

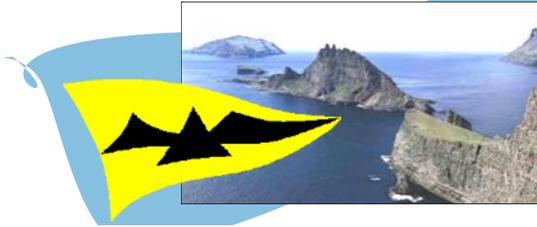
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Channel Islands Yacht Club

Currents



Wet Wednesday, July 1st





Message From
The Commodore
Mike Farrell



Last month, I began my article with “What a difference a month can make...Channel Islands Yacht Club is open for business once again!” Well, what a difference a month can make. As you are painfully aware, we are closed yet again!

All is not completely lost, however. The Board is busy looking for ways to make your CIYC membership valuable to you while we observe the guidelines laid down by the state and county. We have revived Wednesday dinners. Starting July 22, they will be held every other week...with a twist. Food will be available for takeout – or – you can elect to eat in one of our outdoor areas like the upper decks or second floor balcony. Vice Commodore Greenup is exploring the possibility of selling a limited selection of “to go” drinks.

The Board is also looking at other options using our outside spaces. Ideas include outside happy hours, outside BBQ dinners, etc. As long as we adhere to guidelines and maintain social distancing, there are limitless possibilities for using our clubhouse spaces. If you have any ideas for activities and are willing to help lead the event, please get in touch with any Board member and we will help you get started.

The Nominating Committee to elect 2021 Board and Bridge is officially underway. I have appointed Mike Greenup and Sue Woolf to the Committee, and our membership elected Shelly Berger, Diane Sherlock, and Lisa Medlen to round out the group. We will have 4 open positions for next year, and the group will bring forward a slate of 4 or more nominees who will be presented at our August General Meeting (if we are able to hold one). Additional nominations can be made from the floor at the October meeting, at which time we will elect the 2021 Board.

At this time, it looks unlikely that we will be able to hold a large gathering in our clubhouse in August. I am looking into the possibility of holding a meeting electronically using ZOOM or a similar product. That will present some logistical issues that we will need to find ways to overcome. I believe it is important that we find a way to hold this meeting.

As always, if you have any questions or concerns, please don't hesitate to contact me or any of our Board members. The Board continues to meet monthly and we will attempt to answer your questions and address your concerns.

Meanwhile, continue to stay safe in August and beyond. Come back to the club as soon as we are open and you are ready. My crystal ball has not been very helpful in predicting our future over the past few months, but I do know that CIYC will be back in business just as soon as possible.

Mike Farrell





Message From
The Vice Commodore
Mike Greenup



After the excitement of reopening the club on June 17th, sadly we had to close again on July 1st due to the Governor's COVID-19 guidelines. On July 22nd we were able to do a complimentary take out enchilada dinner cooked by Chef Evelina, which provided over 100 meals to our membership. We were also able to open for Happy Hour on Friday, July 24th, and 31st. Members enjoyed hotdogs and cocktails on the outside deck and patio area. On Sunday, July 26th, Frank and Gayle Laza hosted the Electric Boat games with hamburgers provided by the CIYC Beefeaters for outside dining. A special thank you to Evelina and the Beefeaters for stepping up and cooking for these special events.

We will be open for outdoor dining and cocktails on August 5th and August 19th. For dining, tables and chairs will be set up on the lower patio, the railing outside of the club, and the upper deck area. Take-out meals will also be available for both dinners. We will need cooks for both August dinners and beyond. If you are able to cook, please contact me at greenup5@yahoo.com or by cell phone 805-338-9955.

The bar area has been updated with new tables and chairs. The square tables and comfortable chairs give the bar a new nautical look and more room and functionality in the bar. Thank you to Billy Le Croy and Rocco Belmonte for the assembly and installation of the new tables and chairs. A new awning replacement was installed on the harbor side of the club. The awning is black with gold trim to match our CIYC colors. Thanks for the generous donations from the CIYC Anglers and the Islanders to help fund the awning replacement.

These past few months have been challenging for everyone, and we hope that you and your families are all safe and healthy amid the COVID-19 pandemic. As the state of this public health emergency changes from day to day, we will remain focused on keeping our Employees and Members safe. Thank you for your understanding during these trying times.

