

Channel Islands Yacht Club

CIYC



CURRENTS

Volume 64

Issue 05

64 Years of Service

MAY 2024



OPENING DAY ON THE WATER!

EAU CLAIRE, CIYC's Commodore's Boat, skippered by Rick Tyhurst for Commodore Deborah and her Bridge.

PHOTO: Bonnie Chaney

From the Quarterdeck

2024 Commodore Deborah Tyhurst



AHOY, Shipmates!

The Channel Islanders continue with their traditions and grace. Earlier last month, I was honored by their invitation to speak at their annual Islanders Anniversary Celebration. Thank you to First Mate **Eveline Paulin**, fantastic Chef **Evelina Arglen**, her crew, and all the Islanders.

There are so many to thank for Opening Day! To all of our Skippers who got us out on the water for the Opening Day Parade; to **Vera Cline** and **Lisa Medlen** for coordinating the ceremony; to our Singers **Bobby & Lee Orgel** and **Mary Wales**; to all who participated in the celebration which took us on a tropical vacation with décor led by **Claire O'Farrell** and flowers



by **Linda Weisfuss**; to **Eveline Pauline** for leading the **Islanders** and our cooks in their efforts; to **Paul Harris** for creating a great photo wall; to the **CocoKnots** band; to instigators of crazy bartender aloha shirts and cabana boy "Moon Doggie." I know there were also many volunteers for cleaning, registration, setting up, and tearing down. [Pictures Page 11] Please know you are all very much appreciated! **THANK YOU!**

You may notice in the next couple of months that some of your Bridge members will be absent. We are continuing to travel and represent CIYC at other yacht clubs' Opening Days up and down the coast. This is customary for keeping good will and Corinthian Spirit going.

If there was ever any doubt that "**CIYC's Got Talent**," that was put to bed with our recent Variety Show. Thank you, producer **Barbara Brauns**, and all your talented cast and crew. It was amazing! If you missed this show, Burt Stillar's videos are online for your enjoyment. [Pictures page 14]

CIYC is overflowing with fresh new ideas for fun and entertainment. Thank you, **Stacy Wolf**, for your innovative ideas! Your *Sip and Paint* was very well received and enjoyed. Another great success was the Wednesday night social mixer on which **Rene Aiu** and **Joyce Sheridan**, assisted by the **Channelettes** and **Stacy Wolf**, worked together. Rene and the Welcome Committee mixed us up with random seating, while **Joyce** and crew sang to us while they fed us a wonderful meal, followed by **Stacy** leading us in a competitive game of Family Feud. **Great fun!**



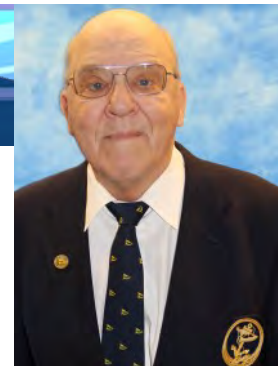
As I write this, **Kat Sotiridy**, **Sherry Nolan**, and crew are preparing for their themed dinner social TITANIC. I suspect that this will also be a huge success!

Mark your calendars for a very special Mother's Day Luncheon prepared by your Board of Directors and Bridge. It will be on Sunday, May 12th, at 1:00. Please watch for the flyer and make your reservations as early as possible.

That's a wrap! SEE YOU ON THE WATER OR AROUND THE CLUB!!!

From the Quarterdeck

Vice Commodore—Tom Webb



It's heartwarming to see the efforts of our Channel Islands Yacht Club members preparing for the **Disabled Veterans Sail Day**—June 9th, 2024.

Captain Christine Healey's call was a delightful surprise!



The involvement of the *Mystic Whaler*, an 83-foot long, 110-foot tall steel-hulled schooner berthed in Channel Islands Harbor, adds a special touch to this event. We are anticipating help from the International Order of the Blue Gavel (IOBG), comprised of previous Commodores, as well as from many neighboring yacht clubs.

That being said, we still need your help to put on this worthwhile event honoring our Veterans.

Please reach out to me at tombwebb1957@gmail.com or call me at (661)978-8159 if you can spare some time and energy and wish to participate.

By the time this goes to print, the annual **Paul and Ruthie Hatcher Whale Watch** will have already occurred. Aren't you curious about who snagged the trophy and which judges succumbed to bribery? HMMM...Would you like to know what went on in those deliberations? Stayed tuned next month to find out who won the trophy.

