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Commodore: Vidar Bech
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Asst: Pat Korecky

Channel Islands Yacht Club

CIYC is located at Lat. 34° 09' 48.9" N; Long. 119° 13' 35.6" W
4100 Harbor Blvd., Oxnard, CA 93035.
Phone (805) 985-2492

published monthly

Currents



CHANNEL ISLANDS YACHT CLUB

*Commodore Vidar Bech
and the Flag Officers of
Channel Islands Yacht Club
cordially invite you to attend our
56th Anniversary
Opening Day Ceremonies
Sunday April 3, 2016*

*4100 Harbor Blvd.
Oxnard, California 93035
R.S.V.P. (805) 985-2492*

*Registration 1230
Ceremonies 1300
Open House 1400*



Message From The Commodore Vidar Bech



There is something going on!! Members are painting, cleaning, fixing things and doing a lot of planning. Opening Day must be getting close, needless to say; a lot of preparations are under way. This is a big Day for our Club, so please give the people in charge a helping hand. Jr. Staff Commodore **Dave Wardlow** and Secretary **Ruth Hatcher** are working hard to make the day run smoothly. The Islanders headed by **Karen Farrell** is putting together the food menu and are asking for **Donations**, so please help out the best you can. **Deborah Tyhurst** is working hard on decorations, which will be very special this year. Bar Manager, **Jack Borkowski**, is making sure the Bar will be well stocked, so our hard-working Bartenders can stay busy all day. Vice Commodore **Shelly Berger** has done a fantastic job with Ship Shapes and has had a great turnout of helpers. His special refreshments have made the work seem more like fun!

If you need to freshen up your Marine wardrobe for the spring, please take a look at our Ship Store and support it. Contact **Elyse Gonnello**; her contact information is posted on the display windows. She has some winter apparels on Sale. Don't miss out on a good deal.

It is nice to see everyone give support and participate in the activities. We had a really fun Birthday Bash on March 4th, with music by our band and a lot of happy people. We will continue with games, seminars or educational nights at our Wednesday night dinners. If anyone has a good idea or would like to share a slide show of a great vacation to add for variety, please let us know.

By now, we hopefully had a great day on the water looking for Whales and some outrageous stories on what we saw which always turns out to be the highlight of the event. Congratulations **Carole and Tom Naylor** on your 50th anniversary and thank you for inviting us to celebrate it with you. We are all looking forward to the **Variety Show** coming up April 15th and 16th. We know it will be a success; it gets better every year.

Happy Easter, hope you, your family and friends joined us for our Easter Sunday Lunch.

Thanks to Bob Taylor and Frank Laza. We got a permit to have a **"Fourth of July" e-Boat parade** in our harbor. More details coming later.

So let's get out on the water and join our racers, cruisers, e-boaters and have a fun summer. This is what **Opening Day** is all about.

Till next time,

**Vidar
Commodore**





Message From The Vice-Commodore Sheldon Berger



Hello All,

Our monthly Birthday Bash was a Birthday Smash! The music jam session of the evening consisted of our own Larry Stein, Tom Warden, Bill Lynch and Stuart Horwitz. The group was later joined by John Medlen along with Bobby & Lee Orgel. The place was rocking. Thanks to all for the great entertainment.

The March social events included St. Patrick's Day dinner dance with world famous corned beef & cabbage prepared by Vera Cline and her cooking crew. The Naylor's took charge of Easter Sunday and offered a great brunch for our membership. The Social Committee included Nancy Berger, Joyce Sheridan, and Barbara Brauns and they made sure that the club was decorated for both events. Thanks to all! Our TGIF and off to the Races was enjoyed by all, thank you Joyce Sheridan.

Kipp Ots



We had our second Ship Shape of the year. Thanks to all that help our building looking great not only for our membership but for our guests. A special thank you to our painting crew of Bob Deyling and Bob Taylor. Additionally, members helping included Carter Gage, Zoran Barbaric, Bill Crier and Frank Sullivan. Kipp Ots washed the entryway pavers and grout and the dance floor. Thanks to all!

We had our issues with the kitchen drainage pipes. Vintage Marine jumped on the problem and we all appreciate all the hard work that they provided. Thank you Dana Hamilton and Dan Ward.

Our cooking crew provided the club with great Wednesday night meals. Thank you to Diane Miner, Mike Smith who was not able to use the under repair kitchen, Bob Nast, Bob Ridenour and the Bridge Crew under the direction of Carter Gage.