Mike Greenup
Vice Commodore 2020



Doc Lines

Excited Delirium Syndrome (EXD)

A syndrome is a collection of several symptoms describing a condition or a disease. EXD is a syndrome seen in individuals with addictive drug overdoses. It was most commonly associated with **cocaine** overdose. Recently it has been associated with **fentanyl** overdose, a drug which is 50 times more potent than cocaine.

Here is the description from the Western Journal of Emergency Medicine: “Excited delirium (EXD), first described in the mid-1800’s, has been referred to by many other names – Bell’s mania, lethal catatonia, acute exhaustive mania, and agitated delirium. Regardless of the label used, all accounts describe almost the exact same sequence of events: **“delirium with agitation (fear, panic, shouting, violence, and hyperactivity), sudden cessation of struggle, respiratory arrest, and eath.”** (<https://westjem.com/articles/excited-delirium.html>)

About 2/3 of the cases die at the scene, sometimes in the custody of law enforcement, or while being transported by ambulance or by the police. Unknown numbers of cases are never diagnosed because they die at home. Those who make it to the hospital have to be sedated and restrained. Contributing factors often found in these patients are: cardiovascular disease, including heart enlargement and narrowing of the coronary arteries.

Emergency medical personnel arriving on the scene have to make a quick assessment, recognize that the violent or agitated individual is overdosed on drugs, and before doing anything else, restrain and deliver an intramuscular injection of a rapidly acting sedative. Without physical restraint there may be no other way to deliver the sedative.

Which brings me to the case of George Floyd: He has become a renowned case, who died while under prolonged restraint, where a chokehold, by pressing a knee on the victim’s neck, was applied for almost 9 minutes. This unfortunate event incited massive protests and violent riots throughout the country and the world.

I read the autopsy report on the victim. What stood out is that there was no injury to the neck or windpipe, or evidence of carotid artery obstruction that could have caused impaired blood circulation to the brain. Floyd’s heart was enlarged, and several major coronary arteries were severely narrowed due to atherosclerotic plaques. Obstructed at 70%, 75%, and 90%. The toxicology report identified several drugs, including **marijuana, methamphetamine, fentanyl, and norfentanyl**. The level of fentanyl in his blood was 11 mcg/mK. He had 3 times the level used for severe pain management and it was similar to, or higher than, the amount used for intravenous anesthesia. Also, 7 mcg/ml are known at times to result in death. There is no mention in the autopsy report of “homicide.” See the full autopsy report: <https://www.scribd.com/book/464269559>

In retrospect, the deceased exhibited all the symptoms described in EXD. He exhibited **fear**, and then **panic**, when the police tried to force him into the squad car. He complained of **inability to breathe** before being restrained. He exhibited a **sudden surge** of resistance and **hyperactivity**. He struggled and was restrained.

Should the officer have held the victim in the ‘knee chokehold’ position for that long? Absolutely not, if at all! One has to use reasoning and judgment. The Minneapolis police manual states that there are two kinds of chokeholds. The classic one, using an arm around the neck, is to be used cautiously, as it can result in death. The one used on this victim is described in the manual as non-lethal. An alternate method of restraint is to put the person in the prone position with hands and legs cuffed together. One of the officers on site suggested that, as he suspected EXD, but it was rejected by the senior officer.

There is no question that the police need better training as to how to respond in such cases; manuals need revision. Perhaps the best thing would have been to wait for the medics before trying to place the victim into the squad car. Would that have helped with such a high fentanyl blood level, mixed with other drugs? We can only guess.

What will happen in the future? Well, the train has left the station, and the horses have left the barn. The visuals are horrifying. However, “Facts are stubborn things.” - as President John Adams famously quoted. I expect defense lawyers will bring all of the above facts to the forefront at the trial. If a jury finds this officer not guilty of second-degree murder, I foresee more protests, riots, possible injuries and deaths, and another bump in Coronavirus cases.

Your Fleet Surgeon, Zoran

Thanks to Erika for editing.





Message From
First Mate
Linda Zurborg– Perry



Two very important events have been scheduled for August 30th, 2020: They are CIYC Opening Day and our 60th Anniversary celebration!