We often get caught up in our daily routines and forget about the natural wonders around us. The CHANNEL ISLANDS NATIONAL PARK and MARINE SANCTUARY are true gems and just 11 miles from our harbor. These 5 remarkable islands are often likened to the Galapagos of North America. How fortunate to have such beauty close at hand! So clean the seagrass off the bottoms of your boats and sail or power on over. Better yet, coordinate with our Cruise Director **Garry Kraft** and bring some friends. Don't forget to bring back photos and fish...many fish!

Local on-the-Water Activities for May

May 4	AYC	Anacapa to Port (AYC Island Series #2)
May 11-12	PBYC/SBYC	Hardway Race (PBYC Island Series #1/Wilson Series #2 of 6)
May 18	CIYC	Men's Fishing Tournament
May 19	VYC	Commodore's Classic
May 25-27	ASBCYC	All-Club Cruise (destination to be determined)
May 27	VYC	Blue Water Series

From the Quarterdeck Rear Commodore Marc Gault



Rear Commodore's Report

April was very busy with Opening Day Celebrations followed by a weekend of Variety Show entertainment.

The Titanic Dinner presented by **Kat Sotiridy and Sherry Nolan** was fantastic.



Phil MacPhail and the **Beefeaters** prepared a dinner that was equally outstanding.

Joyce Sheridan put together fantastic meals for Wednesday dinners in April.



Infrastructure improvements are moving in the right direction. Our contractors have installed all three sub-panels and conduit/wiring and are re-configuring outlet layout by panel. The immediate results will be the ability to load up the North wall of the Dining Room and South wall of the bar with crockpots and other heating devices for Potluck Service. No more power shutoffs in the bar or dining areas!



There will also be Insta-Hot water devices installed in the upstairs restrooms soon. We are currently soliciting bids to perform this project.



Knowing that we have resolved some serious safety issues is really a great relief. The crew installing the new panels showed me two areas where we had arcing taking place, as well as flammable paper towels shoved in holes where the panels were located. Not good! So grateful that we did not experience a California Yacht Club event.

NEW SUNDAY BAR HOURS (effective April 28th, for the foreseeable future)

Sundays Bar opens at 1:00pm. Sundays will be filled with sporting events. This time of year we have Dodger Sundays, followed in the fall by NFL football. This will be accompanied by **Potluck vittles of your choice - your chance to prepare dishes that you would like to share with your clubmates.**



Good things are happening at our club. Be sure to participate and enjoy your investment.

Anyone wishing to help in any way with maintenance, cooking, etc., please contact me at your convenience.

Marc Gault (805)722-9422.

Mark your calendars, see the full flyer (page 12) and make your reservations for Sunday May 5th for our annual Cinco de Mayo party!



Watch your email for updates!



Anglers' Corner

By Frank Sullivan



WSB grow-out pen update:

The fish are doing great and are about 9 inches long. This year we are going to try to keep them longer in order to release them as big as reasonably possible to promote survivability in the wild. Because of this we had to change out the containment nets, as the ones they are in now were getting fouled.

So I put out a call for volunteers to help, and we had a great response. Folks from CIYC, Ventura County Sportfishing Club, Channel Islands Fishing Club, and others answered the call. Thank you, Jimmy Fillo, Frank Sullivan, Bob Deyling, Skip Miser, James Glass, Leslie Tuxhorn, Dave Johnson, Gary Bonar, Bob Byron, Ron Pawlak, Ralph Richards, Mike Council, Tom Langley, and John Jolly.

We met at the pens on Saturday, April 20th, at 10am and were able to knock it out in less than an hour. Having enough help makes it a lot easier and safer for us and for the fish.

The hatchery contacted me and we expect them to come out and complete the last length and weight measurements and final count on Tuesday, May 7th, at 10am. If this is confirmed, we will need help again to crowd the fish into half the pen and count them into the empty half. I will put out another call for help when we are positive regarding the schedule. After that, the goal is to release the fish as soon as May 28th or a little later. Thank you again to all our hard-working volunteers.



Fishing Report:

Commercial Passenger Fishing Vessels (Charter Boats) are reporting good quantities of Rockfish and some Calico and White Sea Bass being caught. I would expect the WSB counts to start to increase as the season progresses.

Remember the limit is one WSB between March 15th and June 15th in our waters; after that the limit goes to 3 per angler per day.