The finance committee have been hard at work. Under the direction of Treasurer Clark Owens and members Linda McCulley, Sue Woolf and Yvonne Farris. Lots of work and hours spent on this item. We have gone to an outside source to handle our payroll.

Another busy month at CIYC. Again, thanks to all the members who consistently help me with my responsibilities, duties, and work load as Vice Commodore. **You're the Best!!!**

Sheldon Berger, Vice Commodore



Bob Deyling



Frank Sullivan & Bill Crier



Message From
The Rear-Commodore
Penny Lipp



Spring is here and the Mid-Winter Races are behind us with the following results. Eleven boats participated in the Regatta and the overall winners are:

Spinnaker A – Rod Abbot on *Troublemaker*

Spinnaker B – Dave Trude on *Asylum*

Non-Spinnaker – Joe Joines on *The Source*

(Photographs are in the March 2016 *Currents*)

The CIYC boats involved were Harry Krum with *Fus'ee*, Brent Swanson with *Velero*, *Zoarcas* skippered by Shelly Johnson, and *Paradise* skippered by Mike and Donna McKendry.

Many thanks and kudos to our PRO, Bill Brayton, and CIYC race chairperson, Jane Thomas. Thanks to Captain Ron Hockman for providing his beautiful Luhrs Sport Fisher. Thanks also to the Race Committee for your dedication in making the race possible.

Thanks to Elyse Gonnello for helping prepare the post-race food.

Thanks also to Martha Jean Geisler for presenting the SCYA trophies on Sunday afternoon. And an extra special thanks to Captain Ron for having his boat shipshape and being prepared for the unplanned Coast Guard boarding!

The race crew certainly enjoyed the fresh lobster tacos made onboard “*Abundance*” during the race!

And as always, thanks to Frank Sullivan and his mighty crew on *Valkyrie* as the second Committee boat for our Regatta.

Wishing you fair winds and following seas.

Penny Lipp,
Rear Commodore





Message From First Mate Karen Farrell

Hello to all 2016 Channel Islander members!

As the 2016 First Mate, I am still learning what the Islanders do and figuring out how to get all of our obligations taken care of for the year. We have had 3 board meetings to date and have covered so much already. This is a VERY busy time of the year for CIYC, or maybe it is just always busy!! Anyway, I want to establish some committees to get members involved and be able to better serve CIYC. After reading the By-laws and Standing Rules as they were established many years ago, there were several committees: Luncheon, Membership, Ways & Means, Publicity, Hospitality, Sunshine, and Reservations/Telephone. In recent years there were very few committees, if any, and the board members have taken care of 'business'.

For 2016, I would like to establish the following committees and need volunteers to chair:

Sunshine – **Ellie Bishop** has volunteered to be the Sunshine 'lady', and who could do it better!!

Luncheon – **Joyce Sheridan** has volunteered to Chair the Luncheon Committee. Although we haven't had any luncheons to speak of in the last few years, dinners also fall under that umbrella. Joyce is in charge of the Islanders Anniversary dinner on March 24th. We love Joyce's cooking!

By-Laws & Standing Rules revisions – **Georgie Olson, Mary Ann Moore, Vera Cline, Karen Farrell**, and (Ellie Bishop?) have volunteered for this very important committee to revise the outdated governing documents.

Membership – **Eleanor Hovaten** has volunteered to be responsible for keeping track of the 2016 membership information.

Excursions – (Away from home events) as well as Social and special programs. This falls under the umbrella of the 2nd mate, but she can't do it alone.

Fundraisers – We can't help CIYC if we don't have any \$\$\$, so let's get a fundraiser committee going. We need lots of ideas!

Father's Day Dinner (June 18th) – I think **Barbara Brauns** has some theme ideas 'up-her sleeve', but we need a leader to come up with a special menu, cooks, etc.

Pancake Breakfast (July 31st) – Let's make this special and get a great turn-out!

DAV Sail Day (June 26) – I need someone to lead this effort and attend all meetings to represent the Islanders and organize our contribution to this great event.

Please let me know if you would be interested in leading or being on any of the above committees.

Thank you!