In September we will organize and prepare for the annual Billfish Tournament. The Islanders will be cooking and hosting a cocktail party and the Billfish Dinner at the club. More details to follow.

We have sent out an email to our members asking to support a donation of \$900 for the Club's rear awning repair. If you've walked by the harbor side of the club, you've seen the beautiful new black awning with gold trim. Please respond as soon as possible with a "yes" or "no," so that we can respond to the BOD in a timely manner.

Instead of our usual Pancake Breakfast, we are planning a Breakfast for our past Islanders First Mates on Sunday, September 27th. The Breakfast will be combined with a guest/membership meeting.

Our Islanders nominating committee consists of the following members: Rodlyn Brown, Kat Sotiridy, Sherry Nolan, Melinda Irvin, and Laurie Preston. They will be nominating members to be our officers for the coming year. If you wish to join the Islanders Board or would like to nominate someone, please contact Laurie Preston at hoku524@yahoo.com.

Of course, we are all hoping we can move forward with our lives, and that CIYC can move forward as well, so think positive thoughts and stay safe.

Ciao,

Linda Zurborg-Perry
Islanders First Mate 2020



Anglers' Corner

By Frank Sullivan

Fishing info:

There was some great fishing at the Islands in July - lots of WSB and Yellowtail reports with one sport boat bringing in 108 WSB on one trip! Some big Halibut being caught as well. Mostly they are catching them on squid, which can be made at the Islands.

Another "Valkyrie Log" report from the past! Front side of Cruz and back side of Rosa 4-30 & 5-01-2005:

I had invited Lee Brown from CIYC, an older blowboater, who is really pretty cool and likes to fish. Figuring I would need some real fishermen onboard, I put out a call on the Alcoast forum: HD (Bruce Carter) and Big Fish (Henry Murillo) quickly signed on.

Bruce has fished with me before, and I knew Henry from the CIA Meet & Eats. The plan was to leave at 4 AM on Saturday. I was aware of the WSB bite on the front side of Rosa, but I had received info that it was cooling off. Henry's friend said he had caught WSB on the back side Friday. I was told that the squid were holding in Chinese Harbor and that we should be able to make daylight squid easily off the slide area. So, we decided to hit Chinese first to make bait and do a few Halibut drifts, then head up the front side to Rosa.

I usually do ok on daylight squid jigging, but we couldn't get any - the drifts were fruitless. Weather was great, though, and just before we left, I checked the weather sites. They were calling for 5-10 winds with a 3 ft S. swell, mixed with NW swell. So, we started off on the front side of Santa Cruz heading for Rosa. We got as far as Prisoners, and Bruce comes to me and says my Vacuflush head had spit at him and then wouldn't flush. Well, after a few comments from me about trying to put .45 Caliber turds in a .22 Caliber toilet, it was obvious we would not be able to repair the problem on the water. Bruce, however, was in dire straits as he was unable to complete his business. While we anchored up to try to repair the damage, Bruce stripped down to the basics and stepped out on the swim step for an emergency evacuation into a plastic bag for later disposal outside the 3 mile limits.

Anyway, the decision was made to forge on. About the time we reached the Gap b/t Cruz and Rosa, the wind was really picking up. We got into the lee of the Island and found a great Rockfish hole in 200ft of water - the odd thing was that the water temp was 60.3, while on the inside of Cruz the water was 57.6 The wind was really weird - it would blow for a while then shut off again. I tuned in to the NOAA weather radio, now they were calling for 15 – 20 knots, gusting to 25. We figured we would try to make squid with the lights at night and overnight at Johnson's Lee. As we headed into Johnson's, it was obvious that it was worse there than at the E. end of the island, so we aborted and anchored up in tight to the shore off Eagle's Nest. We barely got the anchor set when someone turned on the wind generator: It started to howl. Thank God for 300 ft of chain rode and an oversized Delta anchor.



Bruce had brought 4 huge ribeye steaks that were 3" thick and barely fit on the grill. We had to relight the Magna 3 times before we finally stood around it to block the wind. We had a great dinner in adverse conditions. In these conditions, I was not even going to try to move back out to deeper water to use the squid lights. We set an anchor watch and turned in.