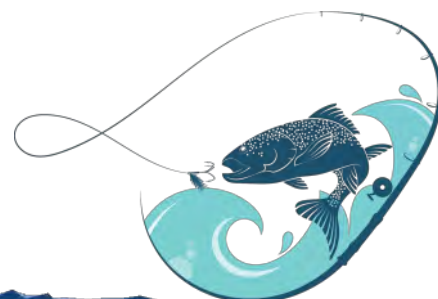
Big Fish of the Month:

So far the Big Fish of the month is Marc Gault's 12.5 LB Halibut caught April 21st at the south side of Santa Cruz.



Upcoming events:

May 18th	Men's Fishing Tournament - See flyer next page
June 8th	Ladies' Fishing Tournament
July 6 th	In-Harbor fishing Tourney (free fishing day)
July 28 th	CIYC Anglers' Charter on the Aloha Spirit (SOLD OUT)
September 6th	Channel Islands Billfish Tourney Kickoff Dinner
September 7th to 11th	Channel Islands Billfish Tournament
September 13th	Channel Islands Billfish Tourney Awards Dinner at PCYC
November 9th	Anglers' Awards Dinner





CIYC

Men's Fishing Tournament

Saturday May 18th 2024

The annual Men's Fishing Tourney is scheduled for
Saturday, May 18th, 3am to 5pm.

The weigh-in is at CIYC at 5PM. Sign-up is \$10 (collected by the boat captains) and the prizes will be distributed at 50% for 1st place, 30% 2nd place, and 20% 3rd place.

Sign up by e-mail to me: membership.ciyc@roadrunner.com

Or there will be a clipboard in the bar on the Angler photo wall.

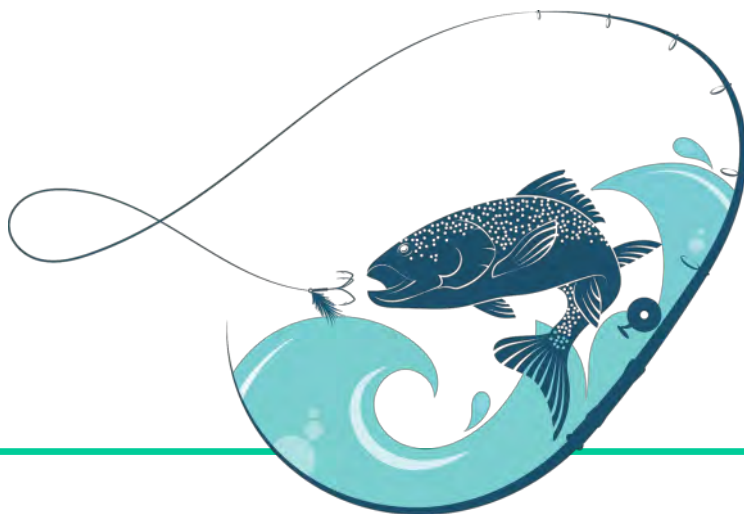
All legal fish count except Billfish, Sharks, and Rays.

Only fish caught after 3 am Saturday count for the tournament, but you may go out earlier to catch bait and pre-fish.

This event in the past has been a blast. **If you are a boat owner, please let me know if you are willing to take on some of these men.** If you are a man wishing to fish the tourney and don't have a ride, let me know. If the weather is good, we should have a great time.

Good Luck! Remember Tourney fish don't count for Big Fish of the Month but can qualify for Big Fish of the Year, so keep turning them in.

*Frank Sullivan,
Anglers' Chair*





Channel Islands Harbor Marina Owner and Operator, Almar, Merges with Suntex

Suntex Marina Investors, LLC (Suntex) merged with Almar Marinas, the owner and operator of major marinas at Channel Islands Harbor. The marinas that will be incorporated into the Suntex portfolio are: Peninsula Yacht Marina and the marinas located along the waterside of the Paz Mar Apartments (LM 1,2, and 3), Bahia Marina, and Westport Marina. Suntex plans to rebuild the Channel Islands Harbor marinas in phases, starting with the Bahia Marina for which they are in the final process of obtaining building permits.

Suntex is the largest stand-alone recreational marina owner in the U.S. by marina count and boat slips. Suntex, a company based in Dallas, Texas, owns both coastal saltwater and fresh water marinas across fifteen states in the U.S.

Suntex properties will now include eight Almar marinas across California. Among them: Marina Del Rey Marina and Ventura Harbor's Portside Marina. In addition, the agreement also acquires Almar's management division and the nine marinas Almar currently manages on behalf of third-party owners in California and Hawaii.

Brief Updates on Harbor Development

The Harbor Department reports that Karls project for Fisherman's Wharf is progressing well. They are working with Karls on lease points and hope to have them finalized to bring to the Board in May or early June.