Karen Farrell

1st Mate 2016



Islander past 1st mates



Islander 2016 board



Anniversary dinner cooking crew

Islander Anniversary Dinner
March 24th



Anniversary dinner - Marnie & Vidar



Karen, Marnie & Vidar



Karen & Sharon

Anglers' Corner - April 2016

By Frank Sullivan



Fishing Report:

Rock Fish season is in full swing and there are reports of a very good Yellow Tail bite at Anacapa Island, most of the fish caught on the fast retrieved surface irons.

WSB Grow-out Pen Update:

The pen is still empty. Don Dickey and Mark Banda dove on the Predator net. They found two relatively large holes in the very bottom of the net and repaired them. While there, they cleaned more mussels from the net.

The large holes would have been accessible at the highest tides and that coincides with the incursions we had earlier. We don't know for sure if the sea lions were the cause of the hole or not, so we don't know if they will once again chew or otherwise tear open the net. HSWRI divers inspected the pens and we can expect fish the beginning of May.

New Anglers Award:

We are considering having a "**First Marlin of the Year**" Flag this year. The Flag will be awarded to the CIYC boat and Crew that catches and releases the first LOCAL Marlin of the year. The Skipper of the Boat must be a CIYC Anglers' Club member. The fish would have to be caught and released south of Latitude 34 deg. 35 min. (Point Arguello), north of Latitude 33 deg. 40 min. (3.5nm south of the 17 fathom spot) and east of Longitude 121 deg. 06 min (the Rodriguez Seamount), verified with a photo of the release and a photo of the GPS onboard. If enough crews want to participate, we may also have a pool for a prize. Let me know what you think.

Upcoming Events:

May 14th	Anglers' Dinner
May 22nd	Men's Fishing Tournament
June 5th	Ladies' Fishing Tournament
September 9th	Channel Islands Bill Fish Tourney Kickoff Dinner
September 10th to 14th	Channel Islands Bill Fish Tournament
September 16th	Channel Islands Bill Fish Tourney Awards Dinner
November 19th	Anglers' Awards Scampi Dinner

Anglers' Club Rules for Big Fish of the Month (\$50 Prize)

1. Fish must be caught within 100 miles of Channel Islands Harbor
2. Marlin, Sharks and Rays are not to be considered as winners
3. Must be caught on rod and reel
4. Fish can be verified by any CIYC member
5. Fisherperson must be a paid CIYC Anglers' Club member
6. Angler must bring the fish to the boat, but can have help gaffing or netting
7. CIYC, PCYC or Channel Islands Sportfishing scales can be used, others if certified.
8. Tournament fish do not count except for the Big Fish of the Year
9. An angler can only win the Big Fish of the Month one time a year
10. At the yearly Anglers Awards dinner, the Big Fish of the Year is awarded \$100. It does not have to be a fish submitted as a Big Fish of the Month to qualify. So keep fishing!!!

Doc Lines

Let's Poke Some Fun

We all know about colonoscopies. For people 50 – 85 years of age, and without known risk factors, colonoscopy is recommended once every 10 yrs. There are two types of colonoscopies, but both, unfortunately, require thorough bowel cleansing. Probably this is the aspect of these procedures that causes the most discomfort.

The regular colonoscopy involves insertion of a flexible fiber-optic instrument, which a gastroenterologist, under visual control, guides through the nooks and crannies of the large bowel, all the way to the appendix. The doc is looking for signs of cancer and polyps. Polyps are precancerous thingies that look like a little ball on a stalk. Even tiny ones are removed, then and there, and sent to pathology for testing. The procedure can be done with “twilight sleep” or heavier sedation, as it may be quite uncomfortable without some level of sedation or anesthesia. Sometimes, the colon is too twisty, so that the examiner can't take a peek into the part that's farthest away. In this eventuality the physician will want you to have a virtual colonoscopy.

The virtual colonoscopy (also known as colonography) involves CT imaging. After the bowel prep, which additionally involves drinking some contrast material (which looks white on CT), lots of air (which looks black on CT) is inserted into the colon via a small rectal tube. The air inflates and distends the colon, so that any polyp is easily detected. The problem, of course, is that if such a polyp is detected, then one needs a regular colonoscopy to remove the polyp and send it to pathology.

About 33% of the population is non-compliant with these recommendations. This puts these people at increased risk of developing inoperable colon cancer.

So what else is out there?

The Cologuard Test is the newest test, approved by the FDA about two years ago. This test checks for occult blood in the stool, abnormal DNA, and methylation changes, and it can be done at home. The detection rate for cancers is 92%, and for precancerous polyps, 46%. The test is considered to be an adjunct to colonoscopy, but may be preferred by the chickens among us who absolutely refuse to be poked.

