

Saturday & Sunday, October 26 & 27: SBSC Goblin Regatta

Jane Thomas

CIYC RAM Captain & Race Chair

More photos next page



CIYC's Steve Aronson (green jacket) crewed on GURLI, a J/111, owned by Derek Herb, CYC

WAILANI checking-in with the Race Committee (L to r): Roxanne Vettese, Kelly Sherwood, Jane Thomas of CIYC; Lisa Thomas (CIWSA), Steve George, Bob Hazle (VYC)

Cruiser B fleet before the start: HOTEL CATALINA (Catalina 36, Ludovic Francois, DRYC), WAILANI (Tartan Ten, Jane Thomas, CIYC), and RASCAL (Hunter Legend 37.5, SCYA Commodore Kathy St Amant, DRYC, SCCYC)



Performance E Class starting (LtoR): CUCHULAINN (J/105, Rob Dekker, SCCYC), BIG APPLE (NY36, Joe Couch, DRYC), SLIVER (Hobie 33, Mike Geer, CIYC), and TEASER (Beneteau First 36.7, Mike Guccione, PMYC). **SLIVER took 1st in its class!**



Photos By Bonnie Chaney

CIYC RACER RIDES

This is my 3rd year participating in, and 2nd year organizing, the Racer Rides for the CI2MDR sail race held on Sat, Sept 21, 2024.

Using cars and boats, we volunteers transported many racers from their hotels, boats, and docks to CIYC for Happy Hour and their racer dinner Friday evening. Then after dinner and dancing, we returned them back to their berthing.

We did the same thing next am for breakfast at the Club prior to the race start. We also picked up Subway sandwiches the racers had pre-ordered, via Jane, and delivered them to the Club at breakfast for the racers to grab. The Hampton Inn was sold out, so we had some distant hotel destinations! All these volunteers happily accepted the challenge and showed the racers how "The BEST Yacht Club in Ventura County" (8 years running) steps up and sets a high bar! I can tell you, ALL the racers were quite amazed and had so many kind words of praise, not just for us Racer Rides volunteers, but for all the CIYC members and how we made their race experience Funtastic!!

I sincerely thank the Racer Rides volunteers who totally Rocked it: *Debbie Mitchell* for creating the Racer Rides flyer with map and information handed out to the racers and for driving! *Jim Grubbs'* many, many trips on his Duffy boat. Two new members, *Lisa Reaume & Reneau Oglesby*, and my husband *Shawn Duffy*, - my Energizer Bunnies who never stopped driving those round trips! I think they must have gotten a bit dizzy, haha! *Gene Peck* for picking up the Subway sandwiches. And two more on boat transport - *Burt Stillar & Augie Ponce de Leon*. Such a Great Team!

Our Jane Thomas, together with CIYC Staff Commodore Tom Warden and Rick Ruskin of Del Rey Yacht Club, brought this race back in 2021. And for the past two years Jane Thomas and Del Rey Yacht Club's Brendan Huffman have organized the race.

Wow, they've created one of the most sought-after races in So. Cal.!!

Each year, participation has increased and I'm going to bet that next year this race will be the most popular in all of Cali!!

Hats off to Jane, Brendan, and ALL our CIYC volunteers who did a bang-up job and made all the racers feel very welcome and at home in our Club!

Needless to say, I had a Blast! I'll be back at it next year!
- Dodie Duffy



Photo credit to Valerie Hall

COME COOK WITH US!



FREE Don't miss the LAST 3



FREE CLASSES!

By Bob Taylor

**WEDNESDAYS OCTOBER
2nd, 9th, & 16th
5 PM**

**Followed by the
Wed Night Dinner at 6:30
RSVP**

reservations.ciyc@roadrunner.com

WHAT ARE THE ODDS?

My wife, Kathy, and I decided to go on the Labor Day CIYC Harbor Cruise on John Canavan's electric boat with four other passengers, making a total of six.

I overheard two of the ladies on the boat, Valerie Stephens and Elyse Gonnello, expressing surprise to learn that they both have the same birthday, March 5th. I chimed in and showed them my driver's license which confirmed that I was also born on March 5th.