The Hyatt Place Hotel project start date is still not determined. The developer, Brighton Management, submitted their water meter plans to the City of Oxnard, so they should start getting billed for water services. They are also working with the anchorage lessee, now Suntex, to ensure the necessary grading is done and the utilities are laid before the dock project starts next year.

Rene Au, Harbor Delegate

REEL GUPPY OUTDOORS
2024 FUNDRAISER
EVERY \$40 DONATED
SPONSORS ONE CHILD
THIS SUMMER!

GOAL: SPONSOR 150
KIDS BY END OF MAY
FOR THIS SUMMER!

SCAN TO DONATE

501(C)(3) CONTRIBUTIONS ARE DEDUCTIBLE

SERVING OUR COMMUNITY SINCE 2011

6,000+ YOUTH 3,000+ NEW ANGLERS 500+ EXCURSIONS & CLASSROOM DEMOS
100+ NO COST STARTER POLES \$120,000+ IN FISHING TRIP SCHOLARSHIPS

SPONSORSHIPS AVAILABLE
WWW.REELGUPPYOUTDOORS.COM • 805-248-2166
THANKS TO OUR SUMMER FUNDRAISER SPONSORS!

KEY CHANNEL ISLANDS YACHT CLUB Harbor's Beach Community Alliance

Scan the QR code or [Click here to DONATE](#)

Channel Islanders First Mate Eveline Paullin

Hi, Everyone,

Opening Day was a wonderful sunny day and very successful event! The decorations were beautiful, and the food was excellent.

I thank Claire O'Farrell; she has amazing talent. Also, the decorating team: **Petronela Harris, Maureen Fletcher, Linda Greenup, John Canavan, and myself.**

Thanks to Linda Weisfuss for the wonderful flower arrangements and **Paul Harris** for fixing the photos so that they could be enlarged.

Thank you, James Glass and Jim Grubbs, for hanging the tropical faux lanterns.

The decorating crew and takedown members were:

Carole Naylor, Ginny Johnson, Elese Childs, Pam Halford, Steve Onderko, Alison Gabel, Dodie Duffy, Gayle Laza, Miriam Stempler, George Hornberger, Zoran and Erika Barbaric, and Marnie Bech.

Thank you to the Chefs who donated their excellent dishes!

The chefs were:

Elese Childs, Bob Deyling and Marsha Anderson, Maureen Fletcher, Petronela Harris, Melinda Irvin, Joyce Sheridan, Sher Nolan, Kat Sotiridy, Sue and Phil Woolf, Ginny Johnson, Gabe Soumakian, Diane Sabol, Katrina Glass, Linda and Jim Perry, Pam Halford, Gaynor Grubbs and myself, Eileen Gault, and Evelina Arglen.

Gaynor Grubbs and Pam Halford did a wonderful job organizing the food in the kitchen on Opening Day.

Thank you to Sidney and Gary McFarland for the Banana Tree branch used for decorating. (I know it was very heavy.)

A big thank you for the cash donations from **Elese Childs, Michelle Dilldine, Rita Carter, and the Channel Islands Women's Sailing Association.**

An extra big thank you to all who made Opening Day a wonderful Event!

We have plans for an event in May; please watch your emails from my Corresponding Yeoman, Carole Naylor.

Eveline Paullin

First Mate 2024





Mitochondria and Cancer

Experiment in animals:

Take the nucleus (genetic material) from a cancer cell and transplant it into a normal cell.

No cancer develops.

Take mitochondria from a cancer cell and transplant them into a normal cell.

Cancer develops.

Take mitochondria from a normal cell and transplant them into a cancerous cell.

Cancer disappears.

Conclusion: **Malfunctioning mitochondria cause cancer.** Not the genes.

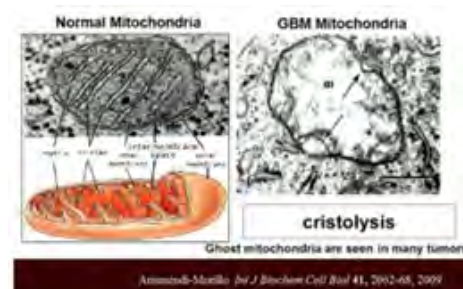
Most oncologists and researchers believe in a **genetic origin** of cancer. Most research and grants are geared toward gene therapy and chemotherapy. But what if the **genetic origin** premise is wrong? Then current research is meaningless. What if we are spending money and barking up the wrong tree?

Some prominent researchers are convinced that **metabolic mitochondrial dysfunction** is responsible for cancer.