Last year, some 140,000 new colorectal cancers were diagnosed in the US. Some 50,000 people died from the disease. Always talk to your doctor.

Having recently undergone a colonoscopy, I would add that you should consider your bathroom your best friend as you go through the prep! While it's no fun doing the prep and getting poked in the ass, it's a great relief to wake from sedation and know it's all done. YAY! Best of all, to take preventive action when it comes to cancers! (Erika)

Your Fleet Surgeon, Zoran

Thanks to Erika for contributing and editing.



As the Club's Historian for the past three years, I have placed 3 books detailing the years 2013, 2014 and 2015 in the bookcase on the stair landing. They can be easily identified with the year and names of the Commodores: Tom Warden, Keith Moore and Dave Wardlow. If you ever wish to know what happened in any of the past years, take that year's book into the fireplace room, read and enjoy.

Wendell Morrisset, Historian 2013, 2014, 2015, Staff Commodore 1977

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WHEN THEY'RE IN THE CLUB.
LET THEM HAVE A GOOD TIME
WITH THEIR FRIENDS.**

CIYC HISTORY

The staircase area has many past traditions that I'm sorry to see are leaving us. On the left going down the stairs are albums that contain Past Commodores' events for the year they served our Club. On the right are albums about Past First Mates' events for their year. There are also albums that contain publicity articles about our Club. These albums started in 1964 and each year a member would volunteer to prepare one for each Commodore or First Mate. I know that Ellie Babbe did the albums for the First Mates for many years. When you have the time, please look through them and maybe volunteer to prepare one for either the Commodore or First Mate.

In 2001, I put one together for Past Commodore Mike Preach. He really appreciated it being done and I had a good time doing it. Our Club needs to keep our traditions going forward.

While I'm on the staircase looking out the West window, you will see a beautiful oval stained-glass art work. What it is for and why is it there? Well, it is a memorial to a former member of our Club, Iris Preston McNutt. Iris came to California to visit her brother Brierley in October of 1976. She fell in love with the area and decided to stay. She worked for the Chamber of Commerce and later was a receptionist for Raytheon. She joined our Yacht Club sometime after that. She was called "Monki" by her Friends and Brother. It was a nickname her husband had given her.

Iris passed away on July 12, 1982. It was a great loss for those of us who knew her at CIYC, especially her best friends, Sarah Roberts and former members Jo Bell and Dorie Tofft. Sarah, Dorie and Iris set the tables for Saturday Night Dinners. They always had great fun doing it. (That was back in the days when we used paper tablecloths, plates and napkins.)

Brierley and his wife, Jenny, gave \$500 to her friends for a Memorial and from this came the oval stained-glass with our Burgee and an "Iris" flower in the corner. The art work was designed by Sarah Roberts. Brierley also donated \$1000 in Iris's memory for a Sabot for the young people to use, which was named "Munki Fun". Iris was always remembered by her friends for her happy smile, her love of flowers and her beautiful singing voice.

The Cannon Trophy in the bookcase was hand made by past member, David Sheehan, who then donated it to our Club.

Through the years, we were and are still very fortunate to have so many generous giving members.

Ellie Bishop, Historian



DO YOU KNOW?

By Keith & Mary Ann Moore

Say Hello to new CIYC members..... Kipp Ots and Shana Whitmore!



They both work at AMGEN in Thousand Oaks and had met about 5 years ago on a business trip in Puerto Rico. They now live with their bulldog, *Tuna*, in Mandalay Bay.

Kipp has had love for the outdoors, the water and ocean as long as he can remember. Growing up, he would take advantage of any chance he had to be on or near the water, often fishing local lakes and streams, the surf and charter boats out of Oxnard. His dad bought their first

boat, a 40-foot Sportsfisher in 1988, replaced by a 50-foot Sportsfisher in 2004, both of which were used extensively along the West Coast, San Clemente Island being Kipp's favorite destination.

Shana grew up in Michigan and attended Michigan University before coming to the West Coast. Like Kipp, Shana loves boating and the outdoors. She's become an avid fisherwoman. To date, she has caught halibut, yellowtail, tuna, dorado, an angel shark, and released 8 Marlin!