The Valkyrie didn't drag the anchor an inch although the wind blew at least 30 knots all night. Henry had the last anchor watch and woke us up about 6 AM. He had hooked up and released 3 big Bat Rays in the early AM, and he said the wind shut off about 5:30. While we had breakfast, he hooked up another and was trying to horse it in to release it, when he came to color and found out he had a big Sheephead. I netted it, and it weighed out on the hand held at 15+ lbs.

Henry's big Sheephead



We picked up and headed back out to the same spot for some more quality Rockfish and Lings. We had to be in by 4 PM, so we started back mid-morning and the wind again started to blow so we worked down the back side of Cruz, stopping for a couple of Halibut drifts for only one raked bait.

We got back in time to clean up the boat and drag the fish to the weigh-in. The Biggest fish was a 15 lb 9 oz Halibut caught by Tony Ferraro on another team, Henry's Goat took 2nd with a weight of 14 lb 5 oz, and Bruce won 3rd with a 5 lb 4 oz Red.

We didn't get into the WSB, but we still had a successful trip because of the crew. The fishing was great between the wind events.

CIYC members, if you go out fishing, please send me your fishing report and turn in your fish's weight and photos for the Big Fish award. I'm running out of old "Valkyrie Log" fishing reports, so current reports would be great!

Big Fish of the Month of July :

Mark Palamountain caught this 33.48 lbs Blue Fin Tuna of San Clemente Island on July 25th for the \$50 Big fish award.



Upcoming events:

Note the Men and Ladies Fishing tournaments are canceled, pending release from the Coronavirus shutdown.

- September 11th Channel Islands Billfish Tourney Kickoff Dinner
- September 12th to 16th Channel Islands Billfish Tournament
- September 18th Channel Islands Billfish Tourney Awards Dinner
- November 7th Anglers' Awards Scampi Dinner





Channel Islands Yacht Club

August 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wed. Thurs. & Fri. 5pm to close, Sat 4pm to close						
2 4pm Bar open for food and drinks <i>(Outdoors on decks and patio)</i>	3	4	5 6:30 pm Dinner <i>(served as drive by and pickup)</i>	6	7 Happy Hours 4-7pm <i>Birthdays Bash (Outdoors on decks and patio)</i>	8 <i>Larson memorial race 7pm Summer BBQ (Outdoors on decks and patio)</i>
9 4pm Bar open for food and drinks <i>(Outdoors on decks and patio)</i>	10	11 <i>6pm Islanders Board Meeting</i>	12	13	14 Happy Hours 4-7pm <i>(Outdoors on decks and patio)</i>	15 <i>7pm Beekeepers (Outdoors on decks and patio)</i>
16 <i>1-4 pm Open house (modified for Social distancing)</i>	17 6:30pm Board Meeting	18	19 6:30 pm Dinner <i>(served as drive by and pickup)</i>	20	21 Happy Hours 4-7pm <i>(Outdoors on decks and patio)</i>	22 <i>Forefathers races (Cook & Underwood)</i>
23 Dinghy party 4pm Bar open for food and drinks <i>(Outdoors on decks and patio)</i>	24	25	26	27	28 Happy Hours 4-7pm <i>7pm General Meeting Nominations to Board</i>	29
30 <i>60th Anniversary Open- ing Day (Tentative)</i>	31					

As of 7-29-20





Channel Islands Yacht Club

September 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1		2 6:30 pm Dinner	3	4 Happy Hours 5-7pm Birthday Bash	5 Room Rental (Loman)
6 Labor Day Weekend Cruise 4pm Bar open for food and drinks (Outdoors on decks)	7 Labor Day Labor Day Weekend Cruise Holiday Supper Club	8 6pm Islanders Board Meeting	9 6:30 pm Dinner	10	11 Happy Hours 5-7pm CIBFT Dinner	12 7pm Beefeaters dinner
13 2-9 pm Navy League 4pm Bar open for food and drinks (Outdoors on decks and patio)	14	15	16 6:30 pm Dinner	17	18 Happy Hours 5-7pm CIBFT Dinner	19 7pm Epicureans dinner
20 Dinghy party 4pm Bar open for food and drinks (Outdoors on decks and patio)	21 6:30pm Board Meeting	22 Channel Islands Billfish Tournament	23 6:30 pm Dinner	24	25 Happy Hours 5-7pm 7pm General Meeting Election of Board	26 <i>Lady at the Helm Race</i>
27 10 am Islanders members breakfast meeting	28	29	30 6:30 pm Dinner	Bar Hours Sunday 3pm to close, Closed Mon. & Tues, except special events Wed. Thurs. & Fri. 5pm to close, Sat 4pm to close		

As of 7-29-20



August Coastal Commission Hearing for County's Override of Oxnard's Denial of LCPA for 400 Apartments at Fisherman's Wharf

As of the writing of this article, the exact date of the hearing has not been made public. The virtual hearing will be on either August 12, 13, or 14th. The exact date and time should be available on the Coastal Commission website by the end of July.