So what are mitochondria? Mitochondria are organelles within the cell. Every cell (except red blood cells) has them. They produce energy by giving electrons to incoming oxygen, releasing energy so the cell can do its work, and releasing CO₂ and H₂O (**respiration**) back to the blood to be exhaled.

The energy produced enables the cell to do work: The liver cell to make bile, store glucose into glucagon, make cholesterol, the brain to produce and spread electric signals, heart cells to contract, etc. The more energy a cell requires, the more mitochondria it has. For example, half of heart cell volume is filled by mitochondria. You see the picture.

If mitochondrial function is acutely corrupted or stopped, the cell will die (by cyanide poisoning for example). But **chronic** disruption may alter the mitochondrial oxygenation process and replace it with **fermentation**, which is energy production without oxygen. Over time the damaged cells do switch to fermentation. Fermentation disrupts regulated cell division **which puts cell division out of control**. Out-of-control cell division is the definition of cancer.



So what causes mitochondrial dysfunction? Toxins, carcinogens, intermittent hypoxia, radiation, old age, viral infections, chronic inflammation caused by excesses in the diet (**such as by processed foods or omega 6 fatty acid**), stress, lack of exercise, obesity, radiation, insecticides, viruses, - a whole variety of things - and also rare genetic conditions.

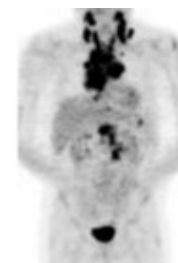
But no matter what the cause is, it all comes to **chronic mitochondrial disruption and fermentation**. All cancers are caused by it, according to these researchers. Be it breast, colon, prostate, liver, thyroid, brain, - you name it - they are all fermentative in nature.

So how does one preserve healthy mitochondria? **Ketones** are very easily metabolized by mitochondria, resulting in fewer damaging oxidative byproducts. The food of our early ancestors was very poor in carbohydrates, keeping them in a chronic state of ketosis, which mitochondria like. Intermittent fasting is the other way to make our mitochondria happy.

There are only **two fuels** that feed fermentation. The amino acid **glutamine** and also **glucose**.

New treatments are being tried by limiting glucose intake. The cancer is then forced to compete with all other body cells for what little glucose there is - and it may not win - and thus should starve. Some propose a severe **ketogenic diet** to keep cancer under control. So these are some of the new ideas percolating in the scientific community. More on ketones and ketogenic diet in future Doc Lines.

This **PET scan** shows strong uptake of radioactive sugar (deoxyglucose) by cancerous lymph nodes (black areas) and some excretion into the bladder. It demonstrates how dependent the cancer is on using sugar as its primary source of energy.





CIYC CURRENTS May 2024: Racing Report

The windy, wintry weather continued into April and PBYC's Spring #3, which was postponed from March 23 to March 30, was postponed again to April 20. Heavy rain and wind plagued AYC's Anacapa Anyway, April 13, and more rain and possible lightning resulted in postponement of VYC's Lady Driver, April 14 (no new date yet).

Fortunately, the weather gods gave us sun and moderate temperatures for Opening Days!

Here's a summary of upcoming races:

NOSA Newport to Ensenada

AYC Wet Wednesdays

AYC Anacapa to Port,

PBYC/SBSC Hardway Race,

VYC Commodore's Classic,

VYC Bluewater Cruise #1 of 3,

Started Friday, April 26 (<https://cf.yb.tl/n2e2024#>)

May 1, 8, 15, 22, and 29

May 4

May 11-12

May 19

May 27

Happy Sailing!

Cap'n Jane

OPENING DAY ON THE WATER!

PHOTOS BY BONNIE CHANEY



VARIABLE, Phil MacPhail's boat
skippered by Rande Lance for
IOBG members



Burt Stillar's OXNARD with Directors George
Hornberger and Dan & Gayle Estabrook, and
Annie Landry.