Kipp and Shana decided to buy their own boat, named "*Therapy*", a 38-foot Luhrs Sportsfisher. In three years, the GPS has logged over 5,500 Nautical miles. The south side of Santa Cruz is their default overnight destination, but they also frequent Catalina, Santa Rosa and Santa Barbara Islands. Prior to getting their ocean boat, they enjoyed hiking, hunting, camping and bass fishing. Kipp also has a Bass boat.

"We joined CIYC to make some new friends with boating interests, to hang out with people who have a love for the ocean, and to share a few cocktails and a story or two. We have pretty much been boating alone the last three years and now look forward to some coordinated group trips. Contrary to popular belief it was not to get yelled at working in the kitchen and once a month, scrub the bar and floors on Saturday mornings. LOL"

Stay tuned for next month's interview,and be sure to introduce yourself and welcome Kipp and Shana to CIYC.





Mike & Donna Mc Kendry
At the Oscar's

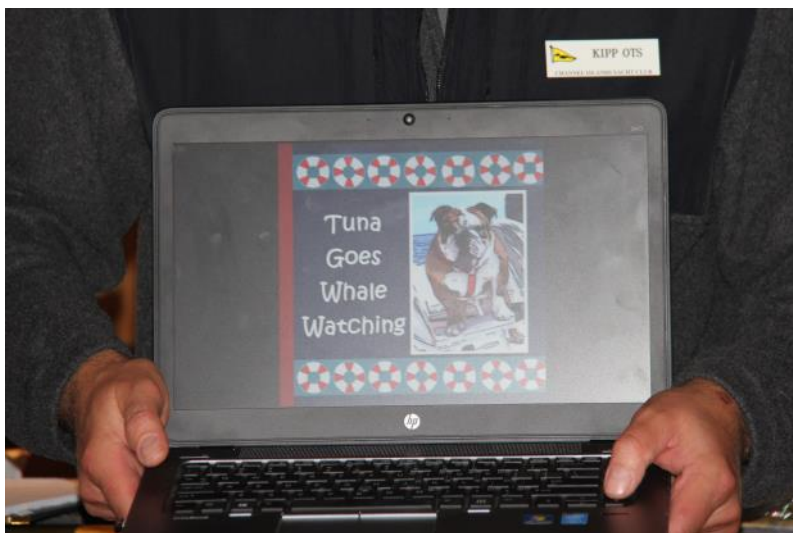
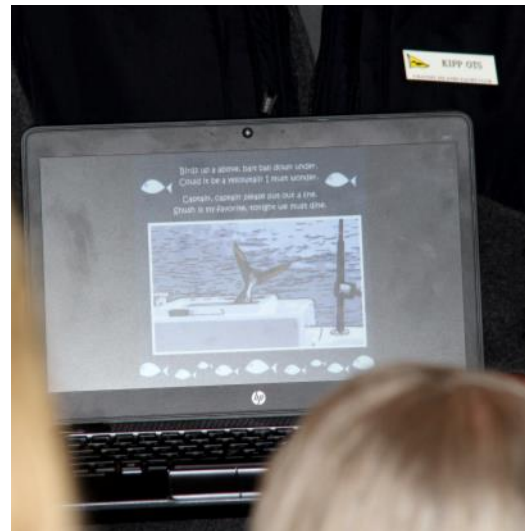


Cindy & Bruce Walker from PCYC
At the Oscar's





Whale Watch Cruise & Story Telling
March 6th





April 2016

Channel Islands Yacht Club

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wed. Thurs. & Fri. 5pm to close, Sat 4pm to close				1 5-7pm Happy Hours Birthday Bash	2 Prepare club for O.D. No Dinner
3 1pm CIYC Opening Day 3:30 pm CIWSA Opening Day	4	5	6 6:30 pm Wed. Dinner	7 6:30pm Movie Night	8 5-7pm Happy Hours 7pm Ventura British Brass Concert	9 Room Rental Medlen
10 3pm Karaoke Sunday	11	12	13 Jefferson's Day 2pm Bridge group No dinner Set-up for Variety Show	14 5pm Islanders BOD meeting Dress rehearsal for Variety Show	15 Currents Article Due 5-7pm Happy Hours 1st night of Variety Show	16 last night of Variety Show
17	18	19 6:30pm CIYC board meeting	20 6:30 pm Wed. Night Dinner	21 6:30pm Movie Night	22 5-7pm Happy Hours Newport 2 Ensenada race	23 Passover begins 7pm Epicureans dinner Newport 2 Ensenada race
			Maritime Captains Class			
24 Newport 2 Ensenada race	25	26 7pm DAV Sail Day Meeting	27 2pm Bridge group 6:30 pm Wed. Dinner	28 6:30pm Movie Night	29 5-7pm Happy Hours	30 Passover ends 7pm Beefeaters dinner
			Maritime Captains Class			