The County's request for an Override must meet the requirements of the Coastal Act Section 30515: The project must be "public works" and meet a public need of a geographical area greater than included within Oxnard's Local Coastal Plan (LCP). The County's LCPA project fails to meet both requirements.

The City points out that the project creates serious issues regarding parking and traffic safety that impact public access for all, a basic principle of the Coastal Act and Oxnard's LCP. The project also eliminates lower cost visitor-serving commercial and retail space by 40%, removes more than a third of the existing park, offers no new real public benefits, and the overwhelming number of amenities are exclusive to apartment tenants.

The County's LCPA is not in conformity with Coastal Act policies section: 30114, 30514, 30515, 30200. It is inconsistent with at least 13 other LCP policies and with the Commission-certified HCI ordinance that prohibits residential development in the HCI sub-zones where Fisherman's Wharf is located.

Oxnard has the jurisdictional right to have a say in what happens within its Coastal Zone. It is the City's responsibility to enforce and maintain its policies and regulations. The City also is responsible for providing public services to the area, including fire and police services.

The County has avoided other legitimate processes such as: Specific Plan, HCI Amendment, made meaningful modifications to the project to address both City and public issues, opening the area for competitive development proposals through a Request for Proposal (RFP), updating of the County's Public Works Plan – all processes open to them.

California Coastal Commission Certifies Oxnard's Short-Term Rentals (STR) Regulations with 3 Modifications

On June 18, 2020, the Coastal Commission approved the City's Ordinance for short-term rentals (STRs) within Oxnard's Coastal Zone areas, as identified on the City's General Plan Neighborhood Map: Oxnard Dunes, Oxnard Shores, Channel Islands, and Hollywood-by-the-Sea.

"Short-Term Rental" (STR) is defined as the rental of a residential unit for a period of less than thirty (30) consecutive calendar days. There are two types of short-term rentals: *vacation rental*, where the owner of the dwelling is not physically present for the rental period, and *homeshare*, where the owner of the dwelling is physically present for the rental period. Both types require the property owners to obtain a short-term rental permit from the City subject to the standards and requirements specified in the regulations.

Significant parts of the regulations for the STRs include:

- 1) A vacation rental cap of 10% in the Residential Beachfront (R-BF) and 5% in all other areas of the coastal zone.
- 2) Vacation rentals must be separated by 100 feet from all property lines in the R-BF and 200 feet separation outside of the R-BF.
- 3) A Maximum of 100 Days annual cap per calendar year with a three-night minimum stay.
- 4) Operational standards to limit neighborhood impacts from parties, noise, trash disposal, parking, and other issues.
- 5) An STR owner can only own one STR in the City.
- 6) A grandfathering clause allowing STRs that were operating and paying the Transit Occupancy Tax (TOT) to the City prior to January 1, 2019, exempting them from the caps and separations; however, they will have to meet the other STR permit requirements.
- 7) Timeshare units being rented out as STRs will require an STR permit.

The modified regulations will go back to the City Council for approval.

For more details and information, please see the City STR webpage www.oxnard.org/short-term-rentals-str/

Rene Aiu, Harbor Delegate



Yacht Club Need Said Lacking

That was the headline in April of 1975. "Our club functions are nearly always crowded and noisy. The crowded facility with its inadequate lease provisions is a real obstacle to club stability and growth." That was the statement of Commodore Woodcock to the County Supervisors. The membership started looking at other options for finding somewhere to build; they started a Building Fund and asked their members to pledge \$600 each to it. At the end of 1975 the membership split on this plan and the money was returned to the members. Commodore Woodcock, with a group of members, decided to leave and form the Pacific Corinthian Yacht Club. This move was considered a good addition to the Harbor, but a little sad for CIYC.