Frank And Gayle Laza and Friends



OPENING DAY 2024



MARIACHI
Entertainment by
TRIO SENSACION

SUNDAY 4:00 PM
MAY 5th, 2024

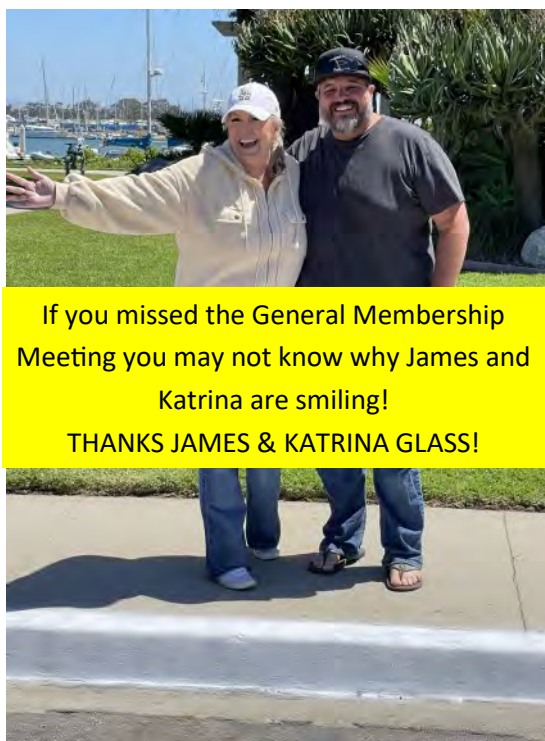
CINCO DE MAYO

Dinner by **CHEF EVELINA**
with **Mayra and Johnny**

<u>APERITIVOS</u>	<u>CENA</u>
Salsa and chips, Quesadillas and Jalapeno poppers	Mexican salad
	Taco Bar with Beef and Chicken
	Grilled street corn
<u>POSTRE</u>	Black beans and Spanish rice
Churros	

\$25

RSVP: reservations.ciyc@roadrunner.com



If you missed the General Membership Meeting you may not know why James and Katrina are smiling!

THANKS JAMES & KATRINA GLASS!

MAY FOOD AND FUN AT CIYC

TASTE OF ARMENIA
Chef Suzan and Crew

WEDNESDAY
MAY 8 6:30 PM

Chicken shish kebabs
Armenian rice pilaf
Taboulé
Hummus
S'arma stuffed grape leaves
Lahmajoun (Armenian flatbread)
Fatoush (Lebanese salad)
Dessert: Baklava

\$15

RSVP NOW!
RESERVATIONS.CIYC@ROADRUNNER.COM

If you RSVP for a dinner and do not receive a confirmation, send a second request!
Or CALL or TEXT Janis!

NEW SUNDAY FUNDAY BAR HOURS
(effective April 28th, for the foreseeable future)
Sundays Bar opens at 1:00pm. and will be filled with sporting events.
Dodger Sundays, followed in the fall by NFL football.
Bring Potluck vittles - bring dishes to share with your clubmates.



FRIDAY MAY 10 TGIF FISH FRY
Pony Races

Birthday Shots & Drawing





1. PORT AND STARBOARD

A common mistake of rookie boaters is to call the two sides of a boat “left and right,” this may seem fine but depending on your perspective this can mean a different side of the boat.

We use the terms “port” and “starboard” to take the place of “left” and “right.” The difference is “port” always means the left side of the boat if you’re facing forward toward the bow and “starboard” is the right side. One easy way to remember which is which, is “port” and “left” both have four letters that end in the letter “T.”

If the boat is operating at night, you need to turn on your navigation lights or running lights. You’ll notice that the one on your port side is red and on your starboard side is green. This shows other boaters which direction you’re facing and determines the right of way.

2. BOW AND STERN

When referring to the “pointy end” or the “front” of the boat, we say the “bow” and the rear is the “stern.”

You can also refer to the bow area as “forward” and the stern as “aft.” Mostly you would use these terms when directing somebody. For instance, “Go aft and fetch me a beer in the Yeti cooler.” or “Go forward and drop that anchor.”

Referring to something in the center of the boat, you can say it is “amidships.”

3. DOWN BELOW AND PASSAGES

If your boat has a lower level, you don’t go “downstairs” you go “below.”

4. THE GALLEY

The kitchen area of a boat is called the “galley.”

5. THE HEAD

When you’re on the water the bathroom is called the “head.”

6. LINES

If you take an ordinary rope from your truck or your home and put it on a boat, it becomes a “line.”

7. CHARTS

What you probably want to call a “map” of the coast is referred to as a “chart” when you’re on a boat. Same with electronic systems, too; they display “electronic charts,” not maps.