As of 03/26/16





May 2016

Channel Islands Yacht Club

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 6:30 pm Wed .Dinner	5 6:30pm Movie Night	6 5-7pm Happy Hours TGIF/Birthday Bash	7 NO DINNER Setup dining room for luncheon
8 Mothers' Day 1pm Luncheon BOD Cooks	9	10	11 2pm Bridge group 6:30 pm Wed .Dinner	12 5pm Islanders BOD meeting CIWSA meeting Bocce Ball Starts	13 5-7pm Happy Hours Tentative Room Rental	14 7pm Anglers Lobster dinner
15 Currents Article Due 1-4pm Open House	16	17 6:30pm CIYC board meeting	18 6:30 pm Wed .Night Dinner	19 12-4pm Room Rental Moore Bocce Ball	20 5-7pm Happy Hours 7pm Epicureans dinner	21 Setup room for wedding
22 Men's Fishing tourney Room rental Olsen Wedding	23	24 7-9pm Guitar recital	25 2pm Bridge group 6:30 pm Wed .Dinner	26 Bocce Ball Noon-7pm room rented retirement party	27 5-7pm Happy Hours	28 No Dinner Dining Room Rented Lana Lynch
29 Room Rental BD party	30 Memorial Day Holiday Super Club	31 7pm DAV Sail Day Meeting	Holiday Cruise			
Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wed. Thurs. & Fri. 5pm to close, Sat 4pm to close						

Channel Islands Yacht Club

2016
Variety Show

presents



American Bandstand



Two performances
Friday, April 15th
and
Saturday, April 16th
7:00 pm
Reserve
your seat
Sign up at
the bar.



Pre-Paid \$15.00 per person





Epicurean's Present...

Artichoke, Romaine & Cherry Tomato Salad

Chicken Lombardy

over

Angel Hair Pasta

with

Lemony Broccolini

Almond Tart with Galliano Caramel Sauce

\$15.00

FOURTH CLASSICAL GUITAR RECITAL AT CIYC



Tuesday evening, May 24th at 7 pm. (Bar opens at 6 pm.)