All of us on the boat were shocked and surprised to know that, of six passengers, half of us had the same exact birthday. What are the chances, the probabilities, or the odds of this happening at a CIYC event with only 6 members? I looked it up and discovered that the probability was .145% or one in 690.

Speaking of odds and probabilities, my boat is *Poker Money*.

I thought this March 5th birthday thing was interesting enough to be published in your next *Currents* newsletter.

Harvey Youngman



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CIYC Commodore 2017

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FROM THE POOP DECK

Avast, Mateys!

Captain Bailey O'Tyhurst here. I can't believe that Editor Debbie gave me my own page. I love these CIYC Humans!

I live in Oxnard Shores with my two Shipmates, Deborah & Rick. They rescued me from my previous home & let me move in a little over a year ago. They say I had at least 2 other homes, but I don't remember much cuz this is just the coolest place. The old man takes me on bike rides along the beach and sometimes he lets me stop and visit with other Scallywaggintail beach pups. There are all kinds of good smells in the parks and dunes, and squirrels, bunnies, cats, & lizards. I get sooo distracted!

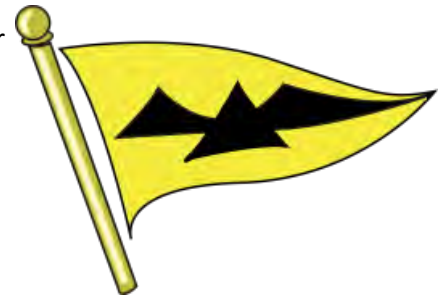
Sometimes I get afraid that it's just a dream & I'll have to go back to the old place, so I'll start crying when my shipmates leave me alone. A couple of weeks ago I started at Doggie Day Care, so I can get better socialized & be trusted being off leash with all the other pups. Whew, I'm so glad I was accepted. It would be totally embarrassing if I'd been kicked out!



Photo credit : My Humans



Did I mention that I have a Sail-boat? It's very awesome. I keep it by the other club :-). Funny story...Mom had something called an "Opening Day" & I guess all the clubs have one. Dad & I went down to the boat and raised a humongous CIYC battle flag right below the other club during their "Opening Day."



I think Dad got in trouble for that. Glad it was him instead of me. I'm usually a very good girl. I'm seldom impolite, except in the car. I love my toys and have my favorites that I've gotten in a little trouble for burying in the yard & in Mom's flowerpots. I am a runner, so until my people trust me, I stay on the leash. I get a little intimidated by Men, especially tall ones. I've been known to counter surf & get pissy when someone walks down the walk-street to the beach like they don't know it belongs to me. Anyway, other than those few indiscretions, I'm perfectly behaved & get lots of attention from humans. I'd love to see you around the beach and/or Marina and swap some hugs & licks.

Scallywaggintail Bailey

If you would like to submit an article for the Poop Deck please send a couple of photos and a story told by your... whatever!
EMAIL photos please make sure they are high resolution of at least 150 dpi or above to currents.ciyc@roadrunner.com



Italian Fall Festival DINNER & BOCCE BALL

SATURDAY, OCTOBER 5th
Bocce Ball 3-6PM
Dinner 7PM

BOCCE BALL

Check in will start at 2:45pm
You must indicate
you want to play
when you RSVP for dinner!

Italian Dinner

By Chef Shana!

Caesar Salad
Garlic Bread
Chicken Fettuccine
Neapolitan Ice Cream
Sandwich

\$20

RSVP

reservations.ciyc@roadrunner.com

Please indicate BOCCE BALL
to sign up when you RSVP
so we can prep the lanes!

No alcohol outside the club

Saturday, October 12, 5:00pm-7pm



Stop by before the Clubs 64th Anniversary Dinner Dance!



Upcoming in October

Sports in the bar



Sundays at 1 PM

Mondays 5pm—POTLUCK!