Channel Islands Yacht Club

May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 6:30pm Wed dinner	2 DJ Trivia Bar food	3 Happy Hours 5-7 pm Lite Bites	4 CCA Fundraiser
5 1pm Funday in the Bar 4 pm Cinco de Mayo Party				Maritime Captains Class		
	6	7	8 6:30pm Wed dinner	9 6:00pm CIWSA DJ Trivia Bar food	10 TGIF Fish Fry & Horse Races Bday Shots & Drawing	11 No Dinner
12 MOTHER'S DAY 1pm Funday in the Bar 1pm Luncheon	13	14	15 5pm Islanders Board meeting 6:30pm Wed dinner	16 DJ Trivia Bar food	17 Happy Hours 5-7 pm Beachside Jazz & Potluck	18 Men's Fishing Tournament BEEFEATERS DINNER
19 1pm Funday in the Bar 4pm Room Rental- Reel Guppies	20 5pm Finance meeting	21 6:00pm CIYC BOD	22 6:30pm Wed dinner Dan Estabrook-BBQ	23 DJ Trivia Bar food	24 Happy Hours 5-7 pm Epicureans Dinner	25
26 1pm Funday in the Bar	27 MEMORIAL DAY Holiday Supper Club	28	29 6:30pm Wed dinner	30 DJ Trivia Bar food		
	Island Cruise				Island Cruise	

4/24/2024



Channel Islands Yacht Club

June 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Dinner by Crème
2 1pm Funday in the Bar 2-5 pm Open House	3	4	5 6:30pm Wed dinner	6 DJ Trivia Bar food	7 Happy Hours 5-7 pm Birthday Bash	8 Ladies fishing Tournament No Dinner
9 1pm Funday in the Bar Disabled Veterans Sail Day	10	11	12 6:30pm Wed dinner	13 6:00pm CIWASA DJ Trivia Bar food	14 Happy Hours 5-7 pm Ventura British Brass & Potluck	15 7pm Islanders Fathers Day Dinner Social
16 Fathers day 1pm Funday in the Bar E-Boat Event	17 5pm Finance meeting	18 6:00pm CIYC BOD	19 5pm Islanders Board meeting 6:30pm Wed dinner	20 June Solstice DJ Trivia Bar food	21 Happy Hours 5-7 pm Lite Bites	22 Wild Bill Rig Race 7pm BeefEater Dinner
23 1pm Funday in the Bar	24	25	26 6:30pm Wed dinner Law Dogs	27 DJ Trivia Bar food	28 Happy Hours 5-7 pm Lite Bites 7pm General meeting –nominating commit-	29 AdventureSail® Day
Cruise						Cruise
30 Tentative Wedding – Wood						

4/24/2024

TITANIC

HONOUR & GLORY



AMAZING
DINNERS





CCA CALIFORNIA
CHANNEL ISLANDS
CHAPTER
Presents



HOLD 'EM

On the Harbor

MAY 4TH, 2024 // 5PM-10PM

TEXAS HOLD EM // 21+

ADMISSION \$140 | 1 YEAR CCA MEMBERSHIP INCLUDED

• SILENT AUCTION | RAFFLE | WINE PULL

Channel Islands Yacht Club | 4100 Harbor Blvd., Oxnard, CA

www.CCACalifornia.org

C COASTAL CONSERVATION ASSOCIATION CALIFORNIA

thomaswarden@att.net

Tel: (818) 710-8131
Fax: (818) 710-8130

THOMAS H. WARDEN
Attorney At Law



THOMAS H. WARDEN
Law Corporation

5850 CANOGA AVENUE
SUITE 204
WOODLAND HILLS, CA 91367

Thanks to our sponsors!

PLEASE WATCH YOUR EMAILS FOR UPDATES!

Helping out is a great way to meet members
and do your part for our amazing club!



CIYC



STYCH
INC
MEN'S SUPERSTORE
805-485-1818



2365 E. Vineyard Ave., Oxnard, CA. 93036
805-485-1818 - www.stychinc.com
947 Schooner Dr., Ventura, CA. 93001
805-320-1905 by Appt.

BOATING IS WHAT CONNECTS US.



YOUR GO-TO CALIFORNIA YACHT BROKERAGE

☎ 805.200.3161

📍 2950 Harbor Blvd
Channel Islands Harbor



SEACOAST

Y A C H T S



Celebrating 22 years of
supporting local boating
communities in Santa
Barbara, Ventura,
Channel Islands,
and beyond.



visit us at
WWW.SEACOASTYACHTS.COM

From the mountains, to the ocean, & everywhere in between ...



Dana Capra
DANA CAPRA, REALTOR®
 DRE# 01749670

RE/MAX INTEGRITY

EXPERIENCE
insider for today's market

📍 Your Real Estate Referral Expert
 ☎ 805.668.5080
 ✉ dana.capra@remax.net
 🌐 www.dana-capra.remax.com

... all things Real Estate, I got you covered!