Zoran and Erika

Questions: zbarbaric@hotmail.com

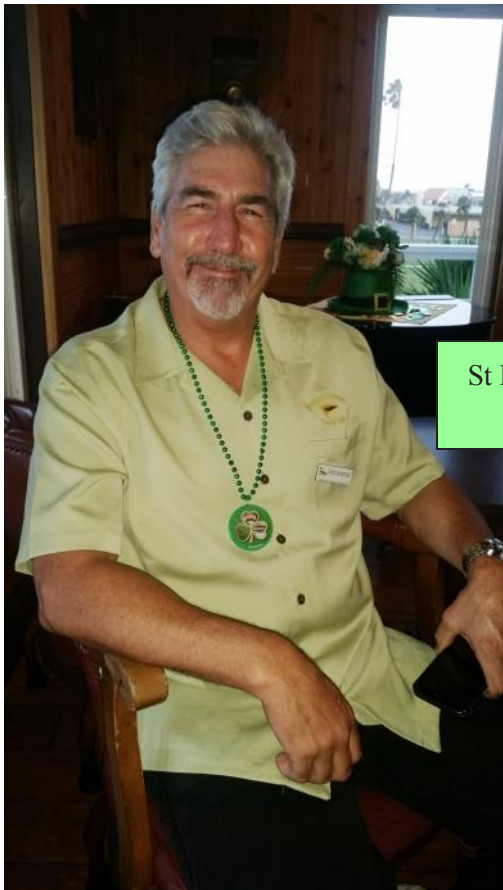


St Patrick's Day Party
March 12th





Donna & Mike Mc Kendry



St Patrick's Day Party
March 12th





St Patrick's Day Party
March 12th





St Patrick's Day Party
March 12th



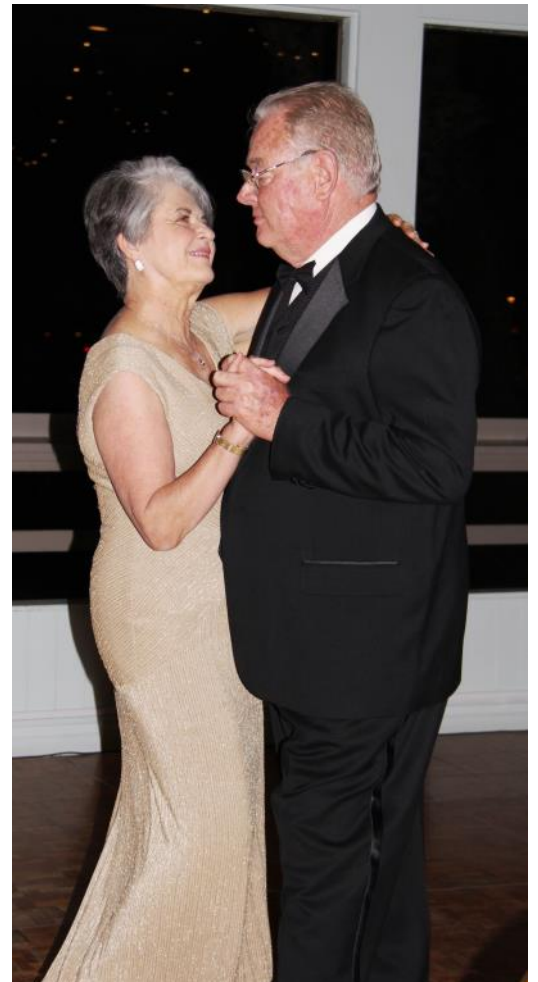


Tom & Carole Naylor
50th Anniversary





Tom & Carole Naylor
50th Anniversary



'Birthday Bash' - April 1st by Connie Cala

*Come and join us for our monthly celebration
for members whose birthdays and/or anniversaries are in April.
Bring "munchies" to share, and there is always a great birthday cake!*



April Birthday Celebrations for: Bob Chaney, Mary Barker, Kicki Paine, Sherry Brisbane, Nancy Swanson, Kim Dolan Cole, Earl Sullivan, Sharon Sullivan, Richard Sherlock, Sharen Matthews, Jerry Barker, Georgie Olsen, Dixie Redden, Bonnie Chaney, Linda Weisfuss, Steven Aronson, Ellie Bishop, Bobbi Nowitzki, Karen Stein, Bob Ridenour, Don Johnson, Diane Sherlock.



April Anniversaries are: Annette Alexander-Staples and Edward Staples, Bruce and Janet Dart, Allan and Alison Gabel, Mark and Lisa Palamountain, Bill and Lana Lynch, Gary and Kim Cole.

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Club Rental

The **CIYC dining room facility** is available for rent for private parties to members, or non-members sponsored by a member.

Please contact **Rental Manager, Sharon Sullivan 805-985-6155**

for scheduling and rates.

Help us help the Club to be Prosperous!

Currents Advertising

Ad Size	Dimensions High x Wide	Inside Pages 6 months	Inside Back	1 year -20%
Biz Card	2.0"x 3.5"	\$108/6mo.		\$172.80/yr.
1/4 page	4.5"x 3.5"	\$168/6mo.		\$268.80/yr.
1/2 page	4.25"x 7"	\$288/6mo.		\$460.80/yr.
Full page	7"x 9"	\$468/6mo.	\$570 /6mo.	in/\$748.80 bk/\$912.00



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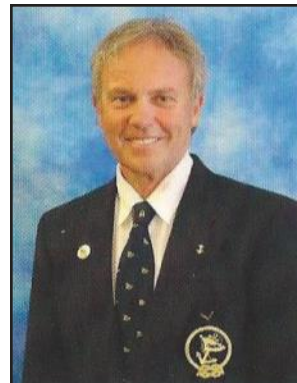


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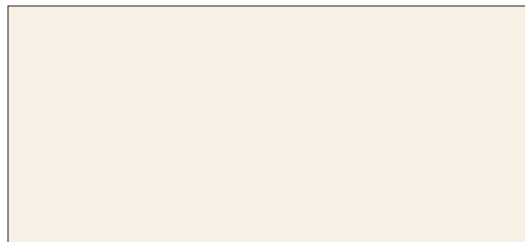
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