**FRIDAYS
HAPPY
HOUR
& LITE
BITES**

**Saturday Oct 5th Italian Fest
BOCCE BALL & DINNER**

Saturday Oct 12th
64th Anniversary Dinner

**SUNDAY Oct 13th
2-5 pm OPEN HOUSE**

FRIDAY Oct 15th
7 PM General Meeting
ELECTION OF BRIDGE



Saturday Oct 26th
7 PM Halloween Social

Wed Dinner Oct 30th
6:30PM Halloween Dinner

HAPPY HALLOWEEN

Wednesday, October 30, 2024

Bar opens at 5 pm Dinner served at 6:30 pm

Dinner prepared and presented by

The Witches and Warlocks of Channel Islands Yacht Club

Jim and Linda Perry

Sherry Nolan and Kat Sotiridy

Menu

Bountiful Bloody Beet Salad
Beef and Soy Chorizo
served in a Bell Pepper Pumpkin on top of a
Seasoned Black Bean Graveyard
With Kat and Sherry's Corn Muffins

Dessert

Frightening Amputated Dead Finger cookies
with amazing Night of the Dead
decorated cakes

\$15

[RSVP RESERVATIONS.CIYC@ROADRUNNER.COM](mailto:RSVP.RESERVATIONS.CIYC@ROADRUNNER.COM)

**COSTUMES
ENCOURAGED!**

DON'T MISS AN EVENT! RSVP: [EARLY reservations.ciyc@roadrunner.com](mailto:early_reservations.ciyc@roadrunner.com)



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 6:30pm Wed dinner	3 DJ Trivia Bar food	4 Happy Hours 5-7 pm <i>Birthday Bash potluck</i>	5 <i>Italian Fest</i> 3-6:30 Bocce Ball Before 7pm Italian Dinner By Shana
6 1pm Funday in the Bar	7 5pm Bar open for Monday Night Football potluck	8 <i>Noon Islanders lunch & Election of Officers</i>	9 6:30pm Wed dinner	10 6:00pm CIWSA DJ Trivia Bar food	11 Happy Hours 5-7 pm Lite Bites	12 7pm CIYC 64th Anniversary dinner
13 1pm Funday in the Bar 2-5 pm Open House	14 <i>Columbus Day</i> 5pm Finance meeting 5pm Bar open for Mon- day Night Football pot- luck	15 6:00pm CIYC BOD	16 5pm Islanders BOD mtg 6:30pm Wed dinner	17 DJ Trivia Bar food	18 Happy Hours 5-7 pm Lite Bites	19 Epicureans
20 1pm Funday in the Bar	21 5pm Bar open for Monday Night Football potluck	22	23 6:30pm Wed dinner	24 DJ Trivia Bar food	25 Happy Hours 5-7 pm Lite Bites 7PM General meeting - Election of Bridge!	26 7pm Halloween Social
27 1pm Funday in the Bar	28 5pm Bar open for Monday Night Football potluck	29	30 6:30pm Wed Halloween dinner ! 	31 <i>Halloween</i> DJ Trivia Bar food		



I bought my first boat, a Ron Holland 43, in 1992 and have been sailing pretty much regularly since. No real injuries other than the usual bumps and bruises until Memorial Day, when my boat fell off the back of a wave, compressing me into the helm seat, significantly traumatizing my back and left hip.

So, I did an online search.

Yearly Fatalities of Boaters: 88% fatalities are from drowning. 40% of those fatalities come from vessel capsizing. Cold water and strong current were reported in a high percentage of accidents. Most accidents happen in open motorboats 16 feet or less.

Falling overboard: This is the leading cause of boating-related deaths, often due to **lack of life jacket use**, inattention, or sudden movements.

Capsizing: Boats can capsize due to factors like overloading, high winds, or collisions, leading to drowning if passengers aren't wearing life jackets.

Collisions: Accidents involving other vessels, fixed objects, or obstacles can result in injuries and fatalities.

Operator inattention: Distracted or inexperienced operators can contribute to accidents, leading to collisions, falls overboard, or other incidents.

Alcohol and drug use: Operating a boat under the influence significantly increases the risk of accidents and fatalities.

Prevention tips:

Wear a life jacket: Always wear a properly fitted life jacket or personal flotation device (PFD).

Take a boating safety course: Learn proper boating techniques and regulations.

Check weather conditions: Be aware of weather forecasts, avoid boating in dangerous conditions.

Don't drink and boat: Alcohol impairs judgment and reflexes.

Maintain your boat: Ensure your boat is in good condition, properly maintained.