Thursday's at 6:30PM

TRIVIA NIGHT

\$5 TO PLAY!

Prizes for Winners

Bring your teams and join us for some fun and games!

Brought to you by:

+HISTORY
 +MUSIC
 +SPORTS
 +FACES
 +GEOGRAPHY
 +MOVIES
 +and more...



Click here to join our
Facebook group.
Channel Islands Yacht Club
& Friends

HAPPY MAY ANNIVERSARIES!

Cormac & Wailani O'Herlihy 1-May
 Bob & Pam Nast 4-May
 Gareth & Rikki Jones 5-May
 Richie & Sharon Reed 10-May
 Shawn & Dodie Duffy 11-May
 Jim & Linda McCulley 13-May
 Jon & Megan Sanchez 15-May
 Rich & Nancy Gargan 21-May
 Max & Eleanor Horvaten 21-May
 Mitch & Mary Masoner 20-May
 Steve Onderko & Pam Halford 22-May
 Hardy & Olga Moll 27-May
 Larry & Karen Stein 28-May

HAPPY MAY BIRTHDAYS!

Peck, Gene	May 1	Baldocchi, Bob	May 19
Mooney, Kathleen	May 2	Tuxhorn, Bill	May 20
Wolf, Stacy	May 3	Robinson, Lori	May 21
Johnson, Bill	May 4	Paulin, Paul	May 23
Laza, Gayle	May 4	Nelson, Shawna	May 24
Schuh, Ingrid	May 6	Reed, Sharon	May 24
Stempler, Miriam	May 7	Orgel, Lee	May 26
Emerson, Lori	May 9	Tyhurst, Deborah	May 27
Reed, Kathleen	May 10	Womack, Pat	May 28
Lockhart, Jamie	May 10	Wilson, Rick	May 30
Buehler, Dawn	May 11	Garrolini, Nino	May 30
Stych, Jim	May 13	Wherland, Duane	May 31
Beckwith, Arlene	May 15	Irvin, Melinda	May 31
Fletcher, Maureen	May 18	Schoonmaker, Skoony	May 31
Kay, Judy	May 18	Van de Water, Anne	May 31
Rovello, Frank	May 18		



FRIDAY MAY 10 TGIF FISH FRY

Pony Races

Birthday Shots & Drawing



SHELDON BERGER

EXPERIENCE • KNOWLEDGE • INTEGRITY



Serving the Beach and Marina Community since 1989.
CIYC Commodore 2017

KELLERWILLIAMS
REALTY

805.312.7653

4310 Tradewinds Drive #800 • Oxnard, CA 93035

WEST VENTURA COUNTY • CalBRE# 01042881

WWW.BEACHHOMES.NET

Your Bridge and Board continue to endeavor to control costs so that our members can enjoy the benefits of Club membership at a reasonable cost.

January 1, 2024, a 3.5% service charge was added to all payments made via credit card.

Please consider making Club payments via check or ACH transaction to avoid this charge.

Thank you for your help in keeping our Club's operations efficient.

Volume 64—No. 05

Currents is published monthly by the
Channel Islands Yacht Club
4100 Harbor Blvd., Oxnard, CA 93035.

CURRENTS SUBMISSIONS

E-mail submissions and photos to
currents.ciyc@roadrunner.com

Please email images or post on Facebook!

DEADLINE NOTICE:

Articles must be received by the 15th of the month
preceding the next publication month.

Next deadline **MAY 15, 2024**

for the **JUNE 2024 Issue.**

Currents Editor Debbie Mitchell

(310) 804-2382

debbiem@companyv.com

Assistant Editors :

Frank & Sharon Sullivan

(805) 205-4073

Thank you to the
Magical Editing Angels!



Erika Barbaric
Marsha Anderson

ADVERTISE: IN THE CURRENTS:

currents.ciyc@roadrunner.com

We honor Judy Fraser as we proofread every issue.

Photos: Bonnie Chaney, Dana Capra, Cindy Daggett, Garry Kraft, Jane Thomas, Julia Cushman, Maureen Fletcher, Barbara Braun, Melinda Irvin, Kamaris Riss, Erika Barbaric, Melinda Irvin, Shan Cyr-Engelhardt, John Medlen, Dodie Duffy, Deborah Tyhurst, Vidar Bech, Debbie Mitchell and Facebook

If you submit photos please make sure they are high resolution
of at least 150 dpi or above.

Opinions expressed in this publication are those of the authors and may not reflect the opinions of the organization or its members.