Bar gets built



Bar is done

During 1976, CIYC, with Commodore Fred Lehmburg at the helm, had to follow up to enlarge the existing building and had to come up with a plan. The decision was between a simple plan for pushing out both ends of the building and enclosing the upper deck, and a more complex plan, sponsored by Bob Hamilton, which involved expanding over the open patio to gain a lot more space - which is what we have today. The biggest problem was to secure financing. Due to very few members and low dues and initiation fees, it

looked pretty bad. Then Wendell Morrisset came up with the idea of selling 225 memberships at \$400 each. Not having 225 members was not a problem, as several members bought 2 or 3 memberships, basically lending money to the club. These extra memberships were vested, but non-voting and non-dues paying.

The following year, with Wendell as Commodore, the project was started. Construction was completed in October of that year: It was done with many donations, and a lot of support and work by the members. The total cost of the addition came to \$87,000. The inside still had a lot of finishing left, as can be seen on the photos.



Commodore Morrisset





Temporary kitchen

Shortly after the building was finished, it started to rain - and it rained and rained (I remember that winter - cars were floating down Ventura Blvd. in the SF Valley). The roof over the bar leaked, the windows on the harbor side leaked. The members came in with brooms, mops, sponges, and towels. They dried up the carpet, caulked the windows, repaired the roof, and then it started to rain again.

Sad to say, the roof leaked, the windows leaked, and it was back to fix, clean, and

repair again. This time they managed to fix the actual problems: The leaks had occurred in the seams between the old and the new sections. They managed to keep going through all of this, saved the carpet, and even kept the bar and the “spirits” going in good shape. The biggest problem they could have had was to have been sued by the yacht club office downstairs that had file cabinets, papers, and desk soaked every few days, but they apparently got the problems fixed right in time.

Considering what had been going on since 1975 with everyone’s focus on the building project, the members managed to have great parties even during construction! They didn’t miss a beat, had a groundbreaking ceremony, Cinco de Mayo with a Mariachi band, a Tax Party, and a Luau with Hawaiian dancers and catered grilled piglets, plus their regular events. They still hosted visiting clubs, had a great Opening Day, and did a lot of cruising, racing, and fishing derbies. They were an active bunch.



Historian Marnie Bech

Thanks to Erika for editing



View from our top deck in 1977, looked a little different.





Islanders
Father's/Mothers' Day Dinner
June 20th







Happy August Birthday

01 Missy Mc Quattie, **01** Jan Royall, **02** Tony Argall, **03** Debbie Mitchell,
03 Richard Royall, **04** Mike Geer, **05** Steve Watkins, **06** Roger Knippel,
07 Walter Russakoff, **07** Brent Swanson, **07** Melanie Franklin, **07** Alison Gabel,
08 Carter Gage, **12** Mark Palamountain. **13** Bill Brayton, **16** Ruth Hatcher,
16 Jane Thomas, **18** Sandra Lochridge, **19** Karen Smith, **21** Alison VanMalak,
22 Dan Ward, **24** Pat Campea, **26** Jan Argall, **26** Rob Wishart,
27 Jim Strickland, **27** Arthur Turnier, **27** Derek Hawthorne, **29** Don Bales,
29 Carol Fuqua, **29** Lauree Riva, **30** Annette Alexander-Staples,
30 Clark Owens, **31** Lenny Pugatch, **31** Bill Scarpino, **31** Stella Jordan.

Happy August Anniversary

01 Bill Elswick & Debbie Mitchell, **04** Bill & Melodie Crier,
05 Judy & Dennis Fraser, **06** Michael & Lee Weiss,
08 Rick & Sherie Irland, **08** Mike Smith & Lisa Bishop-Smith,
11 Bill & Ginny Johnson, **12** Skip & Laurie Preston,
12 Gabe & Pattie Soumakian, **14** Ash & Lynne Howden,
14 Skip & Lee Miser, **18** Geoff & Donna Beirne,
19 Jeff & Tina Haas, **23** Rick & Darlin' Belmonte,
25 Mike & Donna McKendry, **29** Mike & Diane Paulin,
30 Skoony & Fredyann Schoonmaker, **31** George & Evelena Arglen.

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