Be aware of your surroundings: Keep a lookout for other boats, obstacles, and hazards.

I ALWAYS wear a PFD, with a personal AIS EPIRB connected, and a handheld VHF radio in my pocket. I've never had to utilize emergency services (well, quite a number of years ago, sailing to Hawaii, I did issue a Pan-Pan via Ham/SSB and the Coast Guard came out with emergency repair equipment for the boat; a story for another day).

Be careful out there.

Garry

docsails@gmail.com

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FRIDAY OCTOBER 4th

Happy Hours 5 -7PM

6:30 Potluck

Birthday & Anniversary Bash



HAPPY OCT ANNIVERSARIES!

Bob & Priscilla Becker	Oct 04
Scott & Mary Wales	Oct 09
Paul Herold & Valerie Stephens	Oct 12
Kenny & Jane Thomas	Oct 12
Nino & Karen Garrolini	Oct 19
Jim Klein & Alexa Garfunkle	Oct 24
Doug & Kat Norton	Oct 31
Eric Taylor & Laura Forsyth	Oct 31

HAPPY OCTOBER BIRTHDAYS!

Berns, Ira	Oct 01	Davis, Marie	Oct 17
Ziv, Jayne	Oct 02	Brauns, Barbara	Oct 18
Webb, Tom	Oct 03	Guglielmo, Robyn	Oct 19
DeFusco, John	Oct 04	Schimmel, Otto	Oct 20
Walters, Nick	Oct 04	O'Herlihy, Wailani	Oct 21
Gilbert, Gary	Oct 05	Taha, Saad	Oct 21
Lance, Rande	Oct 05	Stok, Bill	Oct 22
Dugan, Judy	Oct 06	Dupuis, Frank	Oct 24
Kraft, Garry	Oct 06	Schomaker, Greg	Oct 24
Qualls, Linda	Oct 07	Schomaker, Sandy	Oct 24
Naylor, Carole	Oct 09	Sheridan, Joyce	Oct 25
Parizo, Linda	Oct 10	Capra, Dana	Oct 27
Jewell, Jimmie	Oct 12	Farrell, Karen	Oct 27
Dobbs, Eric	Oct 13	Gerdes, Ted	Oct 27
Light, Andi	Oct 13	Hernandez, Rafael	Oct 28
Organ, Bill	Oct 13	Maxwell, Dan	Oct 29
Webb, Sandra	Oct 14	West, Dennis	Oct 29
Ireland, Rick	Oct 15	Crocket, Sandy	Oct 30
Oglesby, Reneau	Oct 17	Pulliam, Janis	Oct 30
Gargan, Nancy	Oct 16	Webb, Leslie	Oct 30
Kraft, Lina	Oct 16	Glass, James	Oct 31
Kudlac, Jeff	Oct 16	Taylor, Eric	Oct 31
Lawson, Nga	Oct 16		



Photo Credit: Eleanor Hovaten getting spooky at CIYC!



CIYC



VCReporter

NEWS CULTURE ARTS & OPINION

2024

Thank You!

8 YEARS IN A ROW!

Best Yacht Club in Ventura County



Your Bridge and Board continue to endeavor to control costs so that our members can enjoy the benefits of Club membership at a reasonable cost. January 1, 2024, a 3.5% service charge was added to all payments made via credit card. Visa has reduced their charge to 3%, so even though MC is still 4%, we reduced what we charge our patrons to flat 3% to coincide with Visa.

Please consider making Club payments via check or ACH transaction to avoid this charge.

Thank you for your help in keeping our Club's operations efficient.

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CURRENTS SUBMISSIONS

E-mail submissions and photos to
currents.ciyc@roadrunner.com

Please email images or post on Facebook!

DEADLINE NOTICE:

Articles must be received by the 15th of the month
preceding the next publication month.

Next deadline **OCTOBER 20, 2024**
for the **NOVEMBER 2024** Issue.

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If you EMAIL photos please make sure they are high resolution
of at least 150 dpi or above.

to currents.ciyc@roadrunner.com

PLEASE send **details:** names and dates of people in photos and photo credits.

Opinions expressed in this publication are those of the authors and may not reflect the opinions of the organization or its members.